

Amazine

See what we've been
up to in Brighton

Easter
bunny hunt

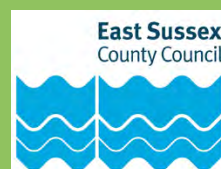
Neon Disco

Issue 12 Easter 2022



amazing futures
for young people

Thanks to our funder:



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Hey Amazine readers,

Hope everyone had a fantastic break over Christmas and New Year's, and are ready to welcome in 2022.

This edition is as always jam-packed with fun, and I wish you all the best till next we meet.

Oh and Happy Easter!

PS See how many bunnies I have hidden in the magazine!

-Bryony



Lewes Council interview

I recently had an interesting experience sitting on an interview panel for Lewes Council.

I was asked to come and sit on a panel to help decide who would replace their colleague while they are on maternity leave.

I was pleasantly surprised by how well received I was and they were very accommodating to my needs. They provided water and were genuinely interested in my opinion. I felt very valued.

I interviewed two people; I asked them questions and thought about who would be best. We then discussed our thoughts and chose someone.

Overall a great experience!

- Bryony





Read Alanna's review about the recent Neon Disco that happened in Eastbourne Tennis Court Locker room:

The disco was amazing! There were so many bright colours, and everyone seemed to be enjoying themselves.



There was face painting, glowsticks, and even funky glasses being handed out during the night.



There were loads of people dancing and lots of bright colours, the whole night was filled with laughter. There were so many new faces, it was brilliant to see.

- Alanna

Chinese Lunar New Year

by Pagane Gacheva

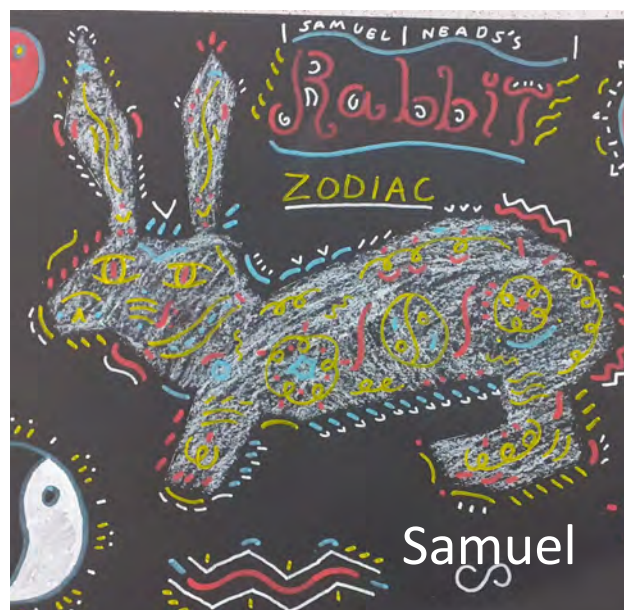
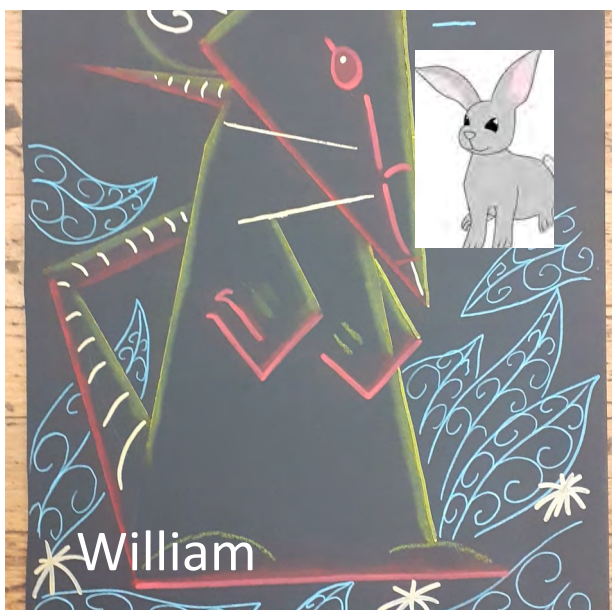
2022 has been an exciting time for Brighton so far. In January we celebrated the Lunar New Year. The idea was inspired by the interactions between Amaze and the CEDP Chinese Centre.

We learnt about the history behind the Chinese new year, and what the animals represented, including the qualities associated with them. Qualities such as kindness, calmness, and wisdom. This helped us to reflect on ourselves and how we show such qualities within our daily lives.

We then made our own pictures of animals:



Check out our artwork celebrating the Chinese Lunar New Year:





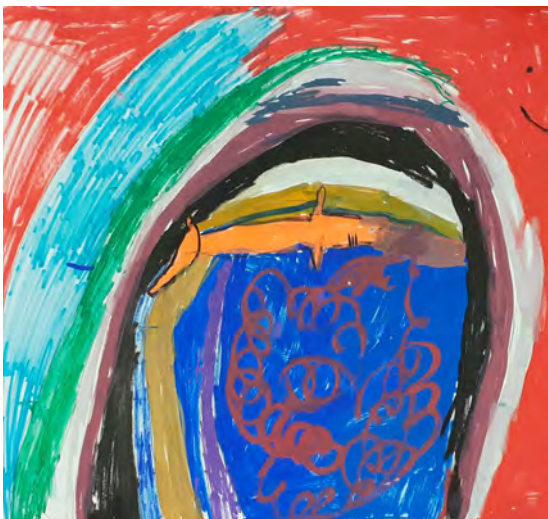
February was LGBTQ+ History Month, and we focused on the art of Keith Haring.

We learnt about his life and how art can be used to portray messages.

The group then produced artworks inspired by Haring's bright and vibrant use of colour:



by Elsa



by Alex



by Guy

Ed's Brighton running times

Following the great success of Ed's fitness group, Brighton is being treated to the same opportunity. It's a fun and inclusive group which aims to help people make friends and get fitter!

Contact Sue Winter to get involved:

sue@amazesussex.org.uk

07483 111 648

Thursday 28th April

Thursday 5th May

Thursday 12th May

Thursday 19th May

Thursday 26th May

Thursday 2nd June

All sessions will be from 4:30pm to 5:30pm at Preston Park.



A catch up with Jade

Jade Shares what she has been up to since we last saw her:

I am still working for Amaze on a Tuesday at the **Partnership SEND club** with Hangleton and Knoll project and Extratime. At this club we do activities like cooking, arts and crafts and sports like table tennis, badminton and volleyball.



When we started the club none of us staff had never worked together, it was a new experience for everyone. It's amazing seeing how well the group comes together, and everyone is up for trying new things. It's been a real confidence booster!



I have also been working at **Extratime**, my role there is mainly focused on participation work. This includes making sure that young people, parents, carers and staff are involved and have their voices heard.

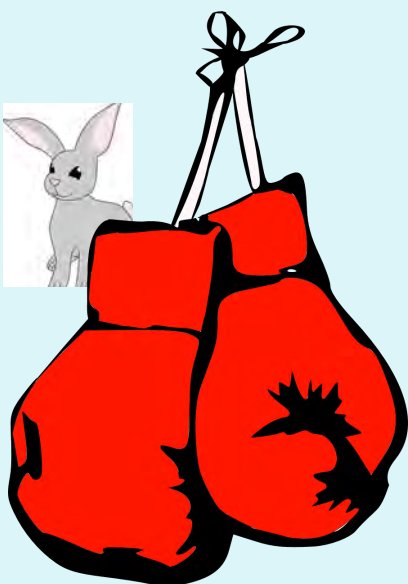
This role also involves working in partnership with the great organisation Stay Up Late, running monthly participation sessions at the **Wednesday Youth club**.



On a Thursday I have been working at **Grub club**, it is great to be able to support the young people with cooking and i have tried new food i never thought I would eat.

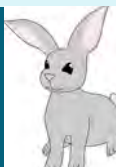
In my free time I have been going to **boxing sessions** on a Friday which has been an incredible release of energy or any stress. I've also been enjoying going on walks with friends and finding rope swings in the woods.

I really miss my internship with Amazing Futures and each and every one of you.



I hope I can see you all in the future and hear about all the brilliant stuff you have all been up to or achieved!

- Jade



The Brighton peer support volunteers recently had a get together at the Fabrica art gallery. Pagane tells us all about it:

We saw the exhibit “Strange Relations” by artists Simon Le Boggit and Carys Reilly. Afterwards, we drew different sections of the venue on plastic sheets, then tested different ways of overlapping all of the work. The results were projected onto a large piece of paper, on which we drew a large variety of artwork. The combination of clear, concrete images, as well as abstract ones, produced a great collaborative piece!

The visit was a fantastic way for new and old volunteers to meet each other in a safe and creative environment.

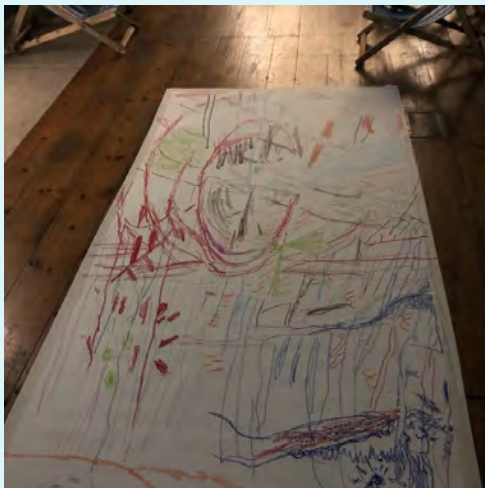
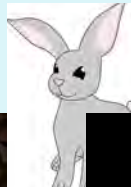
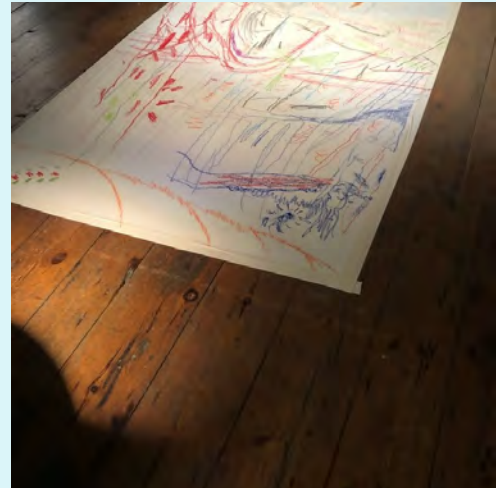
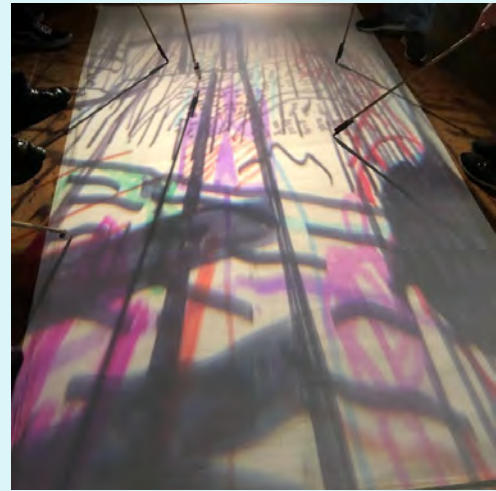
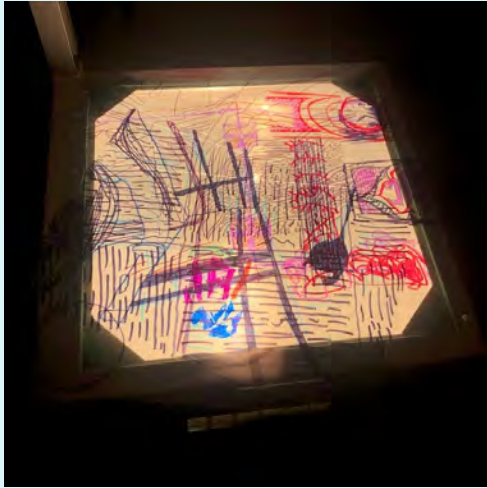
Want to become a peer support volunteer for Amazing Futures Brighton?

The next training course will run for **four weeks** on **Tuesdays**, starting **7th June**, at Community Base.

The sessions will run from 4:30pm to 6:30pm, except the third one (21st June) which will be from 5:30pm to 7:30pm.

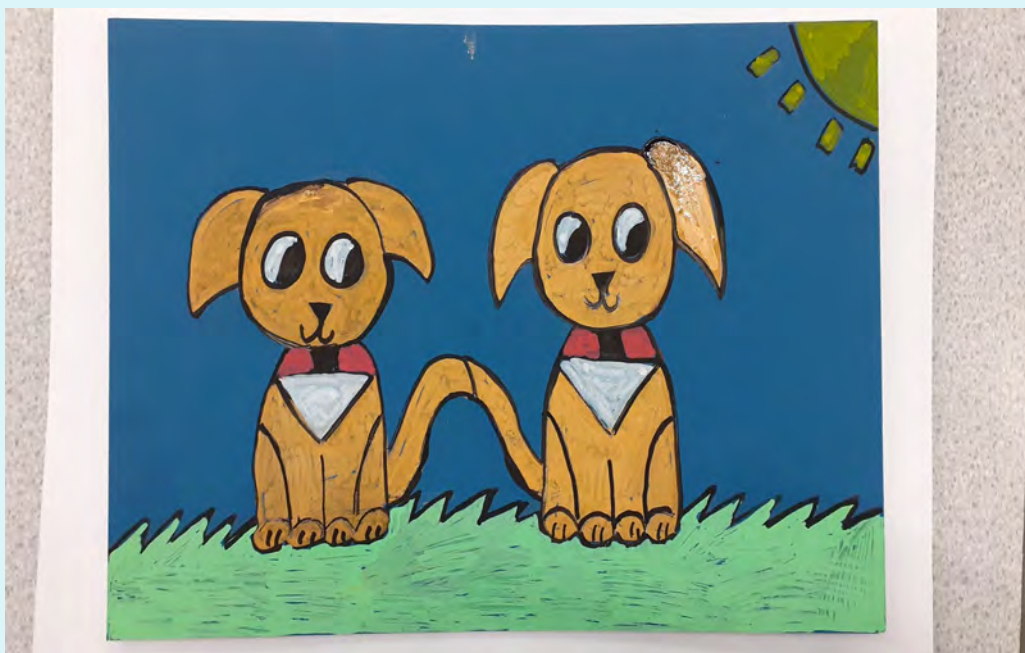
Please contact Sue Winter if you want to register:

email sue@amazesussex.org.uk or call **07483 111648**.



World Wildlife Day

Here's some of the brilliant artwork that the young women's group in Brighton made to celebrate World Wildlife Day on the 3rd of March:



by Holly



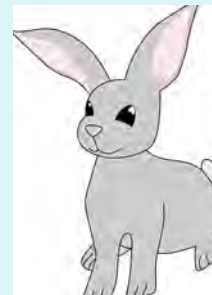
by Harley



by Emily



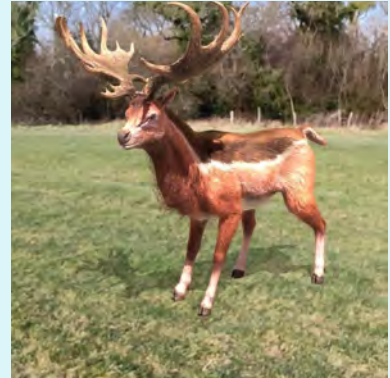
by Fahmina



Here Jordan introduces a range of dinosaurs that he has come across on his walks around Eastbourne!

Megaloceros

Also known as the Irish elk, Megaloceros are a common but wonderful sight to see on open terrain, with bucks wearing a crown of antlers as long as a person from each tip. Concerning interaction with traffic, these big deer are thankfully more aware of the risks at stake and so wait patiently until the path is safe to cross.



Sinosauropteryx

Hey kids, you liked the compsognathus? Say hello to their purely wilderness loving brethren! Sinosauropteryx is likely the closest comparison to common mice. You're likely to see them in the wilderness more than near human settlements, and they often share burrows with their buddies. And while I've not seen it myself, supposedly observations have noted that both Sinosauropteryx and Compies have the equivalent to urban gang turf wars over territory. I'm not kidding.

Eremotherium

Easily one of the larger mammals of the prehistoric era, the giant sloth

Eremotherium is a natural wonder, with the adults being so big and reasonably strong, there are few predators that

actually hunt them. In the wild these absolute units feed on tree leaves, the bark itself, the sap and even... wheat? Yes, these massive sloths that could potentially win an Scottish strength competition have a habit of feasting wheat for a healthy balance between greens and carbohydrates. Good for the sloths, not so much for the farmers who have stock frequently raided...



Elasmotherium

You ever wonder what would happen if rhinoceros thrived during cold seasons? That's the Elasmotherium for you. Known in Siberia as the Siberian unicorn (I know, genius name right there), the Elasmotherium distances

itself from its African homies and thrives in cold, temperate forest and grasslands.

And unlike the unicorns you'd find in fairytales, this one's horn doesn't sparkle, it stabs! Once it builds momentum like any other rhino from the southern neighbourhood, you'd best hope you're not it's target!



Working at Brighton Theatre

by Pagane

Pagane tells us about Liv's experience on her work placement at Theatre Royal Brighton:

Liv is one of the Amazing Futures peer support volunteers and she is currently working as an usher at Theatre Royal Brighton. The job is a work placement organised by Team Domenica.

Some of the responsibilities include welcoming the guests, checking their tickets and answering their questions. It is important for all the ushers to work as a team so that everyone knows what they need to do before, during and after a show.

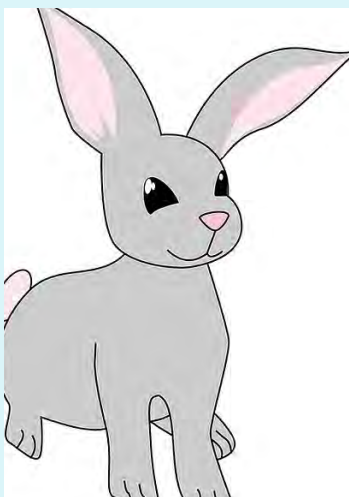


Liv is enjoying working in the theatre, and feeling part of a community. She's found the theatre is a great place to learn how to stay calm under pressure, work with others and practise being more assertive. She's also developing transferable skills like good communication.

Liv's advice to other young people is to find out what work they are interested in and research how to get involved in the given field. Believe that you can achieve anything you want!



Liv at work



Did you find all
the bunnies?
There are 12



For free information, advice and support
please check out our website

amazesussex.org.uk

For more information on the Amazing Futures project
please contact:

Brighton & Hove

Please contact **Sue Winter** on
07483 111 648 or email
sue@amazesussex.org.uk

East Sussex

Please contact **Claire Piper**
on 07484 915 038 or email
claire@amazesussex.org.uk

We would love to hear from you. What have you been
up to? Any news, drawings, bake off photos or useful
tips you want to share? We welcome your contribution
to the next issue.

Email claire@amazesussex.org.uk if you'd like to get involved!

