

Information Advice Support

# AMAZE SERVICES

**For families with children and young people with special educational needs and disabilities in Sussex**

## Information & advice

Get detailed information about special educational needs and disability (SEND) on our website, including fact sheets, guides and blog posts: <https://amazesussex.org.uk>. Or contact our free SENDIASS advice line for more individual guidance. The advice line is for parent carers and young people up to 25 in Brighton & Hove and East Sussex. Email [sendiass@amazesussex.org.uk](mailto:sendiass@amazesussex.org.uk) or call 01273 772289.

If you can't speak to us in English, contact Sussex Interpreting Services for help with getting in touch: <https://sussexinterpreting.org.uk/make-a-social-prescribing-referral>

## Workshops & courses

We run regular, free workshops for parent carers in Brighton & Hove and East Sussex on topics such as getting the right SEND support in school, Education, Health and Care (EHC) plans, disability benefits, the transition to adulthood, and more. See: <https://amazesussex.org.uk/events>. Some of our workshops are available to watch at any time on YouTube: <https://www.youtube.com/c/AmazeSussex>

## Support and social groups for parent carers

We offer befriending support and regular social groups for parent carers of children and young people with SEND via our Face 2 Face project. Our groups take place in person in Brighton & Hove and East Sussex or online:

<https://amazesussex.org.uk/parent-carers/services-and-support/face-2-face-befriending>

Parent carers can also attend regular coffee mornings at different locations in Brighton & Hove, organised by the Parent Carers' Council: <https://paccbrighton.org.uk/what-we-do/coffee-mornings> (or in East Sussex in association with East Sussex Parent Carer Forum and Holding Space).



**SENDIASS advice line:**  
**01273 772289**



Find out more about our  
**FREE Amaze services at**  
[amazesussex.org.uk](https://amazesussex.org.uk)



## **Support and social groups for young people**

Young people aged 14 to 25 with SEND can join our Amazing Futures peer support and activity groups in Brighton & Hove, Bexhill and Eastbourne. Activities include art, board games, cookery, drama and running and in Brighton we have LGBTQ+ and women's groups too: <https://amazesussex.org.uk/young-people/groups/peer-support-groups>

Amazing Futures Careers Support also offers one to one guidance and workshops about employment, education and training for young people aged 14 to 25 with SEND and their parent carers: <https://amazesussex.org.uk/young-people/get-support/career-support>

## **Help with claiming disability benefits**

If you want to make a claim for Disability Living Allowance (DLA) or Personal Independence Payment (PIP) for a child or young person, Amaze can offer you free advice and sometimes practical support, if you have extra challenges. Find out more at <https://amazesussex.org.uk/parent-carers/services-and-support/help-with-dla-claims>

## **Compass leisure card**

Our free Compass Card gives leisure discounts and offers for 0 to 25 year olds with SEND in Brighton & Hove. To get a Compass Card, children and young people need to live or go to school in Brighton & Hove. <https://www.compasscard.org.uk>. East Sussex families can get an i-go card which offers similar benefits. <https://igo.eastsussex.gov.uk/>

## **NDP Family Training and Navigation Service**

The NDP Family Training and Navigation Service supports families at each stage along the neurodevelopmental pathway (NDP) from referral to diagnosis and after. Neurodevelopmental conditions include autism and attention deficit hyperactivity disorder (ADHD). <https://amazesussex.org.uk/parent-carers/services-and-support/brighton-hove-ndp-family-training-and-navigation-service/>

## **Getting your voice heard**

Amaze supports local parent carer forums (PACC and ESPCF) to make sure the voice and views of parent carers are central to planning SEND services: <https://amazesussex.org.uk/parent-carers/parent-voice/parent-carer-forums/>