

EAST SUSSEX PARENT CARER GROUPS

**For parents of children and young people with
special educational needs and disabilities (SEND)**

Amaze Face 2 Face runs the following in-person groups in East Sussex:

- **Eastbourne Cuppa, Cake and Chat**
meet monthly at YMCA Youth Advice Centre, 56-58 Seaside, Eastbourne, BN22 7QL
- **Hastings Cuppa, Cake and Chat**
meet monthly at The Nest, The Old Town, Hastings TN34 3EW
- **Lewes Cuppa, Cake and Chat**
meet monthly on Fridays at Church End Hall, Cockshut Road, Lewes BN7 1JH
- **Hailsham Cuppa, Cake and Chat, neurodevelopmental focus**
meet monthly on Tuesdays at Hailsham East Community Centre, Vega Close, Hailsham, BN27 3JZ, in association with East Sussex Parent Carer Forum
- **Uckfield Cuppa, Cake and Chat, neurodevelopmental focus**
meet monthly on Thursdays at Victoria Pavilion, New Town, Uckfield TN22 5DJ

These informal, friendly drop-in groups take place monthly and give you the chance meet other parent carers. Sometimes the groups will include sessions on SEND issues or conditions like autism and ADHD.

Dates and times may vary, so email marie@amazesussex.org.uk for the latest details of each group or follow the QR code for more information about Face 2 Face.



**For more info, email:
marie@amazesussex.org.uk**

