



# Amazing Futures

Your next steps into education, training and employment



for disabled children  
and young people in Sussex

# What are my options?



for disabled children  
and young people in Sussex



## Study Full-Time

If you want to keep learning and develop more skills to help you find work, studying full-time could be your next step.

Schools, colleges, universities and training providers offer a range of subjects and courses. You could study subject based qualifications such as A levels or work and job related courses such as NVQs and BTECS.



## Apprenticeships

An apprenticeship is a combination of training, qualifications and paid work.

## Traineeships

If you want to get a job or an apprenticeship but you need more experience, consider a traineeship. A traineeship offers essential work preparation training, literacy and numeracy skills and work experience.



## Supported Internships

Supported internships are for students with an EHCP, who want to get a job and need extra support. You get work experience, training and study for qualifications to help you get ready to take up a job.

## Volunteering and Work Experience

Unpaid work with an employer is a great way to develop new skills and give back to the community.



## Employment

Most people are interested in paid work. If you are under 18, you need to combine it with training or education.

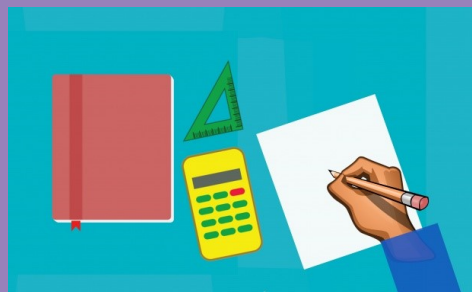
## Supported Employment

A programme focused on getting a job. You will do most of the learning at work, with help from a job coach.

Where can I find out more?



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## Study Full-Time Further Education:

Find out more about  
further education here:

UCAS



## Higher education:

Find out more about  
higher education here:

UCAS



## Apprenticeships

Find out more about  
apprenticeships here:



## Traineeships

Find out more about  
traineeships here:



## Supported Internships

Find out more about  
supported internships here:

base

UCAS

## Volunteering

Find out more about  
volunteering opportunities  
here :

Do-it



## Employment

Find out more about careers  
and job vacancies here:

National  
Careers  
Service



jobcentreplus

## Supported Employment

Find out more about  
supported employment  
here:

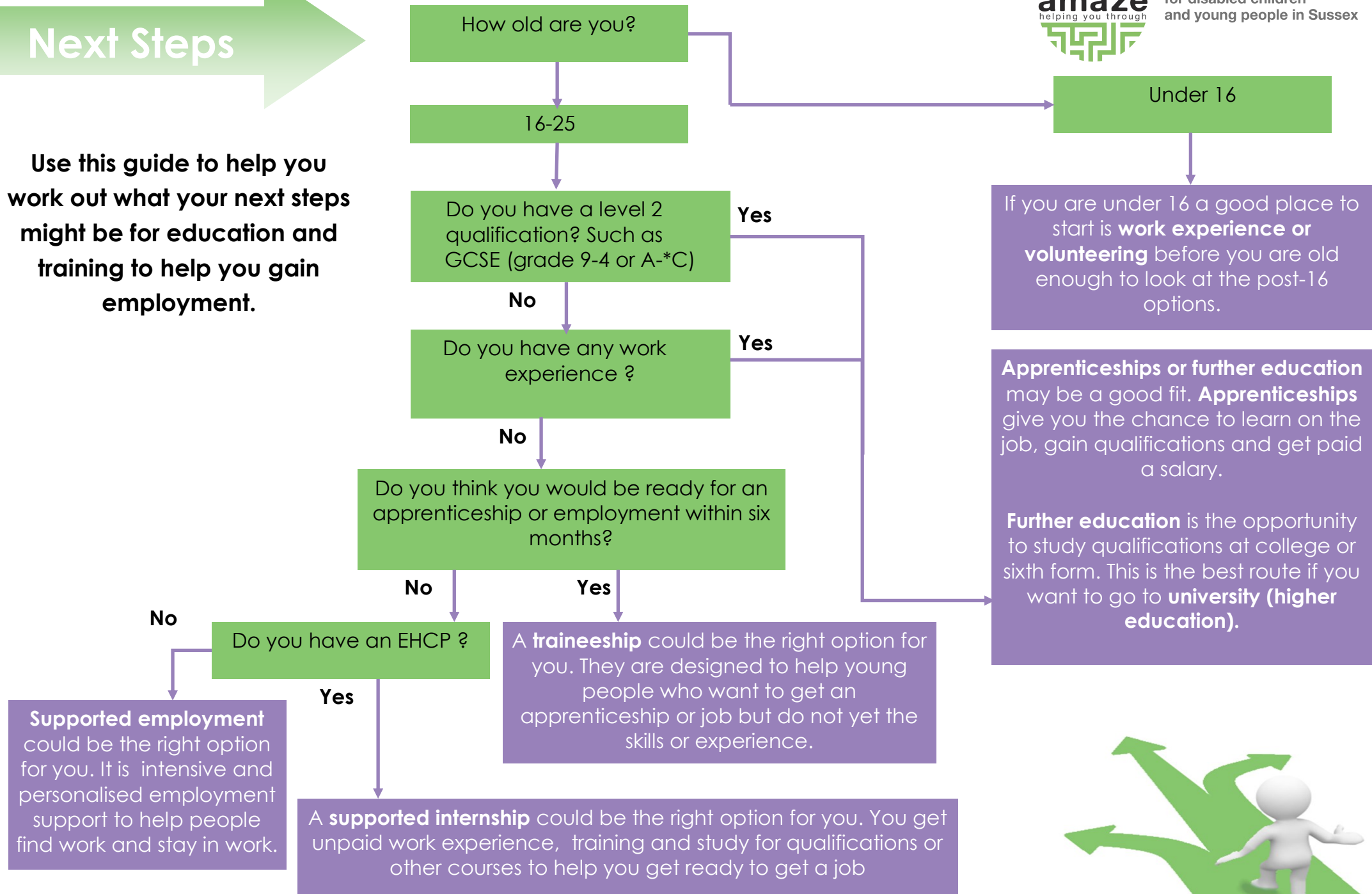
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# Next Steps

Use this guide to help you work out what your next steps might be for education and training to help you gain employment.



for disabled children and young people in Sussex



## Study Full-Time

### Further Education:

Albion in the community

BHASVIC

BIMM Institute

BRICTT

DV8 Sussex College

Greater Brighton Metropolitan College

Plumpton College

Varndean College

### Higher education:

Brighton University

Sussex University

Open University

Greater Brighton Metropolitan College

## Apprenticeships

Search for local apprenticeships here:



Find out about inclusive apprenticeships here



Search for local traineeships here:



## Supported internships

Search for local Supported internships here:



Local Supported internship providers:



## Volunteering

Find local Volunteering opportunities here:



## Employment

Find your local job centre:

**jobcentreplus**

Get help at work if you are disabled or have a health condition (Access to Work)



**Access to Work**  
Making work possible

Find out about reasonable adjustments



## Supported Employment

Find out about supported employment here



**base**





# East Sussex Websites



for disabled children  
and young people in Sussex

## Study Full-Time

### Further Education:

For information on East Sussex colleges click [here](#)

[Ark Sixth Form](#)

[Beacons Academy](#)

[Bexhill College](#)

[DV8](#)

[East Sussex College \(Lewes and Eastbourne\)](#)

[East Sussex College \(Hastings\)](#)

[Plumpton College](#)

[Heathfield Sixth Form](#)

[Hailsham Sixth Form](#)

[Uckfield Sixth Form](#)

[Uplands Sixth Form](#)

[Seaford Head Sixth Form](#)

### Higher education:

[Brighton University](#)

[Sussex University](#)

[Open University](#)

## Apprenticeships

Search for local apprenticeships here:



## Traineeships

Search for local traineeships here:



## Supported

Search for local Supported internships here



East Sussex  
County Council



PLUMPTON  
COLLEGE

Project | SEARCH



## Volunteering

Search for local volunteering opportunities here:

Volunteer  
Centre

EAST SUSSEX

VOLUNTEERING MATTERS

## Employment

Find your local job centre

jobcentreplus



Access to Work  
Making work possible

Find out about reasonable adjustments here@



## Supported Employment

Find out about more here:



EAST SUSSEX COMMUNITY INFORMATION SERVICE



Where can I find out more?



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Find out about education, employment and training opportunities in Brighton & Hove and East Sussex here:

[Click here](#)

For more information on specific opportunities please use the links below:

**Apprenticeships, traineeships and Supported employment:**

[Click here](#)

**Careers advice and supported employment:**

[Click here](#)

**Training, further and higher education:**

[Click here](#)

**Volunteering :**

[Click here](#)

