



FOUNDATIONS FOR OUR FUTURE

**Oversight Board
Key Messages**
December 2021

Children and Young People's Participation

- Edward Peasgood, the Oversight Board (OB) young person co-chair, joined his first OB meeting and is developing the next agenda with the team
- Children and young people continue to redesign the language, and how that language may be perceived, for the Single Point of Access priorities and the Integrated Care System Mental Health and Emotional Wellbeing Strategy
- Plans for children and young people's participation and engagement are being drafted for co-design
- Draft plans will be discussed with children and young people, their families, and wider stakeholders to confirm a 12-month participation and engagement plan
- Development of a children and young people's panel and involving them in how resources are spent will be discussed with young people in January
- A Sussex-wide Participation Network is being developed



THRIVE Framework

- The THRIVE Framework is a person-centred approach to deliver the right care and support based on the emotional wellbeing and mental health needs of children and young people and their families
- THRIVE aims to talk about mental health and wellbeing help and support in a common language that everyone understands
- A series of successful workshops took place in November about introducing the THRIVE Framework across Sussex, the workshops were held with stakeholders across West Sussex, East Sussex, and Brighton & Hove
- The information developed in these workshops will be shared, along with the next steps for introducing the THRIVE framework which includes identifying local Thrive champions who will support this work

Emotional Wellbeing and Mental Health Strategy

- We are using THRIVE to support the development of a whole system Strategy to improve the emotional wellbeing and mental health of children and young people in Sussex.
- This Strategy will be closely aligned with other children and young people's strategies e.g. Physical Health, and Learning Disability and Autism, to ensure seamless support and shared outcomes.
- The Strategy contents have been drafted, and three different designs for how the Strategy could look have been created
- Feedback is currently being received on the draft contents and designs from the Foundations for our Future Oversight Board, and young person's co-production group
- The aim is to have the Strategy document finalised in February, for launch at the end of March 2022

Single Point of Access (SPoA):

- Development of a SPoA in West Sussex and Brighton & Hove continues
- East Sussex already has a Single Point of Advice in place with plans to expand this
- The SPoA will be the new way for young people, parents/carers and professionals to get the right help and support for emotional wellbeing and mental health needs
- There have been delays to completion of the first phase of the West Sussex SPoA due to recruitment of a Project Manager and getting all essential systems in place, but the aim is for this service to be up and running by the end of March 2022

Funding for Services April 2022 - 2023

- Funding requests have been received for new or existing services to help meet the emotional wellbeing and mental health needs of young people across Sussex next year
- The cost of these requests is likely to be more than the NHS funding available, which means a wide group of stakeholders will be involved in decision-making on how the funding will be prioritised and shared

Thank you and Merry Christmas

Thank you to everyone that has contributed to the development of Foundations for our Future in order to achieve better outcomes for our children, young people, and their families

A special thank you to all the young people, and the staff that support them, who have co-developed parts of this project

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