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## Out of Amaze - July 2023



### **Welcome to our July newsletter**

Schools are out (or nearly out) for summer, so we want to keep you up-to-date with what groups are running and where to turn to for advice over the holidays, as well as Amaze news, services and events.

This issue includes:

- Call for young people's art for an exhibition and auction
- Parent carer groups and support over the summer
- Amazing Futures summer groups for young people
- Fundraising news
- Free Face 2 Face family fun day: booking now open!

plus the latest from the ESPCF, Amazine and more.



## Amaze seeks young people's artwork for our autumn exhibition

We are very excited to be holding **an exhibition of young people's artwork** from Thursday 30 November – Monday 4 December 2023.

We are inviting any young people (14 and over) who have had support from Amaze, either in the past or now, to submit photos of

their artwork that may be included in the exhibition (and auctioned off in aid of Amaze!).

There will be a team of young people curating the exhibition, who will choose the artwork that gets displayed and where each piece will hang. The exhibition will be held in the Phoenix Art Space in Brighton.

Please [email Sue Winter](#) with details of the size of artwork by Monday 11 September. And let her know if you are happy for your artwork to be auctioned or not - it's OK if you don't want that.

## Latest news



### Latest update from fundraising

Hear all about our new fundraiser and our corporate partnership with Knights PLC.

Also, local actor Will Ellis gets closer to his big swims and we put the call out for runners in 2024 and more, in the [latest update from fundraising](#).



### Amaze's weekly lottery with £25,000 jackpot

Have you signed up to our weekly lottery yet? Players have the chance of winning a £25,000 jackpot whilst helping us fund our vital work helping families in Brighton & Hove and East Sussex. Find out [more about the Unity Lottery](#).



### Amaze seeks a part-time Administrator

Are you a highly organised, confident communicator who can help support our busy staff teams in Brighton & Hove and East Sussex? 18-24 hours a week. Deadline to apply is Weds 9 August.

[Apply to join the Amaze team](#).

## Support over the summer



### Face to Face online groups

Our parent carer **coffee mornings will not meet** during the school summer holidays, but we'll still be available for peer support through our **WhatsApp groups** and the new [closed, private Facebook group](#).

To join the Facebook group, you will be asked a couple of questions to verify that you are part of the Face 2 Face project. It's a great place to share information and get to know other parents.



### Services you can turn to

We know the summer can be a difficult time for many SEND families, with reduced support, changes to routines, and stretched budgets.

If you or your child are struggling over the summer, we've put together a page of contacts and links of where to go to for help.

Visit our [getting support over the summer page](#).

**Free Face 2 Face family fun day this August**

A vibrant poster for 'Amaze Face 2 Face Family Fun Day'. The background is filled with colorful balloons in shades of purple, pink, blue, and yellow. At the top, a green banner reads 'Amaze Face 2 Face Family Fun Day'. In the top right corner, the 'amaze' logo is displayed with the tagline 'helping you through'. A red starburst graphic on the left contains the text 'Bring a picnic and enjoy a FREE fun day out!'. Three photo cutouts are featured: a man playing a guitar, a child in a checkered outfit petting a rabbit, and a woman with two children. A large yellow banner across the middle reads 'FREE FACE 2 FACE FAMILY FUN DAY!'. At the bottom, a white box contains the text: '11am - 3pm, Saturday 5 August 2023, open to all families accessing the Amaze Face 2 Face service.'

Booking is now open for **Face 2 Face's fabulous, family fun day** on **Saturday 5 August**, 11am to 3pm at Extratime in Portslade. The fun day is open to all families who access Face 2 Face services.

Expect heaps of fun, with arts & crafts, Go Kid Music, Parable Dance and the ever popular Animazing!

[Booking via Eventbrite](#) is essential (please enter the code FUNDAY23).

**Young people**





## Amazing Futures groups over the summer

We've got a jam-packed summer planned at Amazing Futures, with loads of groups and activities coming up for young people aged 14 to 25 with additional needs.

Join us for boardgames, picnics in the park, swimming sessions (Brighton only), walking for wellbeing, mental health first aid training (East Sussex only), a day out at Brighton Pride, and loads more!

Check out the [full timetable of planned activities here](#).



## Latest issue of the Amazine!

Read about some of the fun stuff we've been getting up to, including our trip to the Booth Museum and our walk with Littlegate Farm for Autism Acceptance Day.

Pagane interviews Brandon, an Amazing Futures volunteer, Paige shares her art about ADHD and the brain, and Andre tells us about One Garden Brighton at Stanmer Park.

Plus check out Alanna's guide to guinea pig care, Ed's sneak peek of his fanfiction, and Jordan's fun facts about six banded armadillos! You can [read the Amazine here](#).

## Developing an Amaze website for young people

As you may know, we are developing two new websites this year, one specifically for young people.

We've been asking young people with SEND for their views via a survey and focus groups in Brighton and Eastbourne. Huge thanks to all the young people who participated.

You can read all about [what young people told us](#) they wanted from a website here.



## East Sussex Parent Carer Forum's summer newsletter

ESPCF's latest newsletter has updates on all the work they have been doing this term, including:

- key messages from recent sessions - specialist facilities in mainstream schools, early years, post-16, and neurodevelopmental pathway drop-ins
- school parent carer charter
- school transitions
- home to school transport

As well as more info about what ESPCF does and how they represent your voice. Read [ESPCF's newsletter](#).



## i-go summer fun

If your child has an **i-go card**, there's a huge range of offers available for cheaper summer fun. Highlights include Butser Ancient Farm, silent disco in Brighton, pirate treasure hunt at the Sealife Centre, laser tag at Tenpin and much, much more!

Check out [i-go's latest offers](#) here.

### Enjoyed this newsletter?

If the newsletter has been a good read, and you can afford to give back, please make a donation and 'pay it forward' so we can help another family. Thank you.

### [Donate online with JustGiving](#)

**Donate by text:** To donate £5, please text AMAZE 5 to 70085 (texts cost £5 + one standard rate message).

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This is the East Sussex version of our newsletter. If you would prefer to receive the Brighton & Hove version, please email [charlotte@amazesussex.org.uk](mailto:charlotte@amazesussex.org.uk)



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