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Parents Children and young people Supporters

Out of Amaze - July 2023



Welcome to our July newsletter

Schools are out (or nearly out) for summer, so we want to keep you up-todate with what groups are running and where to turn to for advice over the holidays, as well as Amaze news, services and events. This issue includes:

- Call for young people's art for an exhibition and auction
- Parent carer groups and support over the summer
- Amazing Futures summer groups for young people
- Fundraising news
- Free Face 2 Face family fun day: booking now open!

plus the latest from the Compass Card, Amazine and more.



Amaze seeks young people's artwork for our autumn exhibition

We are very excited to be holding **an exhibition of young people's artwork** from Thursday 30 November – Monday 4 December 2023.

We are inviting any young people (14 and over) who have had support from Amaze, either in the past or now, to submit photos of their artwork that may be included in the exhibition (and auctioned off in aid of Amaze!).

There will be a team of young people curating the exhibition, who will choose the artwork that gets displayed and where each piece will hang. The exhibition will be held in the Phoenix Art Space in Brighton.

Please <u>email Sue Winter</u> with details of the size of artwork by Monday 11 September. And let her know if you are happy for your artwork to be auctioned or not - it's OK if you don't want that.



Latest update from fundraising

Hear all about our new fundraiser and our corporate partnership with Knights PLC.

Also, local actor Will Ellis gets closer to his big swims and we put the call out for runners in 2024 and more, in the <u>latest update from</u> <u>fundraising</u>.

Latest news



Amaze's weekly lottery with £25,000 jackpot

Have you signed up to our weekly lottery yet? Players have the chance of winning a £25,000 jackpot whilst helping us fund our vital work helping families in Brighton & Hove and East Sussex. Find out <u>more about</u> the Unity Lottery.



Amaze seeks a part-time Administrator

Are you a highly organised, confident communicator who can help support our busy staff teams in Brighton & Hove and East Sussex? 18-24 hours a week. Deadline to apply is Weds 9 August. <u>Apply to join the</u> Amaze team.

Support over the summer



Face to Face online groups

Our parent carer **coffee mornings will not meet** during the school summer holidays, but we'll still be available for peer support through our **WhatsApp groups** and the new <u>closed</u>, private Facebook group.

To join the Facebook group, you will be asked a couple of questions to verify that you are part of the Face 2 Face project. It's a great place to share information and get to know other parents.



Services you can turn to

We know the summer can be a difficult time for many SEND families, with reduced support, changes to routines, and stretched budgets.

If you or your child are struggling over the summer, we've put together a page of contacts and links of where to go to for help.

Visit our <u>getting support over the</u> <u>summer page.</u>

Free Face 2 Face family fun day this August



11am - 3pm, Saturday 5 August 2023, open to all families accessing the Amaze Face 2 Face service.

Booking is now open for **Face 2 Face's fabulous, family fun day** on **Saturday 5 August**, 11am to 3pm at Extratime in Portslade. The fun day is open to all families who access Face 2 Face services.

Expect heaps of fun, with arts & crafts, Go Kid Music, Parable Dance and the ever popular Animazing!

Booking via Eventbrite is essential (please enter the code FUNDAY23).

Young people



Amazing Futures groups over the summer

We've got a jam-packed summer planned at Amazing Futures, with loads of groups and activities coming up for young people aged 14 to 25 with additional needs.

Join us for boardgames, picnics in the park, swimming sessions (Brighton only), walking for wellbeing, mental health first aid training (East Sussex only), a day out at Brighton Pride, and loads more!

Check out the full timetable of planned activities here.





Developing an Amaze website for young people

Latest issue of the Amazine!

Read about some of the fun stuff we've been getting up to, including our trip to the Booth Museum and our walk with Littlegate Farm for Autism Acceptance Day.

Pagane interviews Brandon, an Amazing Futures volunteer, Paige shares her art about ADHD and the brain, and Andre tells us about One Garden Brighton at Stanmer Park.

Plus check out Alanna's guide to guinea pig care, Ed's sneak peek of his fanfiction, and Jordan's fun facts about six banded armadillos! You can <u>read the Amazine here.</u> As you may know, we are developing two new websites this year, one specifically for young people.

We've been asking young people with SEND for their views via a survey and focus groups in Brighton and Eastbourne. Huge thanks to all the young people who participated.

You can read all about <u>what young</u> <u>people told us</u> they wanted from a website here.

Get summer ready with your Compass Card



With the long summer holiday upon us, now is the time to renew or register for your Compass Card. The Compass Card team are really busy processing renewals and new registrations, and it's currently taking **five to six weeks** to process them, so please be patient with us. We will get your card out to you as soon as possible!

With costs on the increase, there's never been a more important time to have a Compass Card and get some great deals on leisure. Did you know that **Freedom Leisure** in Brighton have an amazing offer where the Compass Card holder, one carer and up to three others go **completely free of charge**? Or if older card holders prefer to go without their carer, they and one friend go free.

Keep a look out on the <u>Compass Card offers</u> page for all new offer updates and keep up to date with all things Compass on our social media pages (below), as well as checking out the offers on our offers page and free Compass Card app.

Also, don't forget our **FREE Compass Card family fun day** is taking place from **11am to 3pm** on **Wednesday 30 August** at Moulsecoomb Leisure Centre, <u>book via Eventbrite</u> (entering code COMPASS23).

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Enjoyed this newsletter?

If the newsletter has been a good read, and you can afford to give back, please make a donation and 'pay it forward' so we can help another family. Thank you.

Donate online with JustGiving

Donate by text: To donate £5, please text AMAZE 5 to 70085 (texts cost £5 + one standard rate message).

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This is the Brighton & Hove version of our newsletter. If you would prefer to receive the East Sussex version, please email <u>charlotte@amazesussex.org.uk</u>



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