



Amaze Brighton and Hove
UK Company Limited by Guarantee No: 3818021
Registered Charity No: 1078094



Offers

Summer 2016

Compass Card West Sussex

Discounted fun, leisure and sport
for 0-25s with special educational
needs and disabilities

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Compass Card West Sussex

Terms and conditions

1. Compass Card West Sussex is issued once children and young people have been registered on 'The Compass' (the disability register for West Sussex). Aggregated data from The Compass is used to plan services in West Sussex, but individual information is held securely by Amaze (the charity that manages the scheme) and is not shared outside the organisation. Compass Card West Sussex is valid for two years, or up until the child or young person's 25th birthday. Amaze will remind you to renew the card the month before it expires and ask you to update the information we hold on The Compass. Once that's done, we will issue you with a new card.

2. The Compass Card West Sussex 'card holder' referred to in this booklet is the child or young person with special educational needs or disabilities. The card cannot be used by parent carers unless the card holder is present.

3. If Compass Card West Sussex is lost or stolen, the original card will be cancelled and a replacement card issued. Amaze reserves the right to charge £5 for the replacement. Contact the Compass Team at Amaze for more info (the team manages Compass Card West Sussex and The Compass - see contact details below).

4. Compass Card West Sussex offers are subject to change and this guide does not include last-minute, ad hoc and free offers for Compass Card West Sussex holders. Our regular e-bulletin, Compass West Sussex News, is a great way of getting the latest information. We give away free tickets and one-off offers to families through the e-bulletin, as well as providing news and information about the things that matter to you. You can also keep up to date with the

free Compass Card App – see page 38 for more info. Remember to let Amaze know if you change your postal address, email address or 'phone number.

5. If you choose to, you can use Compass Card West Sussex as a West Sussex library card. You can indicate this on the Compass Registration Form. Alternatively, if you decide you want to use the card as a library card after you have registered, you can take your Compass Card into any West Sussex public library and ask the staff there to activate it on their registration system.

6. Card holders need to follow the rules at Compass Card venues and keep to the terms and conditions of the card. Amaze reserves the right to cancel any Compass Card West Sussex if terms and conditions are breached.

Please note: Amaze wants to offer as many benefits as possible to holders of Compass Card West Sussex, but this does not mean we are giving our recommendation. We assume you will make your own decisions about whether Compass Card offers are appropriate for your child and whether leisure providers have suitable health and safety and child protection measures in place. However, we do want to know if you experience any problems with a particular venue or Compass Card West Sussex offer. Please do contact us if this is the case.

For more information, or if you experience problems using your card, contact us using the following details:

Call Amaze on **0300 123 9186**

Email **CompassWSx@amazebrighton.org.uk**

Visit **www.compasscard.org.uk**



Cinemas

Windmill Cinema, Littlehampton

Where?

Windmill Road, Littlehampton, West Sussex BN17 5LH Tel. **01903 715920**
<http://www.windmillcinema.co.uk>

What?

Easily identified by the distinctive windmill sails on the front of the building, this small cinema is on Littlehampton seafront tucked between Harbour Park and Harvester. It shows the latest blockbusters, independent films and live streamed performances from the National Theatre and Royal Opera House, as well as art exhibitions on screen.

Compass Card offer: One carer goes free, while Compass Card holders pay standard rates. Card holders over 15 who want to go with a friend pay the standard rate, but the friend goes free.

Accessibility: Accessible parking next to the cinema. Accessible toilet. Four dedicated wheelchair spaces in the auditorium with level access, but rows B to O are accessed via shallow steps with handrail.

How?

Bookings will need to be made in person to benefit from the Compass Card offer. The Box Office is open during screenings - please check the website for screening times. The Windmill Cinema accepts cash and most major cards at the Box Office.

Food and drink

Le Cordon Vert Restaurant at Central Sussex College

Where?

College Road, Crawley, West Sussex RH10 1NR Tel. **01293 442335**
www.centralsussex.ac.uk

What?

Open during term-time, Le Cordon Vert offers customers a comfortable, relaxing atmosphere and great value for money. Food is prepared by students under the supervision of industry professionals. Le Cordon Vert offers lunch on Tuesdays, Wednesdays and Thursdays between 12 noon and 2.45pm (last orders 1.15pm) and serves a choice of two or three courses. Themed dinners are served on selected Tuesday evenings – see website for info. On Thursday evenings, a bistro style menu is available from 5 to 8pm (last orders 7pm).

Compass Card offer: Compass Card holders receive 50% off the food bill for their group (offer applies to food, but not to drinks). To book a table, call **01293 442335** between 10am and 3pm. You're welcome to just turn up, but if you are coming as a group it's best to book in advance.

Accessibility: Central Sussex College is accessible and there are accessible toilets.

How?

Le Cordon Vert is only open during term time. If you are making a reservation, make sure you mention the Compass Card. You will need to show the card when you arrive at the restaurant whether you have booked a table or not.

Ropetackle Café

Where?

Little High Street, Shoreham-by-Sea, West Sussex BN43 5EG Tel. **01273 464440**

www.ropetacklecentre.co.uk/cafe

What?

The Ropetackle Café is located in the foyer of Ropetackle Arts Centre. The café serves a delicious range of teas, coffees and soft drinks, plus a menu of freshly made sandwiches, paninis, soups, jacket potatoes, scrumptious cakes and more. The large, light and airy Ropetackle foyer is the perfect place to enjoy a relaxing drink, meet with friends for a light lunch, or get some work done using the free wi-fi.

Compass Card offer: Compass Card holders can choose a free cake when purchasing any hot or cold drink. See page 33 for Ropetackle Arts Centre offer.

Accessibility: Ropetackle Café is accessible and has accessible toilets. There are two disabled parking bays outside the centre in Little High Street.

How?

Show the Compass Card when buying your drink to trigger the free cake offer.



Football clubs

Crawley Town Football Club

Where?

Checkatrade.com Stadium, Winfield Way, Broadfield, Crawley, West Sussex RH11 9RX Tel. Ticket Office **01293 410000**

www.crawleytownfc.com

What?

Crawley Town Football Club (the Red Devils) plays in Sky Bet League Two. For match information, see 'fixtures and results' on the website. Refreshments available at Redz Bar and food kiosks located throughout the stadium.

Compass Card offer: Compass Card holder gets a 50% discount for league games purchased at least two days in advance (subject to availability). One carer also goes free.

Accessibility: Accessible parking available on first come, first served basis (to book in advance, call **01293 410000** or email tickets@crawleytownfc.com) Blue Badge holders park free; otherwise there's a £5 fee. Accessible building and 11 accessible toilets. Free audio description service (must book in advance). For more info, see www.crawleytownfc.com/club/visit-us or email barbararobinson@crawleytownfc.com

How?

Show the Compass Card when you pay. Tickets must be purchased at least two days in advance in person. For more info, call the number above or email tickets@crawleytownfc.com



Lewes Football Club

Where?

The Dripping Pan, Mountfield Road, Lewes, East Sussex BN7 2XA

Tel. **01273 470820** www.lewesfc.com

What?

Lewes Football Club holds regular football matches throughout the football season and has a friendly, family-orientated following. The club also runs sports and arts-based activities and adult football sessions to promote wellbeing. It's also developing a multi sport programme. The club bar sells snacks and drinks and there are food stalls selling hot food. You can bring your own food and soft drinks, but alcohol and glass are not permitted.

Compass Card offer: Match day entry - over 16s £5 (under 16s free) and free entry for one carer.

Accessibility: Accessible parking next to the pitch; two accessible portaloos on upper level via entrance D; designated accessible entrances; and disabled viewing areas in Philcox and Rookery stands. Speak to stewards on arrival.

How?

Show the Compass Card when you pay.

Worthing Football Club

Where?

Woodside Road, Worthing, West Sussex BN14 7HQ Tel. **07493 730307** [www.](http://www.pitchero.com/clubs/worthingfootballclub)

pitchero.com/clubs/worthingfootballclub

What?

Currently in the Ryman Division One South, Worthing Football Club's home ground is on Woodside Road. As well as regular division football, the club runs activity schemes and community days. The club bar serves snacks and drinks and there are food stalls selling hot food.

Compass Card offer: Match day entry - half price admission for Compass Card holders aged 12 and over (under 12s go free). Half price admission for carer accompanying Compass Card holder under the age of 12.

Accessibility: Worthing Football Club is accessible, but there are no accessible toilets. There is on street parking around Woodside Road.

How?

Show the Compass Card when you pay.

Health and Fitness

Albion in the Community (disability football)

Where?

Chichester Seagulls: Chichester University, College Lane, Chichester, West Sussex PO19 6PE

Eastbourne Seagulls: Eastbourne Sports Park, Cross Levels Way, Eastbourne, East Sussex BN21 2UF

Mid Sussex Seagulls: Oakmeads Community College, Station Road, Burgess Hill, West Sussex RH15 9EA

Worthing Seagulls: Durrington High School, The Boulevard, Worthing, West Sussex BN13 1JX

Tel. **01273 668590**

disability@albioninthecommunity.org.uk



What?

Football coaching with The Seagulls, delivered by Albion in the Community (AIRC), the charitable arm of Brighton and Hove Albion Football Club and the largest provider of disability sport opportunities in Sussex. The focus is on each individual's abilities

and AIRC's programmes are inclusive for all. Coaches are committed to giving children, young people and adults with additional needs the opportunity to enjoy sport and achieve their goals, feel part of a team, make new friends and develop new skills.

Compass Card offer: Compass Card holder can play for free at AIRC's junior (5-16s) and adult (16+) coaching sessions. Chichester: weekly 5 to 6pm (adults and juniors); Eastbourne and Mid Sussex: weekly 10 to 11.30am (adults), 11.30am to 12.30pm (juniors); Worthing: 9 to 10am (juniors), 10.30am to 12pm (adults).

Accessibility: Disability football coaches adapt sessions to players with a range of disabilities. All venues have accessible parking and toilets.

How?

Show the Compass Card to the coach when you arrive.

Arena Sports Centre

Where?

Westloats Lane, Bognor Regis, West Sussex PO21 5JD Tel. **01243 870000**

www.arenasportscentre.co.uk

What?

Arena Sports Centre offers a wide range of indoor and outdoor facilities. It is one of Sport England's 'Best Practice' sports centres and includes gym, swimming pool and activities including gymnastics, racquet sports and a climbing wall.

Compass Card offer: Compass Card holders get free Arena membership at Arena Sports Centre (worth £15 to £30) which provides discounts on courses, fitness classes and 'pay as you play' bookings on activities including racquet sports, swimming and dance classes. See the website for full information on prices.

General provision: Arena runs a 10 week 'Access 4 All' scheme for 16 to 25 year olds



with disabilities and special educational needs. This costs £40 and includes initial consultation, full gym access and health screening. Arena also offers free admission for carers who are exclusively supporting a person who needs additional help to use the centre's facilities.

Accessibility: The centre is accessible and has eight accessible parking spaces, accessible changing rooms and showers, accessible toilets, easy access gym equipment, swimming pool hoist and changing beds.

How?

Show the Compass Card when you hand in your membership form. You'll be given a membership card, which you show to receive discounted prices. You will need to show the Compass Card for the Access 4 All scheme and to qualify for free carer's entry.

Arundel Lido

Where?

Queen Street, Arundel, West Sussex BN18 9JG Tel. **01903 884772**

www.arundel-lido.com

What?

Arundel Lido closed in 1999, but re-opened after extensive refurbishment in 2004 and is

now maintained and run by volunteers from the Arundel & Downland Community Leisure Trust. It's open from 30 April to 4 September inclusive in 2016. All under 8s must be accompanied by an adult unless they have taken a swim competence test at the lido.

Compass Card offer: Compass Card holders are eligible for concessionary rates at the lido (concessionary rates range from £3 for 2 to 7s to £14 for a family of four).

General provision: If you leave the lido within an hour of arriving, half of the full ticket price will be refunded if you show the receipt at reception on the way out. Tickets purchased after 5pm are also half price.

Accessibility: Accessible toilets (key available from reception). There are 'easy entry' steps to the main pool and a slope to the paddling pool for under 8s.

How?

Show your Compass Card when you pay.

Dynamic Adventures

Where?

Tilgate Park, Titmus Drive, Tilgate, Crawley, West Sussex RH10 5PQ

Tel. **01293 552222**

www.dynamicadventures.co.uk

What?

Dynamic Adventures hires out equipment to over 8s for activities on and around Tilgate Lake every day during the school holidays between Easter and October Half Term and some additional weekends. Kayaks, rowing boats, canoes, mountain bikes and dinghies are all available. There is also a weekly session led by qualified instructors which includes water-based activities for people up to 25 with additional needs and is priced at £5 for an hour. Check Dynamic Adventures Facebook page for the latest information.

Compass offer: 10% discount on equipment hire. Please note, dinghies and mountain

bikes must be booked at least two days in advance.

Accessibility: Accessible parking in the main Tilgate Lake car park and two accessible toilets (one requires a Radar key). From the car park, it's about 200 metres down a sloping concrete path to the boathouse.

How?

Show your card at the boathouse when hiring kayaks, rowing boats or canoes. Mention the card when booking dinghies or mountain bikes in advance (call **07802 355075** or email **andy@dynamicadventures.co.uk**) and show the card on the day to validate the discount.



Freedom Leisure (Bognor and Littlehampton)

Where?

Arun Leisure Centre, Felpham Way, Bognor Regis, West Sussex PO22 8ED
Tel. **01243 826612**

www.freedom-leisure.co.uk

Littlehampton Swimming & Sports Centre,
Sea Road, Littlehampton, West Sussex
BN16 2NA Tel. **01903 725451**

www.freedom-leisure.co.uk

What?

Two multiple use centres with a wide range of facilities including swimming pools, gyms and sports halls. Arun's swimming facilities include a flume that opens at weekends and during school holidays and there's also a 3G synthetic turf pitch. Littlehampton's facilities include a dance hall and an interactive room with light floor and dance mats.

Compass Card offer: Swimming: Free swimming for the card holder and one carer. Compass Card holders can use the card once a day for swimming and are subject to the usual pool rules. Under 8s must be accompanied in the water by a responsible adult at all times. Teen classes for 12 to 18s in the gym: Free of charge for the card holder. No advance booking. Gym: Compass Card holders aged 16 to 24 can use the gym for free – but you'll need to book an induction first so staff can show you how to use the equipment safely (cost is £38 and includes a TGS key which helps you get the most from your work out). You need to book and pay for the induction in advance – either in person or over the 'phone and make it clear the booking is for a Compass Card holder. There's a form to fill out before the induction. It covers things like health and safety and a parent carer needs to sign it if the card holder is under 18.

Accessibility: Arun has accessible parking, accessible building and accessible toilets. Littlehampton has accessible parking and accessible toilets, but the gym is less accessible – free weights are on the ground floor, but most equipment is upstairs via a staircase or stair lift.

How?

Show the Compass Card when you pay.

Freedom Leisure (K2, Crawley)

Where?

Pease Pottage Hill, Crawley, West Sussex
RH11 9BQ Tel. **01293 585300**

www.freedom-leisure.co.uk

What?

Crawley's state-of-the-art leisure centre, K2, has an Olympic sized 50m competition pool, learner pool and leisure pool, 12 court badminton hall, newly refurbished gym, exercise studios, gymnastics hall, 12m climbing wall, squash courts, treatment rooms, athletics stadium and outdoor pitches and more. It's also home to Crawley Wellbeing, a free service from West Sussex County Council that can help you improve your health.

Compass Card offer: Swimming: Free swimming for the card holder and one carer. Compass Card holders can use the card once a day for swimming and are subject to the usual pool rules. Under 8s must be accompanied in the water by a responsible adult at all times. Teen classes for 12 to 18s in the gym: Free of charge for the card holder. No advance booking. Gym: Compass Card holders aged 16 to 24 can use the gym for free – but you'll need to book an induction first so staff can show you how to use the equipment safely (cost is £25). You need to book and pay for the induction in advance – either in person or over the 'phone and make it clear the booking is for a Compass Card holder. There's a form to fill out before the induction. It covers things like health and safety and a parent carer needs to sign it if the card holder is under 18.

Accessibility: Accessible parking, accessible building and accessible toilets. There's a selection of IFI (Inclusive Fitness Initiative) equipment in the gym and the main swimming pool has a hoist.

How?

Show the Compass Card when you pay.



Impulse Leisure, Adur

Where?

Impulse Leisure Southwick, Old Barn Way,
Southwick, West Sussex BN42 4NT
Tel. **01273 238111**

www.impulseleisure.co.uk/southwick

Impulse Leisure Lancing Manor, Manor
Road, Lancing, West Sussex BN15 0PH
Tel. **01903 524624** **www.impulseleisure.co.uk/lancing-manor**

Impulse Leisure Chanctonbury, Spierbridge
Road, Storrington, West Sussex RH20 4PG
Tel. **01903 746070** **www.impulseleisure.co.uk/chanctonbury-sport-and-leisure**

Wadurs Swimming Pool, Kingston Broadway,
Shoreham-by-Sea, West Sussex BN43 6TE
Tel. **01273 238000** **www.impulseleisure.co.uk/wadurs-home**

What?

Impulse leisure centres provide a variety of health and fitness activities, including group exercise classes, gym facilities and junior classes from gymnastics, to dance and multi-sports. Wadurs in Shoreham is a traditional five lane, 25 metre swimming pool and offers lessons, fun sessions and aqua exercise classes.

Compass Card offer: Free membership for Compass Card holders at all Impulse Leisure Centres (13 to 17s do get free membership as standard, but the Compass Card offer applies to all ages). Membership gives discounts on a wide range of activities. Southwick – Rebound Therapy: drop in sessions Wednesdays 4 to 5pm for £5 (maximum of six participants). Wadurs – Aqua Therapy: sessions Mondays and Thursdays 11.30am to 12.30pm for £3.50 (sessions aimed at all ages and particularly suitable if you have a medical condition or need help with rehabilitation).

General provision: One carer can go free with a Compass Card holder.

Accessibility: All Impulse leisure centres are accessible and have accessible toilets and changing facilities. You're advised to contact the centres directly if you have specific requirements.

How?

Free membership: fill in a membership form on your first visit. Rebound Therapy Sessions: book in advance by calling Southwick Leisure Centre. A registration/medical form will need to be completed for the first session. Mention the Compass Card when you book and take it along on the day to validate the discount. Aqua Therapy: show the Compass Card when you pay.

Mid Sussex Golf Club

Where?

Mid Sussex Golf Club, Spatham Lane, Ditchling, East Sussex BN6 8XJ
Tel. **01273 846567**

www.midsussexgolfclub.co.uk

What?

Set in the heart of Sussex, Mid Sussex Golf Club provides an 18 hole golf course, covered and outdoor practice facilities for junior and adult players, coaching and a club house with lounge and bar. The club is all about

having fun and trying to be the best you can.

Compass Card offer: Full use of the four hole 'Academy Course' which provides an ideal environment for starters to learn to play with its bunker area and chipping and putting greens - play on the day rate is £25.00 (includes card holder and one companion).

Accessibility: Free accessible parking close to club entrance, accessible building and accessible toilet. The golf courses are flat, but of grass terrain.

How?

Show the Compass Card when you pay.



Petersfield Open Air Swimming Pool

Where?

Heath Road, Petersfield, Hampshire GU31 4DZ Tel. **01730 265143** petersfieldpool.org

What?

Petersfield Open Air Swimming Pool is open from April to September. The 25m pool is heated and has a springboard and a paddling pool which is available in hot weather. There are changing cubicles, hot and cold showers, picnic tables and a covered area in case of rain. The refreshment kiosk sells hot and cold drinks, ice creams and confectionery. Sun loungers are also available for hire.

Compass Card offer: Half day swim session for Compass Card holders under 16 is £2 and over 16s pay £3 (under 2s go free).

Accessibility: There is accessible parking in Heath Road car park adjacent to the pool. There's an accessible changing room with shower, hoist, toilet and handrails. There are four steps with a handrail to get in and out of the pool.

How?

Show the Compass Card when you pay.

Places for People (Horsham district)

Where?

Billingshurst Leisure Centre, Station Rd, Loxwood, Billingshurst, West Sussex RH14 9RY Tel. **01403 787500**

www.placesforpeopleleisure.org

Broadbridge Heath Leisure Centre, Wickhurst Lane, Broadbridge Heath, Horsham, West Sussex RH12 3YS
Tel. **01403 211311**

www.placesforpeopleleisure.org

Pavilions in the Park, Hurst Road, Horsham RH12 2DF Tel. **01403 219200**

www.placesforpeopleleisure.org

Steyning Leisure Centre, Horsham Road, Steyning, West Sussex BN44 3AA
Tel. **01903 879666**

www.placesforpeopleleisure.org

What?

Places for People provides a wide variety of health, fitness and leisure activities for Horsham District Council, including holiday clubs, extensive swimming facilities at Pavilions in the Park and a sensory room at Broadbridge Heath Leisure Centre.

Compass Card offer: Discounts on swimming, squash, tennis, holiday clubs, fitness suites and workout classes. Savings range from £1.00 off a junior swim to £4.50



off a full day at holiday club. Compass Card prices are listed in full on the Places for People website and match the discounts for the Horsham District Council Leisure Access Card (LAC).

Accessibility: All four centres are accessible and have accessible parking, toilets and changing rooms.

How?

Show the Compass Card when you pay, or mention the card when calling to make an advance booking and show the card on the day to validate the discount.

Places for People (Haywards Heath, East Grinstead, Burgess Hill)

Where?

The Dolphin, Pasture Hill Road, Haywards Heath, West Sussex RH16 1LY
Tel. **01444 457337**

www.placesforpeopleleisure.org

Kings Centre, Moat Road, East Grinstead, West Sussex RH19 3LN Tel. **01342 328616**
www.placesforpeopleleisure.org

The Triangle, Triangle Way, Burgess Hill, West Sussex RH15 8WA Tel. **01444 876000**
www.placesforpeopleleisure.org

What?

A wide range of facilities at three Mid Sussex leisure centres, including modern gym equipment; a full range of classes; and the popular leisure pool at The Triangle with its flumes, rapids, cascade and Toddler Beach.

Compass Card offer: Swimming: free swimming for the Compass Card holder and a carer at The Dolphin, Kings Centre and The Triangle. If you want to use the leisure pool at The Triangle, there's a £1 charge for the card holder and a carer goes free. Compass Card holders can use their cards once a day and are subject to the usual pool rules. Remember all under 8s must be accompanied in the water at all times by a responsible adult. Soft Play (Playworld Soft Play at Kings Centre, Antics Soft Play at The Triangle): Compass Card holders pay £1.

Accessibility: All centres offer accessible parking, buildings, toilets and changing facilities. There are also hoists available at the swimming pools.

How?

Show the Compass Card when you pay.



Regis Gymnastics

Where?

Unit 16a Castlegrove Business Park, Durban Road, Bognor Regis, West Sussex PO22 9QT
Tel. **07799 836341**
www.regisgymnastics.com

What?

Regis Gymnastics is a club that believes sport has something to offer everyone and aims to provide a broad range of classes in a fun, safe and inclusive environment to suit all ages, backgrounds and abilities. The club has a fully qualified Rebound Therapist and runs Rebound Therapy sessions for children and young people with special educational needs and disabilities.

Compass Card offer: £5 off a 30 minute Rebound Therapy Session (so a session costs £25 and includes siblings who want to join in).

Accessibility: There's a free car park next to Regis Gymnastics, the building is accessible and there are accessible toilets. Hoists are not available; foam ramps and transfer sheets are used to transfer children and young people to the trampoline.

How?

You will need to book your Rebound Therapy session by calling **07799 836341** or emailing **regisgymnastics@gmail.com**. Mention the Compass Card when booking and make sure you take it on the day to validate the discount.

South Downs Leisure

Where?

Davison Leisure Centre, Selborne Road, Worthing, West Sussex BN11 2JX
Tel. **01903 905050**
www.southdownsleisure.co.uk

Field Place, The Boulevard, Worthing, West Sussex BN13 1NP. Tel. **01903 905050**
www.southdownsleisure.co.uk

Fitness Centre at Worthing College, Fitness Centre, 1 Sanditon Way, Worthing, West Sussex, BN14 9FD. Tel. **01903 905050**
www.southdownsleisure.co.uk

Splashpoint Leisure Centre, 60 Brighton Road, Worthing, West Sussex BN11 2EN
Tel. **01903 905050**
www.southdownsleisure.co.uk

Worthing Leisure Centre, Shaftesbury Avenue, Worthing, West Sussex BN12 4ET
Tel. **01903 905050**
www.southdownsleisure.co.uk

What?

South Downs Leisure runs a wide range of leisure facilities in the Worthing area, including state-of-the-art swimming and spa facilities at Splashpoint and the extensive sporting facilities at Worthing Leisure Centre.

Compass Card offer: Compass Card holders get a discount on South Down's adult membership scheme, FIT4 (so membership costs £37.50 instead of £47.50 pcm). FIT4 membership provides free classes, gym and swimming pool use, off-peak racquet sports and more. Additionally, one carer accompanying the card holder to swimming and gym facilities goes free.

Accessibility: All South Downs buildings are accessible and have accessible parking and accessible toilets. Additionally, there are Changing Places facilities at Worthing Leisure Centre and Splashpoint, hoists for trampolining at Worthing Leisure Centre and adapted gym equipment and swimming hoists at Splashpoint.

How?

Show the Compass Card when you pay.



Swim2me

Where?

Lilly Meadows, Roundstreet Common, Wisborough Green RH14 0AL
Tel. **01403 751538** or **07557 982459**
www.swim2me.co.uk

What?

Swim2me offers group swimming lessons in a small and quiet privately owned pool on the Sussex/Surrey border, which is maintained at a temperature of 33 degrees C. Classes are kept to a maximum of six children and are delivered by fully qualified and experienced teachers. Classes offered include mother and baby, water confidence, stroke technique and children's swimming lessons. The pool is most suited to children up to the age of six or seven.

Compass Card offer: £10 per lesson (usual price £13.50). You can have a free taster lesson in the pool before booking a block of lessons.

Accessibility: Private accessible parking and accessible building. However, shower and toilet are not wheelchair accessible, there isn't a hoist at the pool and access to the pool is via a few steps - so if you have mobility needs, you're advised to call.

How?

To book a taster session or discuss the classes, call Swim2me on **07557 982459** or email via the 'contact us' option at www.swim2me.co.uk. Mention the Compass Card when booking and make sure you take it on the day to validate the discount.

Swimming lessons with DPD Coaching Services

Where?

The Firefighters Charity, Marine Court, Fitzalan Road, Littlehampton, West Sussex BN17 5NF

The Angmering School, Station Road, Angmering, West Sussex BN16 4HH

Storrington First School, Spierbridge Road, Storrington, West Sussex RH20 4PG

Chichester Park Hotel, Madgwick Lane, Westhampnett, Chichester, West Sussex PO18 0PR

St Anthony's School, Woodlands Lane, Chichester, West Sussex PO19 5PA

energie Fitness Club, 115 London Road, East Grinstead, West Sussex RH19 1EQ

Cottesmore School, Bucham Hill, Pease Pottage, West Sussex RH11 9AU

Duncton Junior School, Willett Close, Duncton, Petworth, West Sussex, GU28 0LA

Tel. **01798 873077** www.dpdcoaching.co.uk/swimschools/locations.htm

What?

DPD Coaching provides and manages swim schools throughout Sussex and Surrey. The lessons are for all ages and all abilities, ranging from toddlers, all the way through to pre-competition level. Group lessons have five to seven pupils per class, allowing the fully qualified instructors to give individual attention to each child.

Compass Card offer: 5% discount on the non-members price for any group swimming lesson.

Accessibility: Accessibility may vary depending on the location of the swimming lesson you choose, so it's best to call and discuss your individual needs and requirements before booking.

How?

To book a place on a group lesson, call **01798 873077** or email mail@dpdcoaching.co.uk. Make sure you mention the Compass Card when you book and take it along to your first lesson to validate the discount.



Leisure - general

Art-Ful Ceramic Studio

Where?

71 Rowlands Road, Worthing, West Sussex BN11 3JN Tel. **01903 532818**
www.art-ful.co.uk

What?

Art-Ful is a ceramic studio run by mum of three and Worthing resident, Nina. It's a bright, colourful and relaxing space where you can paint pottery, make a teddy bear, or be creative with clay.

Compass Card offer: Compass Card holders get a 10% discount on anything they create at Art-Ful.

Accessibility: Street parking is available directly outside the studio. Toilets not fully accessible for wheelchair users and there is a small step to get into the studio – potentially tricky for large or electric wheelchairs.

How?

Show your Compass Card when you arrive at Art-Ful. You can drop in for your session, but if you're planning to go as part of a group, it's best to 'phone ahead and book on **01903 532818**.



Libraries

Where?

All West Sussex County Council libraries – call **01243 642111** for a full list or visit www.westsussex.gov.uk/libraries

What?

Library membership is free and open to everyone in West Sussex. All libraries have books suitable for children and young people of all ages; from preschool and primary-age to teenagers. There's also free computer access; DVD, CD, Blu-Ray and audiobook lending; events and information and much more. Every library offers a free weekly rhyme time session, designed for under-fives, but all children are welcome and sessions in larger libraries may include visual aids or simple signing. The largest libraries also have free monthly multi-sensory story events for children with disabilities or communication difficulties. Find your nearest session at

www.westsussex.gov.uk/libraryevents

Families can reserve and collect communication aid devices, including some that support augmentative and alternative communication (AAC), from 'Understand Me – the communication library', available at any library. For more information, visit www.westsussex.gov.uk/understandme

Compass Card offer: Libraries usually charge for lending DVDs, CDs, Blu-Rays and audiobooks, but Compass Card holders can borrow them for free. There are usually charges for reserving some library items for over 14s, but these charges don't apply if you're a Compass Card holder. The card holder will need to be a library member to take advantage of the Compass Card West Sussex offer and can join at any age.

Accessibility: All library buildings are accessible. Libraries can provide books in giant print, Braille or large print, and audiobooks on CD or MP3. There are also multi-sensory stories designed for children

and young people with severe learning difficulties. Contact your local library to discuss your needs in more detail.

How?

Amaze can arrange West Sussex Library membership as part of your child's Compass West Sussex registration; you can find more details about how to do this on the registration form itself. If you do opt for joint Compass and Library membership, you can access the Compass Card offer automatically. However, if you choose not to, you will need to show your Compass Card and a valid West Sussex library card.



Out of Bounds

Where?

Golfers Lane, Angmering, West Sussex BN16 4NB Tel: **01903 788588**
www.out-of-bounds.co.uk

What?

Out of Bounds is a family entertainment centre with a range of activities under one roof including climbing, tenpin bowling, soft play, Foot Golf, Laser Tag and Adventure Golf.

The Base Camp Café serves hot and cold food and barista coffee.



Compass Card offer: 10% discount for the card holder on climbing, soft play, Foot Golf and Adventure Golf. One game of tenpin bowling for £3.25 and two games for £6 for the card holder and one carer.

Accessibility: Free car park with accessible parking close to the building. The Out of Bounds building is accessible and there's an accessible toilet. Tenpin bowling: all bowling lanes are accessible and there are lightweight balls and bowling ramps which help direct the ball. Climbing: speak to an instructor to discuss individual needs by calling the number above. Adventure Golf and Foot Golf: played on grass covered courses with limited accessibility.

How?

Pre-booking is advisable. Mention you have a Compass Card when booking and show the card when you pay.

Museums and heritage

Amberley Museum & Heritage Centre

Where?

Station Road, Amberley, Arundel BN18 9LT
Tel: **01798 831370**
www.amberleymuseum.co.uk

What?

Set in 36 acres on the South Downs, Amberley Museum & Heritage Centre is dedicated to the industrial heritage of the South East. Exhibits include a narrow-gauge railway and bus service which provide free nostalgic travel around the site, Milne Electricity Hall and the Printing Workshop. There are daily demonstrations from crafts people including a blacksmith and potter. The Limeburners Café serves hot and cold snacks.

Compass Card offer: Entry for 4 to 15 year old Compass Card holders is £4.70, entry for 16 to 25s is £9 (under 4s go free).

Accessibility: Accessible parking and a sloping tarmac path to the museum. Most of the buildings are fully accessible and most exhibitions are at ground level. Accessible toilets. There's a wheelchair accessible railway carriage, but you'll need to call in advance to book it. For more information, visit www.amberleymuseum.co.uk/accessibility-information

How?

Show the card when you pay.

Stansted Park House and Grounds

Where?

Stansted Park Foundation, Stansted Park, Rowlands Castle, Hampshire PO9 6DX

Tel. **02392 412265** www.stanstedpark.co.uk

What?

Stansted Park House is a Grade II listed Edwardian country house on a 1750 acre estate overlooking the coast. Part of the South Downs National Park, it lies on the Sussex Hampshire border and includes house and servants' quarters, tea rooms, garden centre, farm shop, maze, miniature railway and woodland walks.

Compass Card offer: Free entry to the House and Maze for one carer.

Accessibility: There is an accessible car park next to the Pavilion Tearoom and garden centre entrance. However, if you're visiting the house and a member of your party has mobility problems, it may be easier to drop off and pick up outside the house – this can be arranged if you call in advance. The lift in the house is suitable for manual, but not electric wheelchairs. The walled gardens, garden centre, craft workshops and Pavilion Tea Room all have level access, but some paths in the grounds are sloping.

How?

Show the Compass Card when you pay.





Weald and Downland Open Air Museum

Where?

Town Lane, Singleton, Chichester, West Sussex PO18 0EU Tel. **01243 811363**
Information line (24 hours) **01243 811348**
www.wealddown.co.uk

What?

Discover 50 rescued traditional rural buildings set in 40 acres of downland, which tell the stories of the men, women and children who lived and worked in them over 950 years. There's a regular programme of domestic and craft demonstrations, including cooking in the Tudor kitchen, milling flour in the watermill, blacksmithing in the Victorian smithy and seasonal demonstrations. There is also a café and shop. Venue closes in the winter.

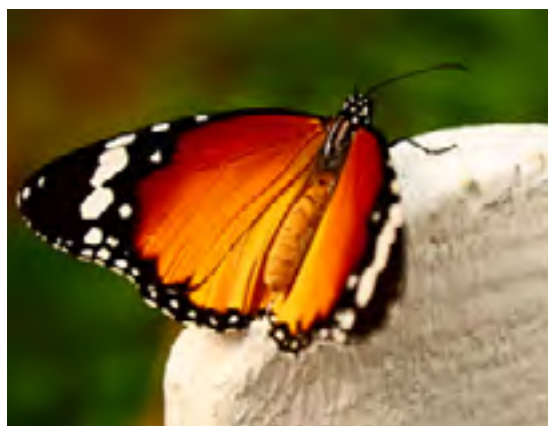
Compass Card offer: £5 each for card holder and one carer. We expect ad hoc offers for Compass Card holders too – look out for information in our e-bulletin, Compass West Sussex News.

Accessibility: Accessible parking and accessible toilet close to the entrance and further accessible toilet in the market square. Because of the rural environment, there are some steep slopes and loose chippings that may be difficult for wheelchair

users to negotiate. Vehicles carrying people with limited mobility can drive to the middle of the site by prior arrangement. You're advised to contact the museum for further information, or to visit www.wealddown.co.uk/visit/visitors-with-disabilities (you'll also find an accessibility map here).

How?

Show the Compass Card when you pay.



Nature and the big outdoors

Aldingbourne Country Centre

Where?

Blackmill Lane, Norton, Chichester, West Sussex PO18 0JP Tel. **01243 542075**
www.aldbingbournetrust.co.uk/country-centre

What?

The Aldingbourne Country Centre is run by the Aldingbourne Trust, a charity that supports adults with learning disabilities to live independently. The centre helps people with disabilities to work, train and learn life skills. The centre is also open to the public as a visitor attraction; there is a woodland walk, an open farm with a variety of animals, a treasure trail, mini golf, Enchanted Garden with castle, plants for sale and wonderful home-cooked food in the café.

Compass Card offer: Free admission for one carer supporting a Compass Card holder.

Accessibility: Accessible parking and accessible toilet facilities. Although paths are flat, there are some gravel paths and hilly areas that may be difficult to access in some wheelchairs.

How?

Show the Compass Card when you pay.

Earnley Butterflies, Birds and Beasts

Where?

133 Almodington Lane, Earnley, Chichester, West Sussex PO20 7JR Tel. **01243 512637**
www.earnleybutterfliesandgardens.co.uk

What?

Walk among tropical butterflies, see exotic birds and get close to a range of animals



at Earnley Butterflies, Birds and Beasts. Mainly undercover, there are 17 covered theme gardens, artefacts from the 1706 HMS Hazardous, the Rejctamenta Nostalgia Centre, the largest Eagle Owl in the world, picnic and play area, café and much more. Open seven days a week March to October, but limited opening in the winter.

Compass Card offer: Discounted entry March to October – 3 to 13 year olds £5.50, 14s and over £6.50. One carer accompanying the card holder goes free. Also half price entry for the Compass Card holder and one carer goes free Thursdays in term time only.

Accessibility: Free car park with accessible parking near the building. Accessible toilet. Buildings and grounds are accessible, with the exception of the Rejctamania Nostalgia Centre.

How?

Show the Compass Card when you pay.

Ferring Country Centre

Where?

Rife Way, Ferring, West Sussex BN12 5JZ
Tel. **01903 245078**

www.ferringcountrycentre.org

What?

At this small working farm you can meet horses and other farm animals, along with pygmy goats, alpacas, ducks, chickens, rabbits, guinea pigs and others from the small animal farm. You can also walk the nature trail, visit the garden centre and picnic in the grounds or relax in the Rangers Café with its play area and outdoor inclusive play area. Ferring Country Centre provides training and work experience for people with learning difficulties.

Compass Card offer: One parent carer goes free with a Compass Card holder. Ferring Country Centre also holds events throughout the year and these may be discounted for Compass Card holders – watch out for information in our e-bulletin, Compass West Sussex News.

Accessibility: Free accessible parking.

How?

Show the Compass Card when you pay.

Godstone Farm

Where?

Tilburstow Hill Road, Godstone, Surrey
RH9 8LX Tel. **01883 742546**

www.godstonefarm.co.uk

What?

Set in the Surrey hills, a short distance from the M25, Godstone Farm offers a fun filled family day out. It is an interactive farm with an array of animals including llamas, goats, sheep, ducks and pigs, plus the animal holding area where you can stroke the rabbits and chicks. There's also indoor soft play, a giant outdoor adventure playground, tractor rides, animal handling, hog'stacle

course, sandpits, Dino Trail, seasonal events and lots more.

Compass Card offer: Free admission for one carer supporting a Compass Card holder.

Accessibility: Accessible parking with space for cars and minibuses, accessible toilet facilities and accessible buildings. Please note, although there are lots of concrete paths, some are uneven, the venue is on a slight hill and tractor rides are not wheelchair accessible.

How?

Show the Compass Card when you pay.



Llama Park

Where?

Llama Park, Wych Cross, Forest Row, East Sussex RH18 5JN Tel. **01825 712040**

www.llamapark.co.uk

What?

Set in 33 acres of rolling Sussex countryside, the Llama Park is home to over 100 different animals including llamas, alpacas, reindeer, horses, Shetland ponies, donkeys, sheep, pigs, ducks, geese, turkeys and more. Llama walks and donkey rides available. The park includes a gift shop selling Llama Park branded alpaca knitwear, licensed restaurant, coffee shop and a children's playground with bouncy castle and play houses.

Compass Card offer: High season (1 March to 31 October) card holder pays £3; low season (1 November to 28/29 February) card holder pays £2. One carer also goes free. Contact the Llama Park for special group rates.

Accessibility: Accessible parking outside park entrance and two accessible toilets. Accessible path around the park (though lower section may not be accessible for some wheelchair users).

How?

Show the Compass Card when you pay. If queueing is a challenge, ask for 'fast track entry'.

Lodge Hill outdoor centre

Where?

Lodge Hill Centre, Watersfield, Near Pulborough, West Sussex RH20 1LZ
Tel. **01798 831411** **www.lodgehill.org.uk**

What?

Lodge Hill is an inclusive outdoor activity centre in 32 acres of woodland just outside Pulborough and in the heart of the South Downs National Park. Activities include All Terrain Vehicles, zip wires, snow tubing, accessible adventure trail, karting, archery, rifle shooting, climbing tower, abseiling, mountain biking and much more. The site also has lodge accommodation in the main house, two Woodland Lodges and a large camp site.

Compass Card offer: Free training on All Terrain Hoppers for over 16s and/or carers (usual cost £20). After training, you can explore the woodland at Lodge Hill in these single occupant, user-friendly vehicles for £10 per hour. Compass Card holders also enjoy a 10% discount on Woodland Lodge accommodation, birthday party bookings and weddings (where one of the couple is a card holder).



Accessibility: Lodge Hill aims to provide activities and accommodation for all abilities and to provide food for all dietary requirements. The site is largely accessible with free private parking and there are accessible toilets on site and specialist equipment including hoists and harnesses for activities, plus a disability bed in one of the Woodland Lodges. Please discuss any specific needs with Lodge Hill staff.

How?

Mention the Compass Card when you book and show the card when you arrive at Lodge Hill to validate the discount.

Sussex Equestrian Centre

Where?

West Wolves Farm, Billingshurst Road, Ashington, Pulborough, West Sussex RH20 3AY Tel. **01903 892798**

www.sussexequestriancentre.co.uk

What?

Sussex Equestrian Centre is an established family-run stables and riding school in Ashington, off the A24 Horsham to Worthing bypass. The centre welcomes children and adults of all abilities who want to engage with horses in a relaxed and friendly atmosphere. There is a large indoor school which provides year-round riding, as well

as 45 acres of private farmland for trekking. Activities include private lessons, pony clubs and summer camps.

Compass Card Offer: Under 18s - £10 for a 20 minute pony walk (usual price £13) or £20 for a 30 minute private lesson (usual price £25). Over 18s - £30 for a 30 minute private lesson (usual price £33).

Accessibility: Sussex Equestrian Centre is not a Riding for the Disabled centre and may not be suitable for everyone. Do call the centre to discuss your individual needs. There's a lane you'll need to walk up to Sussex Equestrian Centre that's only partially paved and which may be difficult for some wheelchairs. There is a toilet on site but it's not wheelchair accessible.

How?

To book and/or discuss your individual needs, call the number on previous page or email enquiries@sussexequestriancentre.co.uk and make sure you mention the Compass Card.



Washbrooks Family Farm

Where?

Washbrooks Family Farm, Brighton Road, Hurstpierpoint, West Sussex BN6 9EF
Tel. **01273 832201** www.washbrooks.co.uk

What?

Friendly family farm overlooking the South Downs in the village of Hurstpierpoint. Lots of farm animals - sheep, cows, pigs, ducks, goats, big shire horses and lots more. Also two acre outdoor play area with a range of equipment including jumping pillow, trampolines and zip wire and an indoor play area for wet days, plus party rooms and a family-friendly tea room serving home cooked food. Please note, most facilities at Washbrooks are designed for children up to the age of seven.

Compass Card offer: 50 pence discount for Compass Card holders (so £6 for under 15s, £7 for over 15s) and one parent carer goes free. Under 3s are free. Parent carers accompanying Compass Card holders to parties at Washbrooks go free.

Accessibility: Accessible parking near entrance, accessible toilet, accessible tractor rides and accessible tea room and animal barn. There are some areas of the farm with bumpy surfaces that may be tricky for wheelchairs.

How?

Show your Compass Card at the entrance.

Soft play, play schemes and activities

Activus Soft Play & Children's Activity Centre

Where?

Stoke Abbott Road, Worthing, West Sussex BN11 1HE Tel. **01903 231117**
www.aquaterra.org/centre/activus-worthing

What?

Activus is a soft play and sensory facility with an on site café run by Aquaterra, a national charity committed to creating healthier, fitter and happier communities. The centre, which opens on Fridays, Saturdays and Sundays, has two soft play areas: one for under 2s and one for 2 to 11 year olds. There is also a separate sensory room for non-walking babies, toddlers and children with additional needs. The sensory room can also be privately booked.

Compass Card offer: Free first session for all Compass Card holders plus free entry for one accompanying carer. Additionally there is an ongoing offer of free entry for a carer when accompanying a Compass Card holder.

Accessibility: Ramped access around the side of the building for wheelchair users from the free car park.

How?

Show the Compass Card to trigger your first free session. For ongoing free carer's entry, show the Compass Card when you pay.



The Flying Fortress

Where?

Northern Grainstore, Ford Airfield, Ford, West Sussex BN18 0HY Tel. **01903 733550**
www.flying-fortress.co.uk

What?

The Flying Fortress is a family entertainment centre and soft play centre. Its aeroplane-shaped play frame includes soft play, toddler and baby area, mirror mazes and racing slides. There are also trampolines and pool tables.

Compass Card offer: There's a 35% discount for Compass Card holders, so prices for 0 to 2 years are £2.60, for 3 to 4 years £3.25 and for over 5s £3.90. Adults pay £1 for entry.

Accessibility: The Flying Fortress is accessible, has accessible parking and an accessible toilet.

How?

Show the Compass Card when you pay.



The Hen-House

Where?

The Hen-House, 14B Lower Street, Haslemere, Surrey GU27 2NX
Tel. **01428 642865**
www.thehen-house.com

What?

The Hen-House is a new children's soft play venue for 0 to 8s and serves hot and cold food in its on site café. There's a soft play frame, Toddler Runway and Baby Sensory Pit.

Open seven days a week. The Hen House serves cooked breakfast with a paper on Saturday and Sunday mornings and is fully licensed.

Compass Card offer: 10% discount on soft play sessions for card holder.

Accessibility: Accessible building and accessible toilet.

How?

Show the Compass Card when you pay.

Hop, Skip & Jump

Where?

Unit 51 Swan Walk, Horsham, West Sussex RH12 1HQ Tel. **01403 263660**
www.hopskipandjump.org.uk/swan-walk-horsham

What?

Hop, Skip & Jump is a charity that specialises in providing activities for children and young people with additional needs, no matter how complex. The organisation has fully trained staff, a light and dark room, soft play, ball pool and arts and crafts facilities.

Compass Card offer: Half price sessions on the last Sunday of every month. There's also a choice of 'stay and play' sessions for £2.50 per hour where the parent carer stays, or 'respite' sessions for £3.50 per hour (maximum two hours) where Compass Card holders stay without their parent carer. To attend a respite session, Compass Card holders must have attended at least one stay and play session and relevant paperwork must have been completed beforehand – call the number above to arrange.

Accessibility: Hop, Skip and Jump is accessible and has an accessible wet room and changing facility. There's paid parking in Swan Walk car park. If you need meeting directly from your car, call in advance to let staff know.

How?

Show the Compass Card when you pay. You can just turn up for stay and play sessions, but respite sessions are booked in advance by calling **01403 263660** or by emailing supervisor.horsham@hopskipandjump.org.uk. Make sure you mention the Compass Card when booking a respite session.

Places for People (The Triangle and The Dolphin, see pages 13 and 14)

Waves Music Therapy

Where?

Locations across West Sussex
Tel. **07462 294587**
www.wavesmusictherapy.org

What?

Music therapy uses creative music making as the means of meeting emotional, social, cognitive, physical and learning needs of children and adults with additional needs. Waves Music Therapy has a team of qualified, registered clinical music therapists who offer both individual and group music therapy sessions. They also offer Therapeutic Music sessions, which are less clinical in structure, but work with the same aim of healing, communicating and playing through music.

Compass Card offer: Waves Music Therapy will be providing ad hoc special offers for Compass Card holders across their services.

Accessibility: Waves Music Therapy works at different venues and locations across West Sussex, so if you have accessibility requirements you're advised to check with a member of staff at the time of booking.

How?

Waves Music Therapy will be providing Compass Card offers throughout the year – watch out for information in our e-bulletin, Compass West Sussex News (contact Amaze if we don't have your current email address – see page 4 or 39). Once we've given you information about an offer, you'll be able to book directly with Waves Music Therapy by calling **07462 294587** or emailing victoria@wavesmusictherapy.org. Make sure you mention your Compass Card when you book and take it along with you on your first session to validate the offer.

Whizz Kids Holiday Clubs

Where?

Dorset House School, Church Lane, Bury, Pulborough, West Sussex RH20 1PB

Central Junior School, Orchard Street, Chichester, West Sussex PO19 1DQ

Leechpool Primary School, Leechpool Lane, Horsham, West Sussex RH13 6AG

Chichester Free School, Vinnetrow Business Park, Vinnetrow Road, Chichester, West Sussex PO20 1QH

Goring Primary School, Mulberry Lane, Goring by Sea, West Sussex BN12 4RN

The Towers Convent School, Henfield Road, Upper Beeding, Nr. Steyning, West Sussex BN44 3TF

Tel. **01798 873077** www.whizzkidsclub.co.uk

What?

Whizz Kids is an Ofsted registered holiday club for 4 to 12 year olds across West Sussex. Operating at six different locations across the county, Whizz Kids offers a structured and balanced programme of activities with fully qualified coaches on site teaching new skills, providing sporting activities, art, drama, dance, cooking, reading and treasure hunts.

Compass Card offer: 5% discount on the total booking price. Please note that insurance, charged at £1.50 per day, must be included at the time of booking.

Accessibility: Whizz Kids is registered by Ofsted and is inclusive to all children. Accessibility may vary depending on the location of the club you choose so it's best to call and discuss your individual needs and requirements before booking.

How?

To book a place, call **01798 873077** or book online at www.whizzkidsclub.co.uk. Make sure you mention your Compass Card when you book and take it along to your first session to validate the discount.

Tenpin bowling and laser tag

AMF Bowling Worthing

Where?

Marine Parade, Worthing, West Sussex BN11 3PZ Tel. **0844 826 3041**

www.amf-bowling.co.uk/our_centres/worthing

What?

Tenpin bowling, bar and sit down diner, amusements and big screen sports. Food and drink can be served to you at your bowling lane.

Compass Card offer: Bowling rate for card holder £2.79 and bowling rate for carer £2.79 (any time except bank holidays and school holidays).

Accessibility: Accessible parking (follow signs for Grafton Street Car Park, but instead of entering take ramp on the left to a loading area with double yellow lines). There are accessible lifts up to the bowling alley. The venue and bowling lanes are accessible and there's an accessible toilet. Lightweight balls and ramps to guide them are available.

How?

Pre-booking is advisable; mention the Compass Card when you book and show the card when you arrive to validate the discount.

Apollo Lasertag

Where?

49 The Martlets, Martlet Heights, Burgess Hill, West Sussex RH15 9NN · Tel. **01444 686686**

www.apollolasertag.co.uk

What?

Fun for the whole family at Apollo Lasertag, which won the Kalli Kids Best Family



attraction in 2014. Food and drink are available at the venue. Players must be 110cm or over to wear a laser pack and there are handheld lasers for players who can't wear one.

Compass Card offer: Card holder pays £3 for one game of lasertag and one carer goes free.

Accessibility: Accessible parking in Market Place car park nearby. The arena is wheelchair accessible, but there are stairs to Apollo Lasertag and you'll need to call ahead to use the lift at the rear of the building accessed through Martlet Heights. The nearest accessible toilets are on Civic Way and in Marlets Shopping Centre. Apollo Lasertag may be able to make adaptations to the lighting in the arena for children and young people with disabilities and special educational needs - call to discuss.

How?

Mention the Compass Card when booking by 'phone and bring card on the day to validate the offer. Otherwise, just show the card when you pay.

Horsham Superbowl and LaserQuest

Where?

Horsham Leisure Park, Albion Way, Horsham, West Sussex RH12 1AU Tel. **01403 274642**

www.horshamsuperbowl.com

What?

Enjoy a fun-packed day with the family or a great night out with friends playing tenpin bowling at Superbowl, or a session of LaserQuest in the futuristic, fog-filled arena. And to keep you going, there's drink and food from the fully licensed café bar which is open 364 days a year.

Compass Card offer: £2.95 each per game of tenpin bowling or LaserQuest for each card holder and up to two guests. This applies at any time Monday to Friday during term time and excludes Bank Holidays and school holidays. At off-peak times, LaserQuest may be able to make adaptations to lighting and sound etc in the arena for children and young people with disabilities and special educational needs - please call and speak to a member of site management to discuss.

Accessibility: The building and bowling lanes are accessible and there's an accessible toilet. There is paid for accessible parking in front of the venue. Tenpin bowling: ramp to bowling lanes suitable for both manual and electric wheelchairs. Lightweight balls and ramps to guide them are available. LaserQuest: the arena has steps and isn't suitable for wheelchair users. Contact the venue to discuss specific requirements.

How?

Pre-booking is essential; please mention the Compass Card when you book and show the card when you arrive to validate the discount.

Lazer World, Crawley

Where?

Spindle Way, Crawley, West Sussex, RH10 1TG Tel. **01293 551461**

www.lazerworld.co.uk

What?

Lazer World Crawley is a new concept in laser tag gaming; for those who like console gaming it's described as 'like being in the game'. Each player has a laser vest and phaser and you can take part in a team mission or free-for-all mission. Lazer World Crawley also runs Autism-friendly sessions that were developed with Crawley's Autism Support Group. Drinks, snacks and hot food are available.

Compass Card offer: One carer goes free with the card holder (doesn't apply to Autism-friendly sessions which are already discounted).

Accessibility: One accessible parking space, but plenty of parking nearby. Accessible building and toilet. There's more information about the Autism-friendly sessions on the website.

How?

Show the Compass Card when you pay, or mention the card when calling to make an advance booking and show the card on the day to validate the discount.



MFA Bowl Chichester

Where?

Terminus Road, Chichester Gate Leisure Park, Chichester, West Sussex PO19 8EL
Tel. **0843 290 8937**

www.mfabowl.com/chichester

What?

Enjoy a game of tenpin bowling at MFA Bowl in Chichester. Fat Sam's provides hot and cold food and drinks and there are pool tables and an amusement arcade.

Compass Card offer: Bowling rate for card holder and one carer is £2.79 each at any time, including school holidays.

Accessibility: The venue is accessible and there is a ramp to the bowling lanes which are all also accessible. Lightweight balls and bowling ramps, which help direct the ball, are available and there is an accessible toilet and accessible parking in the car park next to the building.

How?

Pre-booking is advisable; mention the Compass Card when you book and show the card when you arrive to validate the discount.

Out of Bounds

(Angmering, see page 18)



Theatre and performance

Chichester Festival Theatre

Where?

Oaklands Park, Chichester, West Sussex PO19 6AP Tel. **01243 781312**

www.cft.org.uk

What?

Recently restored, Chichester Festival Theatre now has the high quality space to match its artistic reputation. There are two performance spaces – the Festival and Minerva theatres.

Compass Card offer: Chichester Festival Theatre provides special offers on selected shows (often at short notice). Additionally, by joining the theatre's Access List, Compass Card holders and a companion are eligible for a discount of up to 40% on general ticket sales. To sign up, visit cft.org.uk/accesslist or call the Access Line on **01243 812927** or email access@cft.org.uk

Accessibility: Accessible with 16 wheelchair spaces in the Festival Theatre and two in the Minerva Theatre (but call ahead to book). Accessible parking in Northgate Car Park and there are 10 disabled spaces close to the entrance. Relaxed, signed, audio-described and captioned performances, Touch Tours for visually impaired customers, plus free Seinnheiser listening units for hearing impaired customers. Induction loop at Festival Theatre. For information on specific performances visit cft.org.uk/accesslist or call the Access Line on **01243 812927**.

How?

Often, Amaze won't know what offers are available until the last minute. We'll tell you about all the latest offers via our e-bulletin, Compass West Sussex News (contact Amaze if we don't have your current email address - see page 4 or 39).



Once we've given you information about an offer, you'll be able to book your tickets in person at the Box Office or over the 'phone on **01243 781312**. There are no booking fees for 'phone bookings, but if you want tickets posted there's a £1.50 fee.

Show your Compass Card when you pay for your tickets or mention the Compass Card when booking over the 'phone. Don't forget to bring your Compass Card on the day to validate the discount.

The Hawth Theatre

Where?

Hawth Avenue, Crawley, West Sussex RH10 6YZ

Tel. **01293 553636** www.hawth.co.uk

What?

The Hawth has a lively, diverse programme of arts and performance and plays host to artists, musicians, dancers and performers from around the world.

Compass Card offer: The Hawth provides special offers on selected shows (often at short notice). General ticket bookings: You can get a free carer's ticket at the centre, whether there's a special offer or not, if the

Compass Card holder needs your support - but you will need to ask and to show the card at the time of booking and the offer may be capped at peak times. Half price tickets are available at all shows for people who are visually impaired.

Accessibility: Accessible venue with accessible toilets on two floors. Five wheelchair spaces in theatre (but call ahead to book). Signed, audio-described (order headsets at least a week in advance) and captioned performances, Touch Tours for visually impaired customers, plus induction loop for hearing impaired customers.

How?

Often, Amaze won't know what offers are available until the last minute. We'll tell you about all the latest offers via our e-bulletin, Compass West Sussex News (contact Amaze if we don't have your current email address - see page 4 or 39).

Once we've given you information about an offer, you'll be able to book your tickets in person at the Box Office, by 'phone on **01293 553636** or online. Booking fees apply for 'phone and online bookings.

Tickets will be held at the box office or they can be posted to you for a £1 fee. You can book online, but The Hawth advises those with additional requirements to book by 'phone so all their needs are met.

Show your Compass Card when you pay for your tickets or mention the Compass Card when booking over the 'phone. Don't forget to bring your Compass Card on the day to validate the discount.

The Regis Centre

Where?

Belmont Street, Bognor Regis, West Sussex PO21 1BL Tel. **01243 861010**
www.alexandratheatre.co.uk

What?

Situated on the seafront in Bognor Regis, The Regis Centre houses the 357 seat Alexandra Theatre, alongside studio space and a community café.

Compass Card offer: Special offers on selected shows (often at short notice) at The Alexandra Theatre.

Accessibility: Accessible parking at the front of The Regis Centre and more in the public car park next to the centre. Three permanent wheelchair spaces in the theatre but potential for eight with prior notice, plus induction loop for hearing impaired customers.

How?

Often, Amaze won't know what offers are available until the last minute. We'll tell you about all the latest offers via our e-bulletin, Compass West Sussex News (contact Amaze if we don't have your current email address - see page 4 or 39).

Once we've given you information about an offer, you'll be able to book your tickets in person at the Box Office, over the 'phone on **01243 861010** or online at www.alexandratheatre.co.uk You can also order your tickets by post by sending details of the show you want to book, contact details, full payment and a stamped addressed envelope to the address above.

Show your Compass Card when you pay for your tickets or mention your Compass Card when booking over the 'phone or by post. Don't forget to bring your Compass Card on the day to validate the discount.

Ropetackle Arts Centre

Where?

Little High Street, Shoreham-by-Sea, West Sussex BN43 5EG Tel. **01273 464440**
www.ropetacklecentre.co.uk

What?

Shoreham-by-Sea's award-winning, community-run arts venue on the banks of the River Adur. All events have unreserved seating unless stated otherwise and seating works on a first come, first served basis. The centre opens an hour before performances and doors to the performance space usually open 20 to 30 minutes before a performance. It's recommended you arrive at least 30 minutes before the show starts.

Compass Card offer: The Ropetackle Arts Centre provides special offers on selected shows (often at short notice). See page 6 for Ropetackle Café offer.

General ticket bookings: You can get a free carer's ticket at the centre, whether there's a special offer or not, if the Compass Card holder needs your support.

Accessibility: Ropetackle Arts Centre is accessible and has accessible toilets. There are two accessible parking bays outside the centre in Little High Street.

How?

Often, Amaze won't know what offers are available until the last minute. We'll tell you about all the latest offers via our e-bulletin, Compass West Sussex News (contact Amaze if we don't have your current email address - see page 4 or 39).

Once we've given you information about an offer, you'll be able to book your tickets in person at the Box Office, over the 'phone on **01273 464440** or online at www.ropetacklecentre.co.uk Booking fees apply for 'phone and online bookings.

Show your Compass Card when you pay for your tickets or mention your Compass Card

when booking over the 'phone or by post. Don't forget to bring your Compass Card on the day to validate the discount.



Worthing Theatres

Where?

Connaught Theatre, Union Place, Worthing, West Sussex BN11 1LG

Pavilion Theatre, Marine Parade, Worthing, West Sussex BN11 3PX

Assembly Hall, Stoke Abbott Road, Worthing, West Sussex BN11 1HQ

Tel. **01903 206206**

www.worthingtheatres.co.uk

What?

Worthing Theatres provide live entertainment in three theatres: The Assembly Hall, The Connaught Theatre and The Pavilion Theatre. The Connaught also houses a cinema and runs regular autism-friendly screenings on the first Sunday of the month (tickets £4 each for all).

Compass Card offer: Worthing Theatres provides special offers on selected shows (often at short notice). Additionally, by joining the theatre's Access List, Compass Card



holders can obtain one free ticket for a carer. To sign up to the Access List, you will need to call the Box Office on **01903 206206**.

Accessibility: Connaught Theatre - access for wheelchair users via front entrance with six spaces in the main auditorium, although not for larger electronic wheelchairs or electronic scooters. There's lift access to Fraser's Bar for a limited number of wheelchair users. Pavilion Theatre - accessible building with accessible toilet and space for 18 wheelchairs. The Assembly Hall - accessible building with accessible toilet and space for 10 wheelchairs. Customers with additional requirements advised to book in advance so their needs can be met. All three theatres have induction loops and have signed and subtitled performances.

How?

Often, Amaze won't know what offers are available until the last minute. We'll tell you about all the latest offers via our e-bulletin, Compass West Sussex News (contact Amaze if we don't have your current email address - see page 4 or 39).

Once we've given you information about an offer, you'll be able to book your tickets in person at the Box Office (no booking fee) or over the 'phone on **01903 206206** (additional £2 booking fee). You can also book online at www.worthingtheatres.co.uk/book-tickets (additional £1.50 booking fee).

Show your Compass Card when you pay for your tickets or mention your Compass Card when booking over the 'phone. Make sure you bring it on the day to validate the discount.

Transport

Brighton & Hove Radio Cabs; Brighton, Hove & Adur Carcabs; ABCA Taxis Lancing

Where?

24 hour Brighton, Hove and Adur-based taxi service for transport across Brighton and Hove, Adur and Lancing and beyond

Tel. **01903 767694** (Lancing)
01273 20 40 60 (Brighton and Hove) or
01273 41 41 41 (Brighton, Hove and Adur)

www.brightontaxis.com Or Apple App Store search 'BN TAXI'/Google Play search 'Brighton Taxi'

What?

Brighton & Hove Radio Cabs is one of the city's longest-established taxi companies. You can book your taxi online, by 'phone or via the Radio Cabs App using your iPhone or Android 'phone. The company provides 'phone and online bookings for journeys in and around the areas of Brighton and Hove, Adur and Worthing, as well as transfers to and from airports and seaports.

Compass Card offer: There's a 10% discount on metered journeys where a Compass Card holder is present.

Accessibility: Vehicles include accessible cabs and multi seaters for up to eight passengers.

How?

When you call to make a booking, make sure you say it's a Compass Card booking. If you flag down a cab on the street, show the Compass Card as you get in, so the driver knows you're eligible for the 10% discount. If you book using an app, you should mention it's a Compass Card holder booking in the 'notes' section. If you book online through the Radio Cabs website, mention the Compass Card in your booking message. You will need

to show the card when you get in the cab to validate the discount.

Hayling Seaside Railway

Where?

Runs between Beachlands Station, Beachlands, Hayling Island, Hampshire PO11 0AG and Eastoke Corner Station, Seafront, Hayling Island, Hampshire PO11 9HL
Tel. Duty Manager **07775 696912** (running times only)

www.haylingseasiderailway.com



What?

Hayling Seaside Railway runs for the mile between Beachlands funfair and Eastoke Corner with its pubs, shops and cafés. Please note, the service is weather dependent; if in doubt please call ahead. See website for opening times.

Compass Card offer: 3 to 16 year olds get return ticket for price of a single (£2), 17 to 25 year olds pay child rate for tickets (£2 single, £3 return). One carer can also travel at child rates.

Accessibility: The railway carriages are accessible. There are two accessible parking bays on the beach front near the fun fair. RADAR scheme accessible toilets are located near the fun fair car park at

Beachlands station, along the railway route and at Eastoke Corner. RADAR keys can be purchased for £3 at Havant Borough Visitor Information Centre, Central Beachlands, 7 Seafront, Hayling Island PO11 0AG.

How?

Show the Compass Card when you pay.

Star Cars

(wheelchair accessible taxis)

Where?

Taxi service in and around Crawley area

Tel. **01293 369469**

www.starcarsgatwick.co.uk

What?

Accessible taxis in and around Crawley covering Gatwick, Horsham, East Grinstead and surrounding areas 24 hours a day, seven days a week. Also airport transfers to Gatwick, Heathrow and Stansted.

Compass Card offer: 15% off taxi fares. Can be paid at the time or on account monthly.

Accessibility: There are vehicles which can take a wheelchair and two additional passengers and vehicles which can take a wheelchair and an extra four passengers. All vehicles can accommodate manual and electric wheelchairs and mobility scooters. Star Cars drivers have been through disability awareness training and are experienced in ensuring wheelchair users are comfortable and safe during their journey. As a Crawley Borough Council contractor, they are also DBS (Disclosure & Barring Service) checked.

How?

Mention that a passenger in the group has a Compass Card when booking by 'phone on **01293 369469**, by text on **07951 651437** or via the online form on the Star Cars website in the 'special requirements' section.

Wellbeing

Intuition Hair and Beauty Salon at Central Sussex College

Where?

College Road, Crawley, West Sussex RH10 1NR Tel. **01293 442252**

www.centralsussex.ac.uk/intuition

What?

Intuition Hair and Beauty, based at Central Sussex College, is an industry standard salon that provides the services of student hair and beauty trainees who are supervised by qualified professionals. Services and treatments include cut and blow dry, hair conditioning, hair colouring, facial treatments, manicures, pedicures and massages. For a full list of services, see the salon's website.

Compass Card offer: Compass Card holders over the age of 16 receive a 25% discount on any service or treatment.

Accessibility: Central Sussex College is accessible with a lift to the salon on the third floor and accessible toilets.

How?

Open during term time at varying times, you'll need to call the salon on **01293 442252** to make an appointment. When you book, make sure you mention the Compass Card and show the card when you arrive to validate the discount.



Compass Card offers in Brighton and Hove and East Sussex

Cinemas: Duke of York's and Duke's @ Komedia cinemas; Odeon Brighton

Food and drink: Barefoot Café at Yellowwave; The Gallery at City College; The Lord Nelson Inn; World's End pub

Health and fitness: Albion in the Community (Seagulls football coaching, Brighton); Climbing with Boulder Brighton; Climbing with High Sports; Junior Fitness sessions for 12-15s at Freedom leisure centres in Brighton and Hove; Gym sessions for 16-24s at Freedom leisure centres and Longhill Leisure Centre in Brighton and Hove; Swimming at Freedom leisure centres in Brighton and Hove; Tennis courts and bowling greens in Brighton and Hove parks; Yellowwave beach sports venue

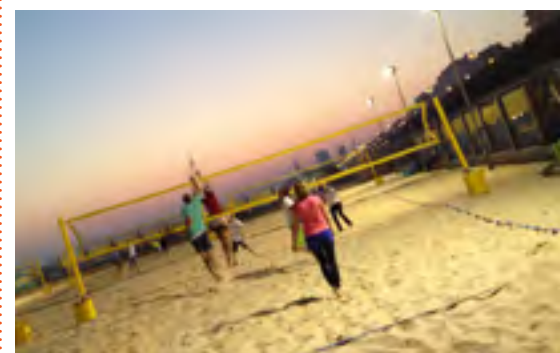
Leisure – general: Brighton Bowlplex; Make Your Mark art workshops; Paradise Park; The Observatory Science Centre; The Royal Pavilion & Museums; soft play at Funplex, Monkey Bizness and Westow's

Nature and the big outdoors: farms – Spring Barn Farm Park and Stoneywish Nature Reserve; Forest View Holiday Home; Sea Life Brighton

Theatre and performance: Brighton Dome & Brighton Festival; Komedia Brighton; Theatre Royal Brighton; The Old Market (TOM)

Transport: Big Lemon (route 52)

Wellbeing: City Revival (hair, beauty, complementary therapies)



AND ALSO...

Making the most of the Compass Card

- If you have an Android smartphone or iPhone, you can download our free Compass Card West Sussex App, so you'll have an up to date, searchable list of Compass Card offers while you are on the move. The app's news function also keeps you bang up to date with the latest Compass Card and local leisure news. Search for 'Compass Card' in Google Play or in the Apple App Store.
- The Compass Card App's listings will also be on our new Compass website (expected autumn 2016). When it's up and running, the new site will be here - www.compasscard.org.uk In the meantime, you can find downloadable copies of this guide here - <http://amazebrighton.org.uk/services-and-support/the-compass-card/compass-card-west-sussex>
- If you provided an email address on the Compass West Sussex Registration Form, you should automatically receive our e-bulletin, Compass West Sussex News. Sent out regularly to Compass West Sussex families, the e-bulletin is jam-packed with special offers, freebies, information on local services and events and more. If you've provided Amaze with an up-to-date email address and you're still not receiving the e-bulletin, do check your junk mail folder. If you're still having problems, call Amaze on **0300 123 9186** or email CompassWSx@amazebrighton.org.uk
- If you use Facebook you can join our Compass West Sussex Facebook group where we share news and seek your views.

- We've known families use the Compass Card in Brighton and Hove as far afield as Florida and Rome, so it's worth showing it to all leisure providers, whether they have a Compass Card offer or not, to see if you can get a discount. If you get a deal somewhere unexpected, be sure to tell us so we can let other people know (or we may be able to organise an official Compass Card deal). Call **0300 030 9186**, or email CompassWSx@amazebrighton.org.uk
- We want to hear your views and ideas about Compass West Sussex – from ideas for new offers, to thoughts about the e-bulletin, the Compass Card West Sussex App, or how we communicate with you. Call **0300 030 9186**, or email CompassWSx@amazebrighton.org.uk

Amaze

Amaze is a charity that provides a range of services to families with children and young people with special educational needs and disabilities in Brighton and Hove. We also provide Independent Support to families in West Sussex. Amaze is managing the Compass West Sussex scheme (The Compass disability register and Compass Card West Sussex) and we are working in close partnership with West Sussex County Council (which is funding the scheme), West Sussex Parent Carer Forum and others to ensure the Compass scheme is developed to meet the needs of families. You can see more about what we do here - www.amazebrighton.org.uk

Short Breaks programme in West Sussex

West Sussex County Council runs a full programme of Short Breaks activities for children and young people with

special educational needs and disabilities throughout the year. Short Breaks, which range from family fun days and clubs, to angling and multi-sport, are available to children and young people up to 18 who are on the Middle or High rate of the Disability Living Allowance care component (or its equivalent). Visit www.westsussex.gov.uk/education-children-and-families/special-educational-needs-and-disability-send/short-breaks-for-disabled-children/ or westsussex.local-offer.org/services/82 for further information, or to download the Short Breaks directory. Alternatively, you can email the Short Breaks Team at short.break.team@westsussex.gov.uk or call the team on **033 022 22562**.

West Sussex Local Offer

Every local authority has to tell families about the services available for children and young people with special educational needs and disabilities through what's called a 'Local Offer'. West Sussex's Local Offer website is fast becoming a must-go-to resource for families and young people in West Sussex - and it's simple and straight forward to use. We encourage all our Compass Card Partners to sign up to the Local Offer, so hopefully you'll find plenty of them on the website. Visit www.local-offer.org to find out more.

Gully's Days Out

Established by Albion in the Community in partnership with American Express®, Gully's Days Out provides young people and adults with additional needs with opportunities to experience many of Sussex's greatest attractions including Sea Life Brighton, Butlin's, Cineworld, Frankie & Benny's, Brighton Pier, Inspire Leisure and many more. Gully's Days Out membership is available to both individuals

and organisations (Day Centres and SEND Schools) and members can request up to five tickets to attractions and enjoy a day out with friends and family. The scheme also provides supported days out, which are attended by trained AITC staff and volunteers from American Express®, all of whom have received disability awareness training. They're on hand to provide respite for parents and carers and make sure everyone has a great day out.

Compass Card holders are automatically eligible for Gully's Days Out and will receive their own unique membership number. Just send in a completed application form with a copy of the Compass Card (front and reverse). Membership is £10 a year for individuals and £40 a year for organisations.

For further information or to apply for membership, call **01273 668590** or email gullysdayout@albioninthecommunity.org.uk

Amaze

Community Base
113 Queens Road
Brighton
BN1 3XG

Tel. **0300 123 9186**

Email CompassWSx@amazebrighton.org.uk
www.compasscard.org.uk