



East Sussex
County Council

Face 2 Face

**Peer support for parent carers
launching in East Sussex**



What is Amaze Face 2 Face Befriending?

Face 2 Face provides emotional support for parents of children and young people with disabilities and additional needs. We particularly focus on supporting families in the early days, when a child is undergoing assessments or around the time of diagnosis.

How does Amaze Face 2 Face befriending work?

Face 2 Face is delivered by a team of volunteer befrienders, all parents of children with additional needs.

Do you feel you have the knowledge and experience to support other parents? We're looking to train up a team of volunteer befrienders in East Sussex. Training will run over June and July at the DC3 Workshop Space (1-5 Seaside, Eastbourne BN22 7NA) and includes listening skills, boundaries, safeguarding and the parent journey. It will run during school hours and expenses will be paid.

For more information about this opportunity contact the project's coordinator Amanda Mortensen at amandam@amazebrighton.org.uk or on 07917887526