



Upcoming groups and activities for young people aged 14 to 25 with disabilities or additional needs in Brighton & Hove.

How to book:

Our sessions are free, but spaces are limited so you must contact us to book a spot:

Email: AFbrighton@AmazeSussex.org.uk

Call or text Jem: 07485 349 659



Half term: Our usual sessions will not run during half-term, between Monday 17 February to Friday 21 February and Easter break Monday 7 April to Friday 18 April.

We will tell you about any special sessions running over half term nearer the time.



What	When	Where
The Incredibles Club 5 to 6.30pm	Every Tuesday starting	St Richards Church and Community Centre
A fun, friendly youth club for SEND	Our first session back after the	Egmont Road
young people: listen to music, do art	holidays will be Tuesday 14	Hove
and crafts, play table tennis or darts, or	January	BN3 7FP
just hang out. It's a relaxed space	We won't meet on Tuesday 18	
where you can be yourself.	February as this is half term	
The group is run in partnership with		
Hangleton & Knoll.		
To join please contact Oliver:		
Email: Oliver.Lewry@hkproject.org.uk		
Mobile: 07519 279 483		



Concordia Youth Action Award Leadership Programme 4 to 6pm	Every Tuesday Starting 14 January	Unitarian Church Hall
Concordia staff will run sessions combining team building, activity sessions and a social action project, resulting in an award. Grow your skills, grow your employability, grow your community. Want to join? Contact Amazing Futures for more info.	We won't meet on Tuesday 18 February as this is half term Our last session will be Tuesday 25 March	New Road Brighton BN1 1UF



Amazing Voice Group 4.30- 6.30pm	Once every 6 weeks (Wednesday)	Brighton venue to be confirmed
A space for young people to have their voices heard about topics important to them and find out about different opportunities they can be a part of.	We will meet: • Wednesday 22 January More dates to be announced closer to the time	
Art group with Figment Arts 4.30 to 6.30pm	Once a month (Thursdays)	Community Base Conference Room
Art sessions running in partnership	We will meet:	113 Queens Road
with Figment arts.	Thursday 9 January	Brighton
Places must be pre-booked.	Thursday 13 FebruaryThursday 13 March	BN1 3XG
	Our last session will be 13 March	



Young women's group 4.30 to 6.30pm	Last Thursday of the month	Community Base Conference Room
A group where you can meet other	We will meet:	113 Queens Road
young women with SEND. If being a	Thursday 30 January	Brighton
woman is any part of your identity, this	 Thursday 27 February 	BN1 3XG
group is for you.	 Thursday 27 March 	
It's a relaxed space where you can be yourself.		
In the group we have art activities,		
boardgames and card games. It's also		
a great place to chat and make new		
friends.		



Young people's sessions 4.30 to 6.30pm	Various dates (Thursdays)	Community Base Conference Room
A youth club where you can be	We will meet:	113 Queens Road
yourself.	Thursday 16 January	Brighton
We have art activities, boardgames,	Thursday 23 January	BN1 3XG
card games, and sometimes pool and	Thursday 6 February	
table tennis. It's also a great place to	Thursday 6 March	
chat and make new friends.	Thursday 20 March	
	Thursday 3 April	
	We will not meet on Thursday 20	
	February as it is half term.	



Power Group 4.30 to 6.30pm	Every other Wednesday Starting 15 January	Speak Out, Brighthelm
A closed self-advocacy group for young	We will meet:	North Road
people with learning disabilities. Young	 Wednesday 15 January 	Brighton
people can talk with their peers about	 Wednesday 29 January 	BN1 1YD
what's going on in their life. Run in	 Wednesday 12 February 	
partnership with Speak Out.	 Wednesday 26 February 	
	Wednesday 12 March	
	Wednesday 26 March	