**Amazing Futures Peer Support Project – Brighton and Hove**

**January - March Timetable 2022**

These groups are for young people with Special Educational Needs / and or Disabilities (including mental health challenges) aged 14-25 who live in Brighton and Hove or go to a school or college in the city.

Places are limited, so please contact Sue Winter to book a place on any of these sessions:

[Sue@amazesussex.org.uk](mailto:Sue@amazesussex.org.uk) Mobile: 07483 111648 (Tuesdays, Wednesdays, Thursdays)

Please note: The **LGBTQ+ group** is for young people who identify as lesbian, gay, bisexual, trans, queer, intersex or if they are unsure about their sexuality.

The **Power Group** is a ‘closed’ group for young people aged 16-25 years with a learning disability and or on the autistic spectrum.

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| **Day and Date** | **Time** | **What** | **Where** |
| Wednesday  5th January | 4.30-6.30pm | **Power Group** | Unitarian Church Hall New Road, Brighton  BN1 1UF |
| Thursday  6th January | 4.30-6.30pm | **Young Women’s Group** | Unitarian Church Hall New Road, Brighton  BN1 1UF |
| Tuesday  11th January | 4.30-6.30pm | **Thinking about getting a job: Your CV** | Conference Room  Community Base,  113 Queen’s Road  Brighton BN1 3XG |
| Wednesday  12th January | 4.30-6.30pm | **LGBTQ+ group** | Unitarian Church Hall New Road, Brighton  BN1 1UF |
| Thursday  13th January | 4.30-6.30pm | **Young people’s group** | Unitarian Church Hall New Road, Brighton  BN1 1UF |
| Tuesday  18th January | 4.30-6.30pm | **Thinking about getting a job: Applying for a job** | Community Base,  113 Queen’s Road  Brighton BN1 3XG |
| Wednesday  19th January | 4.30-6.30pm | **Making healthy friendships and relationships workshop** (Session with Chris from Speak Out) | Unitarian Church Hall New Road, Brighton  BN1 1UF |
| Thursday  20th January | 4.30-6.30pm | **Young people’s group** | Unitarian Church Hall  New Road, Brighton  BN1 1UF |
| Tuesday  25th January | 4.30-6.30pm | **Thinking about getting a job:**  **Interviews** | Conference Room  Community Base  113 Queen’s Road |
| Wednesday  26th January | 4.30-6.30pm | **Mymarc art workshop** | Unitarian Church Hall  New Road, Brighton  BN1 1UF |
| Thursday  27th January | 4.30-6.30pm | **Board Games** | Unitarian Church Hall New Road, Brighton  BN1 1UF |
| Tuesday  1st February | 10.30-3.30pm | **Thinking about getting a job:**  **Support and your legal rights at work** | Community Base  113 Queen’s Road  Brighton BN1 3XG |
| Wednesday  2nd February | 4.30-6.30pm | **Power Group** | Conference Room, Community Base  113 Queen’s Road |
| Thursday  3rd February | 4.30-6.30pm | **Young Women’s Group** | Unitarian Church Hall  New Road, Brighton |
| Tuesday  8th February | 4.30-6.30pm | **Drama Group** | Community Base  113 Queen’s Road  Brighton BN1 3XG |
| Wednesday  9th February | 4.30-6.30pm | **LGBTQ+ group** | Unitarian Church Hall New Road, Brighton  BN1 1UF |
| Thursday  10th February | 4.30-6.30pm | **Young people’s group** | Unitarian Church Hall  New Road, Brighton  BN1 1UF |
| Wednesday  16th February | 4.30-6.30pm | **Power Group** | Unitarian Church Hall  New Road, Brighton  BN1 1UF |
| Thursday  17th February | 4.30-6.30pm | **Young people’s group** | Unitarian Church Hall  New Road, Brighton  BN1 1UF |
| Wednesday  23rd February | 4.30-6.30pm | **Mymarc Art Workshop** | Unitarian Church Hall  New Road, Brighton  BN1 1UF |
| Thursday  24th February | 4.30-6.30pm | **Board Games** | Unitarian Church Hall  New Road, Brighton  BN1 1UF |
| Wednesday  2nd March | 4.30-6.30pm | **Skills you need when you’re working** (Session with Chris from Speak Out) | Unitarian Church Hall  New Road, Brighton  BN1 1UF |
| Thursday  3rd March | 4.30-6.30pm | **Young women’s group** | Unitarian Church Hall  New Road, Brighton  BN1 1UF |
| Tuesday  8th March | 4.30-6.30pm | **Drama Group** | Conference Room  Community Base  113 Queen’s Road  Brighton BN1 3XG |
| Wednesday  9th March | 4.30-6.30pm | **LGBTQ+** | Unitarian Church Hall  New Road, Brighton  BN1 1UF |
| Thursday  10th March | 4.30- 6.30pm | **Young people’s group** | Unitarian Church Hall  New Road, Brighton  BN1 1UF |
| Wednesday  16th March | 4.30-6.30pm | **Power Group** | Unitarian Church Hall  New Road, Brighton  BN1 1UF |
| Thursday  17th March | 4.30-6.30pm | **Young people’s group** | Unitarian Church Hall  New Road, Brighton  BN1 1UF |
| Wednesday  23rd March | 4.30-6.30pm | **Mymarc art workshop** | Unitarian Church Hall  New Road, Brighton  BN1 1UF |
| Thursday  24th March | 4.30-6.30pm | **Board Games** | Unitarian Church Hall  New Road, Brighton  BN1 1UF |
| Wednesday  30th March | 4.30-6.30pm | **Power Group** | Unitarian Church Hall  New Road, Brighton  BN1 1UF |
| Thursday  31st March | 4.30-6.30pm | **Young Women’s Group** | Unitarian Church Hall,  New Road, Brighton  BN1 1UF |
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