



PARENTS CHILDREN & YOUNG PEOPLE SUPPORTERS

Out of Amaze - Sept 2021



Welcome to our autumn e-newsletter

Welcome to our September round up of SEND news. Though this month sees a return to school for most, we know some of our more vulnerable young people are still waiting for their second vaccination before they feel able to return, and many others remain extremely anxious about going back. To help you, we've got the latest info on vaccinations, updated advice on getting the right support at school or college, plus news about the East Sussex Joint Strategic Needs Assessment (JSNA) and work to improve the diagnosis pathway for conditions like autism and ADHD.

You can also read some of the wonderful things our Amazing Futures groups got up to over the summer, as well as what's coming up over the autumn. Our East Sussex Face 2 Face parent carer groups are starting to meet up online too. Read about what East Sussex Parent Carer Forum have been up to and book onto one of our free workshops. If you'd like to know more about Amaze's recent work and future plans, please read my [autumn round up](#).

Rachel Travers, CEO of Amaze

LATEST NEWS



Latest news on vaccinations in Sussex

The **coronavirus vaccination programme** has seen a series of changes and developments recently. This update has the very latest information for parent carers and children and young people, including information about vaccination for **12-15 year olds** and **booster shots** for parent carers.

[Read more >](#)



East Sussex Joint Strategic Needs Assessment for SEND

The Joint Strategic Needs Assessment or **JSNA** looks at the health and wellbeing needs of children and young people in East Sussex, what's available, what's working well, and any improvements needed. We summarise the headlines and explain how Amaze and **ESPCF** are helping to consider the report's findings and how they feed into the next SEND strategy.

[More about the JSNA >](#)



SENDIASS EXPLAINS: Getting the right support now your child is back at school or college

Most schools should be operating as 'as normal' this term which means arrangements and support for pupils with SEND should be back to normal too. But, of course, this does not guarantee things will be going smoothly for every child. Read our updated SENDIASS advice to help make sure your child is getting the right support with their education.

[Read more >](#)

FREE AMAZE WORKSHOPS



SEN Support for your child

This **FREE SENDIASS Zoom workshop** is aimed at parents who are worried about the progress their child is making at school (and the child or young person doesn't have an EHC plan). This online workshop is on **Tuesday 5 October** from 10.30am to midday.

[Book a place >](#)



Thinking about the future

This free **Face 2 Face Zoom workshop** is for parents of young people aged 16-25 in East Sussex. Join us to find out more about **post-16 education, employment and training**. The workshop is on **Thursday 14 October** from 10am to 12 noon.

[Book a place >](#)



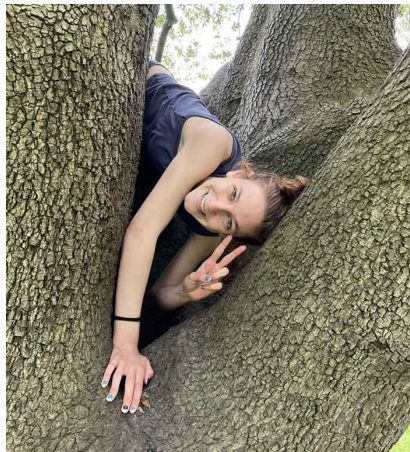
How to claim DLA or PIP

From **October to December** Amaze is running a series of free Zoom workshops about claiming **Disability Living Allowance** or **Personal Independence Payment**. Lizzie Batten MBE who manages Amaze's benefits service will run the sessions.

[Get dates >](#)

For a full list of Amaze workshops, visit [Eventbrite](#)

YOUNG PEOPLE



Amazing Futures: summer fun and new activities and staff for autumn

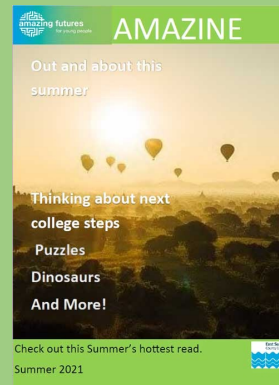
Amazing Futures had a jam-packed summer, with the usual **groups and walks** running alongside extra trips, events and sessions. We had a day trip to Hastings, a circus session and hepled out at **Eastbourne's Mayor's charity events** and Festival of Accessible Sport, amongst other things. This autumn we welcome two **new interns**, Dani and Charlotte, and look forward to our new Eastbourne running group (more below), a neon disco and more!

[More about Amazing Futures >](#)

Amazine issue #8 out now

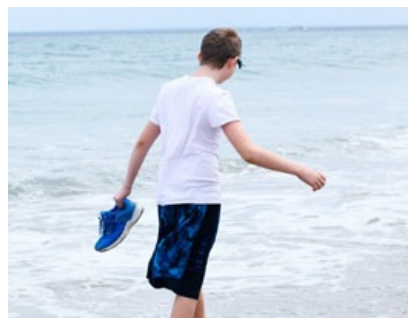
Check out the latest issue of Amazine, our magazine made by and for young people with additional needs. Learn what we've all been getting up to this summer, including all the fun we've been having at Amazingly Active. Lewis tells us about his tennis experience, and Babak tells us about what it was like getting Covid-19. We've also got puzzles, a gooey brownie recipe, some top tips for college, and loads more!

[Download Amazine >](#)



New Amazing Futures running group

This September sees the launch of a **new running fitness group in Eastbourne for young people with SEND**. Run by accredited and qualified youth worker, Ed Richardson, the group will meet every week from 9 September and we welcome young people to come along and take part in a 30-45-minute fun training session. You don't need to have run before. Ed is hopeful that the group will enjoy getting fitter, with the aim of taking part in a 5k run in the future. To find out more email claire@amazesussex.org.uk



Improvements to the neurodevelopmental pathway (NDP)

Amaze and the parent carer forums in East Sussex and Brighton & Hove are getting involved in local work to improve the way children and young people are assessed and diagnosed for conditions like autism and ADHD. This journey is called the neuro-developmental pathway (NDP).

[Read more >](#)



Face 2 Face groups now meeting online

We are now running regular monthly Face 2 Face Zoom groups for parent carers in East Sussex. Come along to meet up online with other parents of kids with SEND and hear from guest speakers with useful advice. The first group is on **Tues 5 October** from 10 to 11.30am and features Hansa from [Holding Space](#) who will be speak to parents about their mental health.

[Register for the group >](#)



East Sussex Parent Carer Forum latest news

Catch up with the forum after a busy summer, which included a big report on special educational needs and disabilities provision in East Sussex, home-to-school transport issues, as well as looking ahead at the different projects underway.

[Read ESPCF update >](#)



Free infection prevention and control support for parent carers

Unpaid carers in East Sussex can now get free support with infection prevention and control from East Sussex PA Infection Prevention & Control Project (PA IPC).

[Find out more >](#)

Enjoyed this newsletter?

If the newsletter has been a good read, and you can afford to give back, please make a donation and 'pay it forward' so we can help another family. Thank you.

Donate online: www.justgiving.com/amaze/donate

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This is the East Sussex version of our newsletter. If you would prefer to receive the Brighton & Hove version, please email charlotte@amazesussex.org.uk

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