

[View in browser](#)



[PARENTS](#)

[CHILDREN & YOUNG PEOPLE](#)

[SUPPORTERS](#)

## Amaze newsletter - November 2019



### **Welcome to Amaze's first digital newsletter!**

I am excited to introduce you to our new-look newsletter! We know many of you have enjoyed getting a printed or PDF newsletter over the years, but with this new digital format we'll be able to communicate with you more frequently (every other month to start with) and in a format that's much easier to view on your phone or laptop.

Each edition will give you the latest news and information for your area - we'll be producing different versions for East Sussex and Brighton & Hove families - as well as interesting features about local families and projects, and tips for you in your caring role. We will also update you on the important work of the two local parent carer forums and how you can get more involved – Brighton and Hove PaCC and the new East Sussex Parent Carer Forum – who we are delighted to support.

To find out more about what has been happening at Amaze in the last couple of months, please [read Rachel's roundup](#), my new blog and don't forget to tell us what you think of our new newsletter via the survey at the bottom of this email.

*Rachel Travers, Amaze CEO*

## Latest news



### Audrey's modelling debut

Our regular Amaze cover girl Audrey has been snapped up by online giant Not on the High Street for their Christmas campaign! Her Mum Vicky tells us all about Audrey's modelling debut.

[Read more >](#)



### Amaze AGM in Eastbourne

This year Amaze's AGM will be in Eastbourne on **5 December** to highlight our work with families across East Sussex and to celebrate our Amazing Futures groups for young people with SEND. Let us know you're coming beforehand.

[Book >](#)

## AMAZE ADVICE ZONE



### VIDEO: What to do if you're worried about your child at school?

Amaze's SENDIASS team tell you what you need to know to make sure your child is getting the right support in school.

[Watch the video >](#)



### Top tips for Christmas

We all know Christmas can be extra stressful if your child has additional needs. So we've put our Amaze heads together to give you our **top 12 tips** for a less stressful Christmas.

[Read our tips >](#)



### How to claim DLA

Ever wanted to make a claim for DLA but don't know where to start? Check out our **fact sheet** full of **Tips for claiming DLA**.

[Download](#)

## New group for young people with autism in East Sussex

Our Amazing Futures project recently launched a new community group for 14-25 year olds with ASC in East Sussex – the **Young Autistic Union (YAU)**. YAU is all about empowering young people with autism to have a voice and an active role as an expert on their own life.

[Get involved >](#)



## East Sussex Parent Carer Forum

Find out all about the new parent carer forum for East Sussex and how you can get involved.

[Read more >](#)



**Prepare for the future**



**Life Skills sessions**



**Stepping Stones**

This free Amaze workshop in **Heathfield** on **23 January** is designed for parents of young people in Year 9 and above, who will be moving from children's SEND services into adulthood.

[Book a place >](#)

Our Amazing Futures East Sussex project is delivering a life skills workshop for **young people with SEND** at the Eastbourne Job Centre Plus on **4 December** from 2-4pm.

[Find out more >](#)

This six week course by Open for Parents starts **23 January** in **St Leonards** and is for parents of kids with **additional needs** aged 2-12. It will focus on behaviour, stress and improving relationships.

[Find out more >](#)



## Parents and schools at Inclusion Conference

Amaze joined this year's ISEND Inclusion Conference on 19 November which brought parents and school staff together to look at the theme "Working Together for Better Outcomes".

[Read more >](#)



## Donate while you shop

If you find yourself doing a bit more online shopping than usual over the next few weeks, please do so through [easyfundraising](#) or [amazon smile](#) and choose Amaze as your charity. It's a really easy way of raising funds for our work.

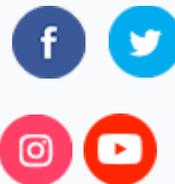


## What do you think of this newsletter?

Take five minutes to complete our survey and be in with a chance of winning some Julia Donaldson goodies in time for Christmas! Don't forget to give us your email address so we can tell you if you've won!

[Take the survey >](#)

Amaze  
Community Base  
113 Queens Road  
Brighton BN1 3XG  
[sendiass@amazesussex.org.uk](mailto:sendiass@amazesussex.org.uk)  
[amazesussex.org.uk](http://amazesussex.org.uk)



This is the East Sussex version of our newsletter. If you would prefer to receive the Brighton & Hove version, please email [charlotte@amazesussex.org.uk](mailto:charlotte@amazesussex.org.uk)

This email was sent to [charlotte@amazesussex.org.uk](mailto:charlotte@amazesussex.org.uk)  
You received this email because you are registered with Amaze

[Unsubscribe here](#)

Sent by

 sendinblue

© 2019 Amaze

