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PARENTS CHILDREN & YOUNG PEOPLE SUPPORTERS

Out of Amaze - May 2022



Welcome to our May e-newsletter

This issue features new advice on managing the transition to secondary school, getting help with the cost of living crisis and Care, Education and Treatment Reviews (CETRs). You can also read our views on the government's recent SEND Green Paper and find out how we've been working with parent carers to set priorities for our information work this year. Plus, get the latest info from our services, book onto free workshops and catch up with the Parent Carers' Council.

Finally, now's the perfect time to apply for (or renew) your Compass Card, so you can make use of all those lovely leisure discounts over the summer holidays.

Latest news



You said, we did: parent carer info needs survey

Last year, we asked you about whether and how you use our **SEND information**, if you value it, and how we could do better. We were so grateful for your responses, and they've been really useful as we work to provide the best service we can.

Learn [how your views are shaping our information](#) about SEND for parent carers.



A fond farewell to Gillian and Nicky

We are very sad to say goodbye to longstanding Amaze employees, **Nicky Bagilhole** and **Gillian Kitchener** this month. Nicky, our Fundraising Manager for 12 years, moves onto a new role supporting young people to get volunteering opportunities. Gillian leaves our SENDIASS advice and casework team to devote more time to her caring responsibilities. They both brought immense skill, experience and heart to their roles and we'll miss them very much.



Latest from Brighton & Hove NDP Family Training & Navigation Service

The service has been busy supporting parent carers whose child is on the pathway for assessment for **autism, ADHD, or tics/Tourette syndrome**.

We are launching the Family Training side of the service this month, running an **Insiders' Guide to ADHD** course for parent carers of children recently diagnosed, and a **workshop about neurodiversity (ND)** for parent carers of 11-18 year olds on the pathway for assessment. These two workshops are pilots that we hope will become part of our regular training offer.

Our webpage has **details of the service** and of how to get referred in:

[Learn more >](#)

SENDIASS advice



CETRs and the Dynamic Support Register explained

If your child has learning disabilities or autism and has difficulties with "**behaviour that challenges**", you may have come across references to **Care Education and Treatment Reviews (CETRs)** and be wondering what they are and how they work. Our SENDIASS team explains all:

[Read our guide >](#)



SENDIASS advice: the transition to secondary school

If the **move to secondary school** is coming up soon for your child, now's a good time to start thinking ahead.

There are things you can do now, and once they start, to make your child's **transition** to their next school as smooth as possible.

[Find out more >](#)



Support with the rising cost of living

With the rising **cost of living**, we know many of you will be struggling. Increases in the prices of utilities, fuel, and food have stretched already-tight budgets to breaking point. Now's a good time to check you're getting every bit of help you can. Read about **benefits, grants and funds** you could be eligible for, and more.

[Read more >](#)



SEND Review

The government's new **SEND Green Paper** was published on 29 March. Read about the proposals, our key concerns and how we plan to respond. You can find out how to respond as an individual too.

[Learn more >](#)



Over 100 amazing offers on the Compass Card scheme

There may have been some changes to the **Compass Card scheme** recently but you can rest assured there's no change in Brighton & Hove. There are still over 100 amazing offers available to card holders, ranging from climbing to cinema and dancing to dining!

Some of our most **recent offers** include selfie-taking fun at Paradox Place, inclusive dance sessions with Parable Dance and going back to a bygone era with Brighton Toy Museum.

Follow our social media ([Facebook](#), [Twitter](#) and [Instagram](#)) to **learn about new offers**. And don't forget, if your child or young person has a Compass Card then you are automatically eligible for a [Carers Card](#). We're in the process of updating the Carers Card guide, in time for **Carers Week from 6 to 12 June**. Keep an eye out on our socials for some special Carers Week offers!

[Search our offers >](#)

Young people



New guide to mental health for peer supporters

Our Amazing Futures interns in East Sussex have created a brilliant **guide to mental health** for the young people who volunteer as peer supporters with the project.



Currently recruiting for peer support volunteers

Amazing Futures is recruiting more young people to join our team of **volunteer peer supporters**. If you are aged **18+** with or without special educational needs or

And even if you aren't a volunteer or a young person, it's a **great resource** for anyone wanting to know more about supporting young people's mental health.

[Read more >](#)

disabilities and would like to find out more, please call/email Sue for a chat.

Free training provided – sessions start **7th June** and will run on Tuesdays for four weeks, 4.30pm-6.30pm.

[Learn more and get in touch >](#)



Spotlight on Kacey - our Kickstarter Advice Line Assistant

You may have seen our previous blog post about staff members Mia and Charlotte who joined Amaze in roles funded by the **Kickstart government scheme** for unemployed young people. Now it's Kacey's turn! They've been working as our Kickstarter SENDIASS Advice Line Assistant for the last four months.

[Read more >](#)



PaCC round-up - May 2022

Lots of firsts for you to read about in PaCC's latest update: they held their first in-person [PaCC Awards Ceremony](#) in three years; hosted their first [Hidden Children surgery](#) focusing on part-time timetables; took part in a 'deep-dive' on [school attendance](#); their new group for neurodiverse parent carers is launching soon; and find out more about [PaCC Rep Pippa](#).

[Read PaCC update >](#)

SENDIASS workshops



Preparation for adulthood

This free SENDIASS Zoom workshop is for parent carers of young people with SEND in Year 9 and above with an EHC plan. On **Mon 23 May** or **Thurs 16 June** from 10.30am to 12.30pm, it covers health, education, employment, housing and more.

[Book now](#)



SEN support in school

A free workshop for parents who are worried about the progress their child is making at school (where the child doesn't have an EHC plan). The session takes place on **Mon 4 July** from 10.30am to 12 noon.

[Book now](#)



EHC needs assessments

Parent carers who are going through the EHC needs assessment process (or are considering requesting an assessment for their child) should check out this free Zoom workshop on **Tues 7 June** from 10.30am to 12.30pm.

[Book now](#)

For a full list of Amaze workshops, visit our [Eventbrite](#) page



A huge thank you to our Brighton Marathon 2022 runners!

Thank you and congratulations to Brighton Marathon runners: **Alastair Mackintosh**, **Philip Worsfold**, **Simon Smith** (pictured left) and **Steve Lock**. They raised a whopping **£6,572**, a staggering amount from a small team.

If you want to **get involved** and raise any amount for Amaze we would be so grateful - call **01273 234014** or email fundraising@amazesussex.org.uk

[Email our fundraising team >](#)

Enjoyed this newsletter?

If the newsletter has been a good read, and you can afford to give back, please make a donation and 'pay it forward' so we can help another family. Thank you.

Donate online: www.justgiving.com/amaze/donate

Donate by text: To donate £5, please text AMAZE 5 to 70085 (texts cost £5 + one standard rate message).

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This is the Brighton & Hove version of our newsletter. If you would prefer to receive the East Sussex version, please email charlotte@amazesussex.org.uk

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