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Out of Amaze - May 2024



Welcome to our May newsletter

We're pleased to bring you our May newsletter, with the latest SEND news from Amaze and others. This issue includes:

- Help support Amaze and win amazing prizes
- New parent groups and befriending service
- Climb Wales' highest mountain by night and raise money for Amaze
- Conditions and concerns on Amaze website
- Video: help your child feel comfortable with food
- Free parent carer groups and workshops
- SENDIASS in-depth guides
- Amazing Futures latest
- Family Fun Day: save the date
- Fake Bush fundraiser
- International research project "Balancing Act"
- Amazing Futures instagram for young people launches
- Thank you to the Rotary Club

plus the latest from the Compass Card, PaCC and more.



Help support Amaze and win amazing prizes

Last month, we **launched a crowdfunder** raising funds for our Amazing Futures groups for young people with SEND aged 14 to 25.

If you donate, you can **claim one of many unique rewards** in return for your donation, including days out and restaurant vouchers. And thanks to the support from Aviva, **your donations will be doubled**, meaning for every £1 donated, Amaze receives £2!

The crowdfunder **ends on 28 May**, so you still have time to claim a reward and support us.

[Donate today >](#)



New parent groups & befriending service – a partnership with ESPCF and PaCC

Amaze's **Face 2 Face** service for parent carers is changing.

Reshaped and renamed '[Parent groups and befriending](#)', the new service is a partnership between Brighton & Hove Parent Carers' Council (PaCC), East Sussex Parent Carer Forum (ESPCF) and Amaze.

Snowdon at Night Trek

3 - 4 August 2024



Climb Wales' highest mountain by night and raise money for Amaze

Climb Wales' highest mountain by moonlight with our Yr Wyddfa/Snowdon at Night Trek on 3 to 4 August, and raise funds for Amaze.

People taking part will walk through the night and **watch the sunrise from the mountain peak**. At the end of the trek, you'll have a very welcome breakfast too.

Registration is £65 and you're asked to fundraise a minimum of £290 for Amaze, but **if you register before 31 May 2024** there is a £20 discount on your registration fee.

[Snowdon at night trek >](#)



New section about specific conditions and concerns on the Amaze website

Have you seen the new section on our website all about [specific conditions and concerns](#)? We've got information and advice about **autism, ADHD, executive function, behaviour and sensory processing**. And you can download our Masking explainer and factsheets on these pages too.

We created this content together with parent carers of neurodivergent children and people with **lived experience of neurodivergence**. We'll be building more over the coming year, so do contact us if there's a topic you think we should include. Email comms@amazesussex.org.uk.



Video: Help your child feel comfortable with food

Parent carer and nutritionist, Sophie Ricard, delivers this talk for parent carers on how to [help your child feel comfortable with food](#), in association with Amaze.



The latest from Amazing Futures for young people with SEND

We've got an update for you on what our **Amazing Futures youth groups** in Brighton & Hove have been up to lately.

Check out the photos from **Sue Winter's leaving party and talent show**, meet the new coordinator, Jem Hadert, learn what we got up to at our first holiday scheme, and more.

[Amazing Futures update >](#)

Family fun day: save the date

Our Parent Groups and Befriending service is holding a Family Fun Day this summer on **Monday 12 August**, 11am to 3pm at Portslade Village Centre.

We'll be joined by the ever-popular **Animazing, Parable Dance, and It's Magic Time**, and there'll be arts and crafts activities on offer throughout the day. Pop it in your diary, and watch this space for more details nearer the time!





Latest from the Parent Carers' Council

In PaCC's May round-up, read about:

- The new Parent Groups & Befriending Service partnership between PaCC & Amaze
- The pan-Sussex neurodevelopmental pathway position statement
- Transition to Adulthood PaCConnect report

Plus, summary and winners of the PaCC Awards, meet our latest PaCC Rep Chloe and more...

[PaCC round-up >](#)

Fake Bush! An affectionate, comic salute to the mighty Kate

Fake Bush is excited to do a big, bushy fundraiser for Amaze!

True to form – she will be romping her way through the back catalogue of the immensely wonderful **Kate Bush**. She hopes very much you will come and join her and the Amaze team to enjoy some Kate classics – all treated with a playful twist.

Join us at The Brunswick in Hove on **Friday 5th July**. Tickets are £15 per person.



[Buy tickets to Fake Bush >](#)



New Compass Card offers

As summer approaches, now's the time to check your Compass Card is in date. With the weather warming up, you want to be able to get out and enjoy the great discounts and offers available.

Have you heard about '[World of Wheels](#)'? This is a brand new series of pop-up, drop-in play sessions across the city for toddlers and children who love cars, with a £1 discount for Compass Card holders.

[Bird & Blend Tea Co.](#) have extended their Carers' Card offer to Compass Card holders, so you can now get a fantastic 10% discount in-store on their massive range of creative tea flavours.

Does your child love horses? We have a lovely new offer with [Downsmere Farm](#) in Poynings, who provide a 20% Compass Card discount on equine assisted learning.

And finally, Freedom Leisure have opened a brand-new soft play facility at Withdean Sports Complex. [Level Up](#) is currently offering SEND sessions on Wednesdays and Sundays, although will be tracking interest and are keen to find times that work for you and your family.

Keep up to date with all things Compass on our social media pages, as well as on our offers page and free Compass Card app.

[Compass Facebook](#) | [Compass Twitter/X](#) | [Compass Instagram](#)

[Find Compass offers >](#)

International research project launched to review support for families with disabled children

Amaze has been selected as one of six organisations worldwide in '[Balancing Act](#)', [a new research project](#) conducted by researchers from Queens University Canada.



Amazing Futures Instagram for young people launches

We've launched our [Amazing Futures Instagram for young people with SEND](#). It's the place to go to see what we've been up to lately at our groups, what's coming up, and to get wellbeing tips, advice, and loads more!

We'd love you to check it out and give us a follow.



Thank you to the Rotary Club!

Finally, Amaze would like to pass our sincere thanks to the Rotary Club of Brighton for their recent donation towards video conferencing software in our office.

We will be attending the Rotary Club's **Big Help Out day on 9th June** in Hove Park where you can meet Amaze and lots of other charities and organisations from across the city.

Enjoyed this newsletter?

If the newsletter has been a good read, and you can afford to give back, please make a donation and 'pay it forward' so we can help another family. Thank you.

[Donate online with JustGiving](#)

Donate by text: To donate £5, please text AMAZE 5 to 70085 (texts cost £5 + one standard rate message).

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This is the Brighton & Hove version of our newsletter. If you would prefer to receive the East Sussex version, please email charlotte@amazesussex.org.uk