**Amazing Futures Peer Support Project – Brighton and Hove**

**January - March Timetable 2022**

These groups are for young people with Special Educational Needs / and or Disabilities (including mental health challenges) aged 14-25 who live in Brighton and Hove or go to a school or college in the city.

Places are limited, so please contact Sue Winter to book a place on any of these sessions:

Sue@amazesussex.org.uk Mobile: 07483 111648 (Tuesdays, Wednesdays, Thursdays)

Please note: The **LGBTQ+ group** is for young people who identify as lesbian, gay, bisexual, trans, queer, intersex or if they are unsure about their sexuality.

The **Power Group** is a ‘closed’ group for young people aged 16-25 years with a learning disability and or on the autistic spectrum.

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| **Day and Date** | **Time** | **What** | **Where** |
| Wednesday5th January | 4.30-6.30pm | **Power Group** | Unitarian Church Hall New Road, BrightonBN1 1UF |
| Thursday6th January | 4.30-6.30pm | **Young Women’s Group** | Unitarian Church Hall New Road, BrightonBN1 1UF |
| Tuesday11th January | 4.30-6.30pm | **Thinking about getting a job: Your CV** | Conference RoomCommunity Base,113 Queen’s RoadBrighton BN1 3XG |
| Wednesday12th January | 4.30-6.30pm | **LGBTQ+ group** | Unitarian Church Hall New Road, BrightonBN1 1UF |
| Thursday13th January  | 4.30-6.30pm | **Young people’s group** | Unitarian Church Hall New Road, BrightonBN1 1UF |
| Tuesday18th January | 4.30-6.30pm | **Thinking about getting a job: Applying for a job** | Community Base,113 Queen’s RoadBrighton BN1 3XG |
| Wednesday 19th January | 4.30-6.30pm | **Making healthy friendships and relationships workshop** (Session with Chris from Speak Out) | Unitarian Church Hall New Road, BrightonBN1 1UF |
| Thursday 20th January | 4.30-6.30pm | **Young people’s group** | Unitarian Church HallNew Road, BrightonBN1 1UF |
| Tuesday25th January | 4.30-6.30pm | **Thinking about getting a job:****Interviews** | Conference RoomCommunity Base113 Queen’s Road |
| Wednesday26th January | 4.30-6.30pm | **Mymarc art workshop** | Unitarian Church HallNew Road, BrightonBN1 1UF |
| Thursday27th January | 4.30-6.30pm | **Board Games** | Unitarian Church Hall New Road, BrightonBN1 1UF |
| Tuesday1st February | 10.30-3.30pm | **Thinking about getting a job:****Support and your legal rights at work** | Community Base113 Queen’s RoadBrighton BN1 3XG |
| Wednesday2nd February | 4.30-6.30pm | **Power Group** | Conference Room, Community Base113 Queen’s Road |
| Thursday 3rd February | 4.30-6.30pm | **Young Women’s Group** | Unitarian Church HallNew Road, Brighton |
| Tuesday8th February | 4.30-6.30pm | **Drama Group** | Community Base113 Queen’s RoadBrighton BN1 3XG |
| Wednesday9th February | 4.30-6.30pm | **LGBTQ+ group** | Unitarian Church Hall New Road, BrightonBN1 1UF |
| Thursday10th February | 4.30-6.30pm | **Young people’s group** | Unitarian Church HallNew Road, BrightonBN1 1UF |
| Wednesday16th February | 4.30-6.30pm | **Power Group** | Unitarian Church HallNew Road, BrightonBN1 1UF |
| Thursday17th February | 4.30-6.30pm | **Young people’s group** | Unitarian Church HallNew Road, BrightonBN1 1UF |
| Wednesday23rd February | 4.30-6.30pm | **Mymarc Art Workshop** | Unitarian Church HallNew Road, BrightonBN1 1UF |
| Thursday 24th February | 4.30-6.30pm | **Board Games** | Unitarian Church HallNew Road, BrightonBN1 1UF |
| Wednesday2nd March | 4.30-6.30pm | **Skills you need when you’re working** (Session with Chris from Speak Out) | Unitarian Church HallNew Road, BrightonBN1 1UF |
| Thursday 3rd March  | 4.30-6.30pm | **Young women’s group** | Unitarian Church HallNew Road, BrightonBN1 1UF |
| Tuesday8th March | 4.30-6.30pm | **Drama Group** | Conference RoomCommunity Base113 Queen’s RoadBrighton BN1 3XG |
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| Thursday24th March | 4.30-6.30pm | **Board Games** | Unitarian Church HallNew Road, BrightonBN1 1UF |
| Wednesday30th March | 4.30-6.30pm | **Power Group** | Unitarian Church HallNew Road, BrightonBN1 1UF |
| Thursday 31st March | 4.30-6.30pm | **Young Women’s Group** | Unitarian Church Hall,New Road, BrightonBN1 1UF |
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