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Offers Spring 2016

Compass Card West Sussex

Discounted fun, leisure and sport for 0-25s with special educational needs and disabilities

Contents

Your Compass Card West Sussex	4	Lodge Hill, nr. Pulborough	19
Leisure – general		Stansted Park House and Grounds	19
Art-ful Ceramic Studio, Worthing	5	Weald and Downland Open Air Museum, nr. Chichester	20
Brighton Wheel	5	Soft play and activities	
Libraries, West Sussex	6	Activus Soft Play & Children's Activity Centre, Worthing	21
Otherworld, Sussex	7	The Flying Fortress, Ford	21
Out of Bounds, Angmering	7	The Hen-House, Haselmere	22
The Royal Pavilion & Museums, Brighton	8	Hop, Skip & Jump, Horsham	22
Sea Life Brighton	9		~~~
		Tenpin bowling	
Cinemas		AMF Bowling Worthing	23
The Duke's cinemas Brighton	10	Brighton Bowlplex	23
The Odeon Brighton	10	Horsham Superbowl and LaserQuest	24
Food and drink		MFA Bowl Chichester	24
Le Cordon Vert Restaurant, Crawley	11	Theatre and performance	
Barefoot Café (Yellowave), Brighton	11	Brighton Dome & Brighton Festival	25
		Chichester Festival Theatre	25 - 26
Football clubs		The Hawth Theatre, Crawley	25-26
Crawley Town FC	12	Komedia Brighton	20
Lewes FC	12	The Old Market (TOM), Brighton	28
Worthing FC	12	The Regis Centre, Bognor Regis	28
Health and fitness			∠o 29
Arena Sports Centre, Bognor Regis	13	Ropetackle Arts Centre, Shoreham	29 29 - 30
Arundel Lido	13	Theatre Royal Brighton	
	13	Worthing Theatres	30
Impulse Leisure, Adur		Transport	
K2 Crawley Mid Sussey Colf Club, Ditablica	14	Big Lemon buses, Brighton	31
Mid Sussex Golf Club, Ditchling	15	Brighton & Hove Radio Cabs; Brighton,	31
Regis Gymnastics, Bognor Regis	15	Hove & Adur Carcabs; ABCA Taxis Lancing	
South Downs Leisure, Worthing	16	Hayling Seaside Railway	32
Yellowave beach sports venue, Brighton	16	Star Cars, Crawley	32
Nature and the big outdoors			
Earnley Butterflies, Birds and Beasts, nr. Chichester	17	Wellbeing	
Ferring Country Centre	17	Intuition Hair and Beauty Salon, Crawley	33
Godstone Farm, Surrey	18	And also	34 - 35
Llama Park, Forest Row	18		

Your Compass Card West Sussex

Terms and conditions

1. Compass Card West Sussex is valid for two years, or up until the child or young person's 25th birthday if that is less than two years from the card issue date. Amaze, the charity that manages the scheme, will remind you to renew the card the month before it expires and ask you to update the information we hold on the 'disability register' for West Sussex (also known as 'The Compass'). Once that's done, we will issue you with a new card.

2. The Compass Card West Sussex 'card holder' referred to in this booklet is the child or young person with special educational needs or disabilities. The card cannot be used by parent carers unless the card holder is present.

3. If Compass Card West Sussex is lost or stolen, the original card will be cancelled and a replacement card issued. Amaze reserves the right to charge £5 for the replacement. Contact the Compass Team at Amaze for more info (the team manages Compass Card West Sussex and The Compass - see contact details below).

4. Compass Card West Sussex offers are subject to change and this guide does not include last-minute, ad hoc and free offers for Compass Card West Sussex holders. Our regular e-bulletin, Compass West Sussex News, is a great way of getting the latest information. We will give away free tickets and one-off offers to families through the e-bulletin, as well as providing news and information about the things that matter to you. You can also keep up to date with the Compass Card App, which is due to be launched in April 2016 - see page 34 for more info. Remember to let Amaze know if you change your postal address, email address or 'phone number.

5. If you choose to, you can use Compass Card West Sussex as a West Sussex library card. You can indicate this on the Compass Registration Form. Alternatively, if you decide you want to use the card as a library card after you have registered, you can take your Compass Card into any West Sussex public library and ask the staff there to activate it on their registration system.

6. Card holders need to follow the rules at Compass Card venues and keep to the terms and conditions of the card. Amaze reserves the right to cancel any Compass Card West Sussex if terms and conditions are breached.

Please note: Amaze wants to offer as many benefits as possible to holders of Compass Card West Sussex, but this does not mean we are giving our recommendation. We assume you will make your own decisions about whether Compass Card offers are appropriate for your child and whether leisure providers have suitable health and safety and child protection measures in place. However, we do want to know if you experience any problems with a particular venue or Compass Card West Sussex offer. Please do contact us if this is the case.

For more information, or if you experience problems using your card, contact us using the following details:

Call Amaze on 0300 123 9186

Email CompassWSx@amazebrighton.org.uk

Visit the Amaze website at www.amazebrighton.org.uk/services-andsupport/the-compass-card/compass-cardwest-sussex

Art-Ful Ceramic Studio

Where?

71 Rowlands Road, Worthing, West Sussex BN11 3JN Tel **01903 532818 www.art-ful.co.uk**

What?

Art-Ful is a ceramic studio run by mum of three and Worthing resident, Nina. It's a bright, colourful and relaxing space where you can paint pottery, make a teddy bear, or be creative with clay.

Compass Card offer: Compass Card holders get a 10% discount on anything they create at Art-Ful.

Accessibility: Street parking is available directly outside the studio. Toilets not fully accessible for wheelchair users and there is a small step to get into the studio – potentially tricky for large or electric wheelchairs.

How? Show your Compass Card when you arrive at Art-Ful. You can drop in for your session, but if you're planning on going as part of a group, it's best to 'phone ahead and book on **01903 532818**.





Brighton Wheel

Where?

Dalton's Bastion, Madeira Drive, Brighton BN2 1TB Tel. **01273 722822** www.brightonwheel.com

What?

Get a truly bird's eye view of the Sussex coastline from the spectacular vantage point of the Brighton Wheel!

Compass Card offer: Compass Card holders automatically get the 'disabled person's discount' which gives £1.50 off standard ticket prices. An accompanying carer also gets a half price ticket.

Accessibility: The Brighton Wheel has two accessible pods. There are accessible toilets five minutes walk away on the sea front and accessible parking directly in front of the wheel.

Libraries

Where?

All West Sussex County Council libraries Tel. **01243 642111** for a full list or visit **www.westsussex.gov.uk/libraries**

What?

Library membership is free and open to everyone in West Sussex. All libraries have books suitable for children and young people of all ages; from preschool and primary-age to teenagers. There's also free computer access; DVD, CD, Blu-Ray and audiobook lending; events and information and much more. Every library offers a free weekly rhyme time session, designed for under-fives, but all children are welcome and sessions in larger libraries may include visual aids or simple signing. The largest libraries also have free monthly multi-sensory story events for children with disabilities or communication difficulties. Find your nearest session at www.westsussex.gov.uk/libraryevents

Families can reserve and collect communication aid devices, including some that support augmentative and alternative communication (AAC), from 'Understand Me – the communication library', available at any library. For more information, visit www.westsussex.gov.uk/understandme

Compass Card offer: Libraries usually charge for lending DVDs, CDs, Blu-Rays and audiobooks, but Compass Card holders can borrow them for free. There are usually charges for reserving some library items for over 14s, but these charges don't apply if you're a Compass Card holder. The card holder will need to be a library member to take advantage of the Compass Card West Sussex offer and can join at any age. Accessibility: All library buildings are accessible. Libraries can provide books in giant print, Braille or large print, and audiobooks on CD or MP3. There are also multi-sensory stories designed for children and young people with severe learning difficulties. Contact your local library to discuss your needs in more detail.

How?

Amaze can arrange West Sussex Library membership as part of your child's Compass West Sussex registration; you can find more details about how to do this on the registration form itself. If you do opt for joint Compass and Library membership, you can access the Compass Card offer automatically. However, if you choose not to, you will need to show your Compass Card and a valid West Sussex library card.



Otherworld

Where?

Various locations across Sussex. Call or visit the website for details. Tel. Different Planet Arts **07711 717634** or Same Sky on **01273 571106** www.samesky.co.uk

What?

Same Sky and Different Planet Arts bring you Otherworld, a unique, interactive space that combines theatre, music and storytelling with sound and video technology to stimulate the senses of disabled children and young people and their family and friends. Six show runs a year in a range of locations. Otherworld Immersive Theatre combines traditional storytelling, theatre and music with the latest immersive interactive technology including sound beams and audio and video projections.

Otherworld Sensory Film Nights are exciting interactive film nights where participants join performers for moving images, story, film and evenings full of surprises. Compass Card holders over 19 are advised to check when they book that the performance will be suitable for them.

Compass Card offer: Compass Card holder and one adult carer pay £5 (usual price £7).

Accessibility: Otherworld aims to use accessible venues, but you're advised to check with the venue for specific information.

How?

Book tickets online at http/buytickets.at/ samesky or via the Same Sky website at www.samesky.co.uk You can also reserve tickets by email or 'phone and then pay on the day – email ariane@samesky.co.uk or call Ariane on 07821 328973. There are no additional booking fees to pay. If you're booking online, click the Compass Card option. If you're booking by 'phone mention the Compass Card. Show the Compass Card when you arrive to validate the discount.



Out of Bounds

Where?

Golfers Lane, Angmering, West Sussex BN16 4NB Tel. **01903 788 588** www.out-of-bounds.co.uk

What?

Out of Bounds is a family entertainment centre with a range of activities under one roof including climbing, tenpin bowling, soft play, Foot Golf, Laser Tag and Adventure Golf (from May 2016).

The Base Camp Café serves hot and cold food and barista coffee.

Compass Card offer: 10% discount on climbing, soft play and Foot Golf for the card holder. One game of tenpin bowling for $\pounds 3.25$ and two games for $\pounds 6$ for the card holder and one carer.

Accessibility: Free car park with accessible parking close to the building. The Out of Bounds building is accessible and there's an accessible toilet. Tenpin bowling: all bowling lanes are accessible and there are lightweight balls and bowling ramps which help direct the ball. Climbing: speak to an instructor to discuss individual needs by calling the number above. Adventure Golf (from May 2016) and Foot Golf: played on grass covered courses with limited accessibility.

How?

Pre-booking is advisable. Mention you have a Compass Card when booking and show the card when you pay.

The Royal Pavilion & Museums

Where?

Brighton Museum & Art Gallery, Royal Pavilion Gardens, Brighton BN1 1EE Tel. **03000 290900** www.brightonmuseums.org.uk/brighton

The Royal Pavilion, 4/5 Pavilion Buildings, Brighton BN1 1EE Tel. 03000 290900 www.brightonmuseums.org.uk/ royalpavilion

Preston Manor, Preston Drove, Brighton BN1 6SD (closed from 1 October to 31 March) Tel. 03000 290900 www.brightonmuseums. org.uk/prestonmanor

What?

Brighton and Hove has an amazing range of museums, as well as the unique royal pleasure palace, the Royal Pavilion. The Royal Pavilion, built for the Prince Regent (later King George IV), is famed for its exotic appearance inside and out and is Brighton's most distinctive landmark. Preston Manor is an atmospheric Edwardian manor house, reputed to be the most haunted building in Brighton. And there's a great range of exhibitions at Brighton Museum & Art Gallery too. Compass Card Offer: Admission to Hove Museum and the Booth Museum is free, but there are entrance fees for Brighton Museum & Art Gallery, the Royal Pavilion and Preston Manor and showing the Compass Card will ensure you get the best deal. Children up to the age of 15 who live in the city already get free entrance to the Royal Pavilion and Preston Manor and to Brighton Museum & Art Gallery if they visit with an adult who also lives in Brighton and Hove. Carers of visitors with disabilities get in free as well.

However, showing the Compass Card also means 16 to 24 year olds get free entrance, and it ensures the accompanying adult is seen as a carer even if the Compass Card holder's additional needs are not obvious.

Accessibility: Although the ground floor of the Royal Pavilion is accessible and there is an accessible toilet, the second floor is only reached via a flight of stairs. Brighton Museum & Art Gallery is fully accessible. Some parts of Preston Manor are not accessible to wheelchairs. You are advised to check with each venue for specific information. There's also further information via the website links above (use 'Visiting' and 'Accessibility' links for each venue).

How?

Show the Compass Card when you pay.



Sea Life Brighton

Where?

Sea Life Brighton, Marine Parade, Brighton BN2 1TB

Tel. 0871 423 2110 www.sealife.co.uk

What?

Let Sea Life Brighton, the world's oldest aquarium, take you on a fascinating journey from the coastline to the depths of the ocean. With two new feature areas including Sea Horse Nursery and Secrets of the Reef, discover a magical underwater world filled with a dazzling array of amazing creatures. Encounter Sharks, Rays, Turtles, snakes and some of the most poisonous creatures in our oceans.

Compass Card offer: Compass Card holders pay the standard rate at Sea Life Brighton (great saver discounts can also be found at **www.sealife.co.uk** if booked 24 hours before the visit), but one accompanying carer goes free. Under 3s also go free. If you plan to visit Sea Life a few times a year, it might be worth considering buying an annual pass for the Compass Card holder – it costs £40 and a carer also gets a free annual pass. For information on group discounts, call **08712 226934.**

Accessibility: You can avoid the steps to the venue by using the tunnel off the beach next to the Brighton Wheel. Accessible toilet in the venue, but auditorium does not have full access and there is some restriction in the Victorian Arcade. You are advised to check with the venue for specific information on the number above or look at the website under 'plan your visit' and 'frequently asked questions'. There is also an accessibility guide - scroll down to the bottom of the Brighton home page and click 'accessibility'.

How?





The Duke's cinemas The Odeon Brighton

Where?

The Duke of York's Cinema, Preston Circus, Brighton BN1 4NA

The Duke's at Komedia, Gardner Street, Brighton BN1 1UN

Tel. 0871 902 5728 (bookings) 01273 818549 (enquiries) www.picturehouses.co.uk

What?

Brighton's two art house cinemas, one in the North Laine, the other at Preston Circus near Preston Park which is said to be the oldest purpose-built cinema in the UK.

Compass Card offer: One carer gets a free ticket, while Compass Card holders pay standard rates. Compass Card holders over 15 who don't want to go with a parent carer, pay the standard rate, but can get a free ticket for one friend.

General provision: Regular autism-friendly screenings (usually third Sunday of the month at the Duke of York's and first Saturday of the month at the Duke's at Komedia). Tickets £3 for all, including carers.

Accessibility: At the Duke of York's, the ground floor is accessible, but the balcony and bar can only be reached via the stairs. The Duke's at Komedia is accessible. Both cinemas have accessible toilets and there are wheelchair spaces and induction loops in the screens. You're advised to book in advance if assistance is required and to check for specific information by calling the number above.

How?

Show the Compass Card at the Box Office. You'll be issued with a free 'Picturehouse Carer Card' which will allow you to access the free carer's ticket online or in person.

Where?

Kingswest, West Street, Brighton BN1 2RE Visit **www.odeon.co.uk** or download the Odeon app

What?

Eight screen blockbuster cinema on Brighton's sea front.

Compass Card offer: One carer gets a free ticket, while Compass Card holders pay standard rates.

General provision: Regular autism-friendly screenings.

Accessibility: The Odeon Brighton is accessible and has accessible toilets on the ground and first floors. All screens (with exception of Screen 7) are accessible, with wheelchair spaces in each (usually near the front). For more information call the Accessibility Helpline on **0800 138 3315** or visit **www.odeon.co.uk/cinemas/brighton/71**

How?

Show the Compass Card at the cinema box office. NB. All purchases have to be in person if you want Compass Card benefits, so you may want to buy in advance if you think a film could sell out before a screening.

PLEASE NOTE: Anyone over the age of eight who receives Disability Living Allowance (DLA), Personal Independence Payment (PIP) or Attendance Allowance, or who's registered blind, can apply for a CEA (Cinema Exhibitors' Association) card. The card, which is valid for a year, provides free carers' tickets at cinemas across the UK and costs £6. Visit **www.ceacard.co.uk** for an application form or more information.

Le Cordon Vert Restaurant at Central Sussex College

Where?

College Road, Crawley, West Sussex RH10 1NR Tel. **01293 442335** www.centralsussex.ac.uk

What?

Open during term-time, Le Cordon Vert offers customers a comfortable, relaxing atmosphere and great value for money. Food is prepared by students under the supervision of industry professionals. Le Cordon Vert offers lunch on Tuesdays, Wednesdays and Thursdays, between 12 noon and 2.45pm (last orders at 1.15pm) and serves a choice of two or three courses. Themed dinners are served on selected Tuesday evenings – see website for info. On Thursday evenings, a bistro style menu is available from 5 to 8pm (last orders at 7pm).

Compass Card offer: Compass Card holders receive 50% off their food bill for themselves and their group (offer applies to food, but not to drinks). To book a table, call **01293 442335** between 10am and 3pm. You're welcome to just turn up, but if you are coming as a group it's best to book in advance.

Accessibility: Central Sussex College is accessible and there are accessible toilets.

How?

Le Cordon Vert is only open during term time. If you are making a reservation, make sure you mention the Compass Card. You will need to show the card when you arrive at the restaurant whether you have booked a table or not.



Barefoot Café (Yellowave)

Where?

299 Madeira Drive, Brighton BN2 1EN. Tel. **01273 672222 www.yellowave.co.uk**

What?

Yellowave is a permanent beach venue that offers beach sports activities for all ages and abilities.

Compass Card offer: Compass Card holders get a 10% discount in the Barefoot Café. See page 16 for Yellowave volleyball discount.

Accessibility: Accessible parking on road directly outside. Accessible toilet. Ramp access.

How?

Crawley Town FC

Where?

Checkatrade.com Stadium, Winfield Way, Broadfield, Crawley, West Sussex RH11 9RX Tel. Ticket Office **01293 410000 www.crawleytownfc.com**

What?

Crawley Town Football Club (the Red Devils) plays in Sky Bet League Two. For match information, see 'fixtures and results' on the website. Refreshments available at Redz Bar and food kiosks located throughout the stadium.

Compass Card offer: Compass Card holder gets a 50% discount for league games purchased at least two days in advance (subject to availability). One carer also goes free.

Accessibility: Accessible parking available on first come, first served basis (to book in advance, call **01293 410000** or email **tickets@ crawleytownfc.com**) Blue badge holders park free; otherwise there's a £5 fee. Accessible building and 11 accessible toilets. Free audio description service (must book in advance). For more info, see **www.crawleytownfc.com/ club/visit-us** or **email barbararobinson@ crawleytownfc.com**

How? Show the Compass Card when you pay. Tickets must be purchased at least two days in advance in person. For more info, call the number above or email tickets@ crawleytownfc.com

Lewes FC

Where?

The Dripping Pan, Mountfield Road, Lewes, East Sussex BN7 2XA

Tel. 01273 470820 www.lewesfc.com

What?

Lewes Football Club holds regular football matches throughout the football season and has a friendly, family-orientated following.

The club also runs sports and arts-based activities and adult football sessions to promote wellbeing. It's also developing a new multi sport programme. The club bar sells snacks and drinks and there are food stalls selling hot food. You can bring your own food and soft drinks, but alcohol and glass are not permitted.

Compass Card offer: Match day entry - over 16s £5 (under 16s free) and free entry for one carer.

Accessibility: Accessible parking next to the pitch; two accessible portaloos on upper level via entrance D; designated accessible entrances; and disabled viewing areas in Philcox and Rookery stands. Speak to stewards on arrival.

How? Show the Compass Card when you pay.

Worthing FC

Where?

Woodside Road, Worthing, West Sussex BN14 7HQ Tel. 07493 730307 www.pitchero.com/clubs/ worthingfootballclub

What?

Currently in the Ryman Division One South, Worthing Football Club's home ground is on Woodside Road. As well as regular division football, the club runs activity schemes and community days. The club bar serves snacks and drinks and there are food stalls selling hot food.

Compass Card offer: Match day entry - half price admission for Compass Card holders aged 12 and over (under 12s go free). Half price admission for carer accompanying Compass Card holder under the age of 12.

Accessibility: Worthing Football Club is accessible but at the time of going to print, does not have accessible toilets. There is on street parking around Woodside Road.

How? Show the Compass Card when you pay.

Arena Sports Centre

Where?

Westloats Lane, Bognor Regis, West Sussex P021 5JD Tel. 01243 870000 www.arenasportscentre.co.uk

What?

Arena Sports Centre offers a wide range of indoor and outdoor facilities. It is one of Sport England's 'Best Practice' sports centres and includes gym, swimming pool and activities including gymnastics, racquet sports and a climbing wall.

Compass Card offer: Compass Card holders get free Arena membership at Arena Sports Centre (worth £15 to £30) which provides discounts on courses, fitness classes and 'pay as you play' bookings on activities including racquet sports, swimming and dance classes. See the website for full information on prices.

General provision: Arena runs a 10 week 'Access 4 All' scheme for 16 to 25 year olds with disabilities and special educational needs. This costs £40 and includes initial consultation, full gym access and health screening. Arena also offers free admission for carers who are exclusively supporting a person who needs additional help to use the centre's facilities.

Accessibility: The centre is accessible and has eight accessible parking spaces, accessible changing rooms and showers, accessible toilets, easy access gym equipment, swimming pool hoist and changing beds.

How?

Show the Compass Card when you hand in your membership form. You'll be given a membership card, which you show to receive discounted prices. You will need to show the Compass Card for the Access 4 All scheme and to qualify for free carer's entry.

Arundel Lido

Where?

Queen Street, Arundel, West Sussex BN18 9JG

Tel. 01903 884772 www.arundel-lido.com

What?

Arundel Lido closed in 1999, but re-opened after extensive refurbishment in 2004 and is now maintained and run by volunteers from the Arundel & Downland Community Leisure Trust. It's open from 30 April to 4 September inclusive in 2016. All under 8s must be accompanied by an adult unless they have taken a swim competence test at the lido.

Compass Card offer: Compass Card holders are eligible for concessionary rates at the lido (concessionary rates range from £3 for 2 to 7s to £14 for a family of four).

General provision: If you leave the lido within an hour of arriving, half of the full ticket price will be refunded if you show the receipt at reception on the way out. Tickets purchased after 5pm are also half price.

Accessibility: Accessible toilets (key available from reception). There are 'easy entry' steps to the main pool and a slope to the paddling pool for under 8s.

How?



Impulse Leisure

Where?

Impulse Leisure Southwick, Old Barn Way, Southwick, West Sussex BN42 4NT Tel. **01273 238111** www.impulseleisure.co.uk/southwick

Impulse Leisure Lancing Manor, Manor Road, Lancing, West Sussex BN15 0PH Tel. **01903 524624** www.impulseleisure.co.uk/lancing-manor

Impulse Leisure Chanctonbury, Spierbridge Road, Storrington, West Sussex RH20 4PG Tel. **01903 746070 www.impulseleisure.co.uk/ chanctonbury-sport-and-leisure**

Wadurs Swimming Pool, Kingston Broadway, Shoreham-by-Sea, West Sussex BN43 6TE Tel. **01273 238000 www.impulseleisure.co.uk/** wadurs-home

What?

Impulse leisure centres provide a variety of health and fitness activities including group exercise classes, gym facilities and junior classes from gymnastics, to dance and multisports. Wadurs in Shoreham is a traditional five lane, 25 metre swimming pool and offers lessons, fun sessions and aqua exercise classes.

Compass Card offer: Southwick – Rebound Therapy. Drop in sessions every Wednesday 4 to 5pm for £5 (maximum of six participants). Wadurs – Aqua Therapy. Sessions Mondays and Thursdays 11.30am to 12.30pm for £3.50. Aqua Therapy sessions are aimed at all ages and particularly suitable if you have a medical condition or need help with rehabilitation.

General provision: One carer can go free with a Compass Card holder. 13 to 17 year olds get free membership at Impulse centres as standard – ask for an application form.

NB. This is an initial offer from Impulse – we expect further deals to be confirmed soon.

Accessibility: All Impulse leisure centres are accessible and have accessible toilets and changing facilities. You're advised to contact the centres directly if you have specific requirements.

How? Rebound Therapy Sessions: book in advance by calling Southwick Leisure Centre. A registration/medical form will need to be completed for the first session. Mention the Compass Card when you book and take it along on the day to validate the discount. Aqua Therapy: show the Compass Card when you pay.

K2 Crawley

Where?

Pease Pottage Hill, Crawley, West Sussex RH11 9BQ Tel. 01293 585300 www.freedom-leisure.co.uk

What?

Crawley's state-of-the-art leisure centre, K2, has an Olympic sized 50m competition pool, learner pool and leisure pool, 12 court badminton hall, newly refurbished gym, exercise studios, gymnastics hall, 12m climbing wall, squash courts, treatment rooms, athletics stadium and outdoor pitches and more. It's also home to Crawley Wellbeing, a free service from West Sussex County Council that can help you improve your health.

Compass Card offer: Swimming: Free swimming for the card holder and one carer. Compass Card holders can use the card once a day for swimming and are subject to the usual pool rules. Under 8s must be accompanied in the water by a responsible adult at all times. Teen classes for 12 to 18s in the gym: Free of charge for the card holder. No advance booking. Gym: Compass Card holders aged 16 to 24 can use the gym for free – but you'll need to book an induction first so staff can show you how to use the equipment safely (cost is £25). You need to book and pay for the induction in advance – either in person or over the 'phone and make it clear the booking is for a Compass Card holder. There's a form to fill out before the induction. It covers things like health and safety and a parent carer needs to sign it if the card holder is under 18.

Accessibility: Accessible parking, accessible building and accessible toilets. There's a selection of IFI (Inclusive Fitness Initiative) equipment in the gym and the main swimming pool has a hoist.

How?

Show the Compass Card when you pay.

Mid Sussex Golf Club

Where?

Mid Sussex Golf Club, Spatham Lane, Ditchling, East Sussex BN6 8XJ Tel. **01273 846567** www.midsussexgolfclub.co.uk

What?

Set in the heart of Sussex, Mid Sussex Golf Club provides an 18 hole golf course, covered and outdoor practice facilities for junior and adult players, coaching and a club house with lounge and bar. The club is all about having fun and trying to be the best you can.

Compass Card offer: Full use of the four hole 'Academy Course' which provides an ideal environment for starters to learn to play with its bunker area and chipping and putting greens - play on the day rate is £25.00 (includes card holder and one companion).

Accessibility: Free accessible parking close to club entrance, accessible building and accessible toilet. The golf courses are flat, but of grass terrain.

How?

Show the Compass Card when you pay.

Regis Gymnastics

Where?

Unit 16a Castlegrove Business Park, Durban Road, Bognor Regis, West Sussex PO22 9QT Tel. **07799 836341**

www.regisgymnastics.com

What?

Regis Gymnastics is a club that believes sport has something to offer everyone and aims to provide a broad range of classes in a fun, safe and inclusive environment to suit all ages, backgrounds and abilities. The club has a fully qualified Rebound Therapist and runs Rebound Therapy sessions for children and young people with special educational needs and disabilities.

Compass Card offer: £5 off a 30 minute Rebound Therapy Session (so a session costs £25 and includes siblings who want to join in).

Accessibility: There's a free car park next to Regis Gymnastics and the building is accessible. Accessible toilets were being fitted as we went to press (expected completion end April 2016). Hoists are not available; foam ramps and transfer sheets are used to transfer children and young people to the trampoline.

How?

You will need to book your Rebound Therapy session by calling **07799 836341** or emailing **regisgymnastics@gmail.com** Mention the Compass Card when booking and make sure you take it on the day to validate the discount.





South Downs Leisure

Where?

Davison Leisure Centre, Selborne Road, Worthing, West Sussex BN11 2JX Tel. 01903 905050 www.southdownsleisure.co.uk

Field Place, The Boulevard, Worthing, West Sussex BN13 1NP Tel. 01903 905050 www.southdownsleisure.co.uk

Fitness Centre at Worthing College, Fitness Centre, 1 Sanditon Way, Worthing, West Sussex. BN14 9FD Tel. 01903 905050 www.southdownsleisure.co.uk

Splashpoint Leisure Centre, 60 Brighton Road, Worthing, West Sussex BN11 2EN Tel. 01903 905050 www.southdownsleisure.co.uk

Worthing Leisure Centre, Shaftesbury Avenue, Worthing, West Sussex BN12 4ET Tel. 01903 905050 www.southdownsleisure.co.uk

What?

South Downs Leisure runs a wide range of leisure facilities in the Worthing area,

including state-of-the-art swimming and spa facilities at Splashpoint and the extensive sporting facilities at Worthing Leisure Centre.

Compass Card offer: Compass Card holders get a discount on South Down's adult membership scheme, FIT4 (so membership costs £37.50 instead of £45 pcm). FIT4 membership provides free classes, gym and swimming pool use, off-peak racquet sports and more. Additionally, one carer accompanying the card holder to swimming and gym facilities goes free. There are further deals in the pipeline - watch for information in our e-bulletin, Compass West Sussex News.

Accessibility: All South Downs buildings are accessible and have accessible parking and accessible toilets. Additionally, there are Changing Places facilities at Worthing Leisure Centre and Splashpoint, hoists for trampolining at Worthing Leisure Centre and adapted gym equipment and swimming hoists at Splashpoint.

How? Show the Compass Card when you pay.

Yellowave beach sports venue

Where?

299 Madeira Drive, Brighton BN2 1EN Tel. 01273 672222 www.yellowave.co.uk

What?

Yellowave is a permanent beach venue that offers beach sports activities for all ages and abilities.

Compass Card offer: Compass Card holders get a £5 discount on week day day time volleyball court bookings. See page 11 for discount at Yellowave's Barefoot Café.

Accessibility: Accessible parking on road directly outside. Accessible toilet. Ramp access.

How? Show the Compass Card when you pay.

Earnley Butterflies, **Birds and Beasts**

Where?

133 Almodington Lane, Earnley, Chichester, West Sussex PO20 7JR Tel. 01243 512637 www.earnleybutterfliesandgardens.co.uk

What?

Walk among tropical butterflies, see exotic birds and get close to a range of animals at Earnley Butterflies, Birds and Beasts. Mainly undercover, there are 17 covered theme gardens, artefacts from the 1706 HMS Hazardous, the Rejectamenta Nostalgia Centre, the largest Eagle Owl in the world, picnic and play area, café and much more. Open seven days a week March to October, but limited opening in the winter.

Compass Card offer: Discounted entry March to October – 3 to 13 year olds £5.50, 14s and over £6.50. One carer accompanying the card holder goes free. Also half price entry for the Compass Card holder and one carer goes free Thursdays in term time only.

Accessibility: Free car park with accessible parking near the building. Accessible toilet. Buildings and grounds are accessible, with the exception of the Rejectamania Nostalgia Centre.

How?

Show the Compass Card when you pay.





Ferring Country Centre

Where?

Rife Way, Ferring, West Sussex BN12 5JZ Tel. 01903 245078 www.ferringcountrycentre.org

What?

At this small working farm you can meet horses and other farm animals, along with pygmy goats, alpacas, ducks, chickens, rabbits, guinea pigs and others from the small animal farm. You can also walk the nature trail, visit the garden centre and picnic in the grounds or relax in the Rangers Café with its play area and outdoor inclusive play area. Ferring Country Centre provides training and work experience for people with learning difficulties.

Compass Card offer: One parent carer goes free with a Compass Card holder. Ferring Country Centre also holds events throughout the year and these may be discounted for Compass Card holders – watch out for information in our e-bulletin, Compass West Sussex News.

Accessibility: Free accessible parking.

How?





Godstone Farm

Where?

Tilburstow Hill Road, Godstone, Surrey RH9 8LX Tel.01883 742546 www.godstonefarm.co.uk

What?

Set in the Surrey hills, a short distance from the M25, Godstone Farm offers a fun filled family day out. It is an interactive farm with an array of animals including llamas, goats, sheep, ducks and pigs, plus the animal holding area where you can stroke the rabbits and chicks. There's also indoor soft play, a giant outdoor adventure playground, tractor rides, animal handling, hog'stacle course, sandpits, Dino Trail, seasonal events and lots more.

Compass Card offer: Free admission for one carer supporting a Compass Card holder.

Accessibility: Accessible parking with space for cars and minibuses, accessible toilet facilities and accessible buildings. Please note, although there are lots of concrete paths, some are uneven, the venue is on a slight hill and tractor rides are not wheelchair accessible.

How? Show your Compass Card when you pay.

Llama Park

Where?

Llama Park, Wych Cross, Forest Row, East Sussex RH18 5JN

Tel. 01825 712040 www.llamapark.co.uk

What?

Set in 33 acres of rolling Sussex countryside, the Llama Park is home to over 100 different animals including llamas, alpacas, reindeer. horses, Shetland ponies, donkeys, sheep, pigs, ducks, geese, turkeys and more. Llama walks and donkey rides available. The park includes a gift shop selling Llama Park branded alpaca knitwear, licensed restaurant, coffee shop and a children's playground with bouncy castle and play houses.

Compass Card offer: High season (1 March to 31 October) card holder pays £3; low season (1 November to 28/29 February) card holder pays £2. One carer also goes free. Contact the Llama Park for special group rates.

Accessibility: Accessible parking outside park entrance and two accessible toilets. Accessible path around the park (though lower section may not be accessible for some wheelchair users).

How?

Show the Compass Card when you pay. If queueing is a challenge, ask for 'fast track entry'.



Lodge Hill outdoor centre

Where?

Lodge Hill Centre, Watersfield, Near Pulborough, West Sussex RH20 1LZ Tel. 01798 831411 www.lodgehill.org.uk

What?

Lodge Hill is an inclusive outdoor activity centre in 32 acres of woodland just outside Pulborough and in the heart of the South Downs National Park. Activities include All Terrain Vehicles, zip wires, snow tubing. accessible adventure trail, karting, archery, rifle shooting, climbing tower, abseiling, mountain biking and much more. The site also has lodge accommodation in the main house, two Woodland Lodges and a large camp site.

Compass Card offer: Free training on All Terrain Hoppers for over 16s and/or carers (usual cost £20). After training, you can explore the woodland at Lodge Hill in these single occupant, user-friendly vehicles for £10 per hour. Compass Card holders also enjoy a 10% discount on Woodland Lodge accommodation, birthday party bookings and weddings (where one of the couple is a card holder).

Accessibility: Lodge Hill aims to provide activities and accommodation for all abilities and to provide food for all dietary requirements. The site is largely accessible with free private parking and there are accessible toilets on site and specialist equipment including hoists and harnesses for activities, plus a disability bed in one of the Woodland Lodges. Please discuss any specific needs with Lodge Hill staff.

How?

Mention the Compass Card when you book and show the card when you arrive at Lodge Hill to validate the discount.

Stansted Park House & Grounds

Where?

Stansted Park Foundation. Stansted Park. Rowlands Castle, Hampshire PO9 6DX Tel. 02392 412265 www.stanstedpark.co.uk

What?

Stansted is a Grade II listed Edwardian country house on a 1750 acre estate overlooking the coast. Part of the South Downs National Park, it lies on the Sussex Hampshire border and includes house and servants' quarters, tea rooms, garden centre, farm shop, maze, miniature railway and woodland walks.

Compass Card offer: Free entry to the House and Maze for one carer.



Accessibility: There is an accessible car park next to the Pavilion Tearoom and garden centre entrance. However, if you're visiting the house and a member of your party has mobility problems, it may be easier to drop off and pick up outside the house - this can be arranged if you call in advance. The lift in the house is suitable for manual, but not electric wheelchairs. The walled gardens, garden centre, craft workshops and Pavilion Tea Room all have level access, but some paths in the grounds are sloping.



Weald and **Downland Open** Air Museum

Where?

Town Lane, Singleton, Chichester, West Sussex P018 0EU Tel. 01243 811363 Information line (24 hours) 01243 811348 www.wealddown.co.uk

What?

Discover 50 rescued traditional rural buildings set in 40 acres of downland, which tell the stories of the men, women and children who lived and worked in them over 950 years. There's a regular programme of domestic and craft demonstrations, including cooking in the Tudor kitchen, milling flour in the watermill, blacksmithing in the Victorian smithy and seasonal demonstrations. There is also a café and shop. Venue closes in the winter.

Compass Card offer: £5 each for card holder and one carer. We expect ad hoc offers for Compass Card holders too – look out for information in our e-bulletin, Compass West Sussex News.

Accessibility: Accessible parking and accessible toilet close to the entrance and further accessible toilet in the market square. Because of the rural environment. there are some steep slopes and loose chippings that may be difficult for wheelchair users to negotiate. Vehicles carrying people with limited mobility can drive to the middle of the site by prior arrangement. You're advised to contact the museum for further information, or to visit www.wealddown. co.uk/visit/visitors-with-disablities (you'll also find an accessibility map here).

How?

Show your Compass Card when you pay.





Activus Soft Play & The Flying Fortress Children's Activity Where? Centre

Where?

Stoke Abbott Road, Worthing, West Sussex BN11 1HE Tel. 01903 231117 www.aquaterra.org/centre/activus-worthing

What?

Activus is a soft play and sensory facility with an on site café run by Aquaterra, a national charity committed to creating healthier, fitter and happier communities. The centre, which opens on Fridays, Saturdays and Sundays, has two soft play areas: one for under 2s and one for 2 to 11 year olds. There is also a separate sensory room for non-walking babies, toddlers and children with additional needs. The sensory room can also be privately booked.

Compass Card offer: Free first session for all Compass Card holders plus free entry for one accompanying carer. Additionally there is an ongoing offer of free entry for a carer when accompanying a Compass Card holder.

Accessibility: Ramped access around the side of the building for wheelchair users from the free car park.

How?

Show the Compass Card to trigger your first free session. For ongoing free carer's entry, show the Compass Card when you pay.



Northern Grainstore, Ford Airfield, Ford, West Sussex BN18 0HY Tel. 01903 733550

www.flying-fortress.co.uk

What?

The Flying Fortress is a family entertainment centre and soft play centre. Its aeroplaneshaped play frame includes soft play, toddler and baby area, mirror mazes and racing slides. There are also trampolines and pool tables.

Compass Card offer: There's a 35% discount for Compass Card holders, so prices for 0 to 2 years are £2.60, for 3 to 4 years £3.25 and for over 5s £3.90. Adults pay £1 for entry.

Accessibility: The Flying Fortress is accessible, has accessible parking and an accessible toilet.

How?





The Hen-House

Where?

The Hen-House, 14B Lower Street, Haslemere, Surrey GU27 2NX

Tel.01428 642865 www.thehen-house.com

What?

The Hen-House is a new children's soft play venue for 0 to 8s and serves hot and cold food in its on site café. There's a soft play frame, Toddler Runway and Baby Sensory Pit. Open seven days a week. The Hen House serves cooked breakfast with a paper on Saturday and Sunday mornings and is fully licensed.

Compass Card offer: 10% discount on soft play sessions for card holder.

Accessibility: Wheelchair accessible building and accessible toilet.

How? Show your Compass Card when you pay.

Hop, Skip & Jump

Where?

Unit 51 Swan Walk, Horsham, West Sussex RH12 1HQ Tel. 01403 263660 www.hopskipandjump.org.uk/swan-walkhorsham

What?

Hop, Skip & Jump is a charity that specialises in providing activities for children and young people with additional needs, no matter how complex. The organisation has fully trained staff, a light and dark room, soft play, ball pool and arts and crafts facilities.

Compass Card offer: Half price sessions on the last Sunday of every month. There's also a choice of 'stay and play' sessions for £2.50 per hour where the parent carer stays, or 'respite' sessions for £3.50 per hour (maximum two hours) where Compass Card holders stay without their parent carer. To attend a respite session, Compass Card holders must have attended at least one stay and play session and relevant paperwork must have been completed beforehand – call the number above to arrange.

Accessibility: Hop, Skip and Jump is accessible and has an accessible wet room and changing facility. There's paid parking in Swan Walk car park. If you need meeting directly from your car, call in advance to let staff know.

How?

Show the Compass Card when you pay. You can just turn up for stay and play sessions, but respite sessions are booked in advance by calling **01403 263660** or by emailing **supervisor.horsham@hopskipandjump. org.uk** Make sure you mention the Compass Card when booking a respite session.

AMF Bowling Worthing

Where?

Marine Parade, Worthing BN11 3PZ Tel. 0844 826 3041 www.amf-bowling.co.uk/our_centres/ worthing

What?

Tenpin bowling, bar and sit down diner, amusements and big screen sports. Food and drink can be served to you at your bowling lane.

Compass Card offer: Bowling rate for card holder £2.79 and bowling rate for carer £2.79 (any time except bank holidays and school holidays).

Accessibility: Accessible parking (follow signs for Grafton Street Car Park, but instead of entering take ramp on the left to a loading area with double yellow lines). There are accessible lifts up to the bowling alley. The venue and bowling lanes are accessible and there's an accessible toilet. Lightweight balls and ramps to guide them are available.

How?

Pre-booking is advisable; mention the Compass Card when you book and show the card when you arrive to validate the discount.

Brighton Bowlplex

Where?

Park Square, Brighton Marina Village, Brighton BN2 5UT Tel. **01273 818180 www.bowlplex.co.uk**

What?

Tenpin bowling at an award-winning centre with 26 computerised bowling lanes. There's free parking for Brighton Bowlplex users in the multi-storey car park opposite the centre. Compass Card offer: The Compass Card holder and up to three others pay £3.50 per person, per game Monday to Friday from 10am to 6pm during term time. The offer can be withdrawn or amended at any time, can't be used in conjunction with any other offer and is subject to the discretion of the Duty Manager.

Accessibility: Accessible venue with ramps onto the lanes (where required), ball ramps and lane bumpers for use with or without wheelchairs, lightweight balls and accessible toilet facilities. Call the venue for specific info on the number above.

How?

Show your Compass Card when you pay. To book in advance, call **01273 818180** and say you qualify for the Compass Card discount – don't forget to take it with you and show it when you arrive. If you need a lane with disabled access, tell staff when you book.





Horsham Superbowl and LaserQuest

Where?

Horsham Leisure Park, Albion Way, Horsham, West Sussex RH12 1AU Tel. **01403 274642** www.horshamsuperbowl.com

What?

Enjoy a fun-packed day with the family or a great night out with friends playing tenpin bowling at Superbowl, or a session of LaserQuest in the futuristic, fog-filled arena. And to keep you going, there's drink and food from the fully licensed café bar which is open 364 days a year.

Compass Card offer: £2.95 each per game of tenpin bowling or LaserQuest for each card holder and up to two guests. This applies at any time Monday to Friday during term time and excludes Bank Holidays and school holidays. At off-peak times, LaserQuest may be able to make adaptations to lighting and sound etc in the arena for children and young people with disabilities and special educational needs – please call and speak to a member of site management to discuss.

Accessibility: The building and bowling lanes are accessible and there's an accessible toilet. There is paid for accessible parking in front of the venue. Tenpin bowling: ramp to bowling lanes suitable for both manual and electric wheelchairs. Lightweight balls and ramps to guide them are available. LaserQuest: the arena has steps and isn't suitable for wheelchair users. Contact the venue to discuss specific requirements.

How?

Pre-booking is essential; please mention the Compass Card when you book and show the card when you arrive to validate the discount.

MFA Bowl Chichester

Where?

Terminus Road, Chichester Gate Leisure Park, Chichester, West Sussex P019 8EL Tel. **0843 290 8937** www.mfabowl.com/chichester

What?

Enjoy a game of tenpin bowling at MFA Bowl in Chichester. Fat Sam's provides hot and cold food and drinks and there are pool tables and an amusement arcade.

Compass Card offer: Bowling rate for card holder and one carer is £2.79 each at any time, including school holidays.

Accessibility: The venue is accessible and there is a ramp to the bowling lanes which are all also accessible. Lightweight balls and bowling ramps, which help direct the ball, are available and there is an accessible toilet and accessible parking in the car park next to the building.

How?

Pre-booking is advisable; mention the Compass Card when you book and show the card when you arrive to validate the discount.



Brighton Dome & Brighton Festival

Where?

Brighton Dome & Brighton Festival, Church Street, Brighton BN1 1UE. Ticket Office, 29 New Road, Brighton BN1 1UG Tel. **01273 709709** (Ticket Office, booking fee payable) **brightondome.org**

What?

Described as the most stylish entertainment venue in the south, Brighton Dome & Brighton Festival incorporates Concert Hall, Corn Exchange and Studio Theatre. Shows include music, theatre, dance, comedy, family-friendly and performance.

Compass Card offer: Special offers on selected shows (often at short notice).

General ticket bookings: You can get a free carer's ticket at Brighton Dome, whether there's a special offer or not, if the Compass Card holder needs your support. These tickets are available over the 'phone on **01273 709709**, or in person at the Ticket Office.

Accessibility: Accessible buildings with accessible toilets and on-street accessible parking nearby. Relaxed, signed, audiodescribed and captioned performances, Touch Tours for visually impaired customers, Sennheiser technology for hearing impaired customers at all venues and induction loops at the Corn Exchange and Studio. For details on accessibility, visit http://brightondome. org/access or call Visitor Services on 01273 261541 or 261525

How?

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Chichester Festival Theatre

Where?

Oaklands Park, Chichester, West Sussex P019 6AP

Tel. 01243 781312 www.cft.org.uk

What?

Recently restored, Chichester Festival Theatre now has the high quality space to match its artistic reputation. There are two performance spaces – the Festival and Minerva theatres.

Compass Card offer: Chichester Festival Theatre provides special offers on selected shows (often at short notice). Additionally, by joining the theatre's Access List, Compass Card holders and a companion are eligible for a discount of up to 40% on general ticket sales. To sign up, visit **cft.org.uk/accesslist** call the Access Line on **01243 812927** or email **access@cft.org.uk**

Continued...

Chichester Festival Theatre continued...

Accessibility: Accessible with 16 wheelchair spaces in the Festival Theatre and two in the Minerva Theatre (but call ahead to book). Accessible parking in Northgate Car Park and there are 10 disabled spaces close to the entrance. Relaxed, signed, audio-described and captioned performances, Touch Tours for visually impaired customers, plus free Seinnheiser listening units for hearing impaired customers. Induction loop at Festival Theatre. For information on specific performances visit **cft.org.uk/accesslist** or call the Access Line on **01243 812927**.

How?

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Once we've given you information about an offer, you'll be able to book your tickets in person at the Box Office or over the 'phone on **01243 781312**. There are no booking fees for 'phone bookings, but if you want tickets posted there's a £1.50 fee.

Show your Compass Card when you pay for your tickets or mention the Compass Card when booking over the 'phone. Don't forget to bring your Compass Card on the day to validate the discount.

The Hawth Theatre

Where?

Hawth Avenue, Crawley, West Sussex RH10 6YZ

Tel. 01293 553636 www.hawth.co.uk

What?

The Hawth has a lively, diverse programme of arts and performance and plays host to artists, musicians, dancers and performers from around the world.

THEATRE AND PERFORMANCE

Compass Card offer: The Hawth provides special offers on selected shows (often at short notice).

General ticket bookings: You can get a free carer's ticket at the centre, whether there's a special offer or not, if the Compass Card holder needs your support - but you will need to ask and to show the card at the time of booking and the offer may be capped at peak times. Half price tickets are available at all shows for people who are visually impaired.

Accessibility: Accessible venue with accessible toilets on two floors. Five wheelchair spaces in theatre (but call ahead to book). Signed, audio-described (order headsets at least a week in advance) and captioned performances, Touch Tours for visually impaired customers, plus induction loop for hearing impaired customers.

How?

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Once we've given you information about an offer, you'll be able to book your tickets in person at the Box Office, by 'phone on **01293 553636** or online. Booking fees apply for 'phone and online bookings.

Tickets will be held at the box office or they can be posted to you for a £1 fee. You can book online, but The Hawth advises those with additional requirements to book by 'phone so all their needs are met.

Show your Compass Card when you pay for your tickets or mention the Compass Card when booking over the 'phone. Don't forget to bring your Compass Card on the day to validate the discount.

Komedia Brighton

Where?

Komedia Brighton, 44-47 Gardner St, Brighton BN1 1UN Tel. **0845 293 8480** (Box Office – booking fee payable) **www.komedia.co.uk/brighton**

What?

Komedia is described as 'the most exciting live entertainment venue in the south'. Shows include comedy, music, family shows and cabaret.

Compass Card offer: Special offers on selected shows (often at short notice).

General ticket bookings: You can get a free carer's ticket at Komedia, whether there's a special offer or not, if the Compass Card holder needs your support. These tickets are available over the 'phone on the number above, or in person at the Box Office.

Accessibility: The building is accessible and there are accessible toilets for the Main Space and Studio. The Main Space has a Sennheiser listening system for hearing impaired customers (book in advance so a suitable seat and headset can be reserved for you). Wheelchair users are advised to book in advance. Call the Box Office (see above) or email **tickets1fakomedia.co.uk** You can also visit **www.komedia.co.uk/ brighton/about-us/accessibility** for more information.

How?

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Once we've given you information about an offer, you'll be able to book your tickets in person at the Box Office. The Box Office is open from 6pm on evenings when there's a show taking place. Or you can book over the 'phone on the number above (Monday to Sunday from 12 noon). If you pay cash at the Box Office, you won't pay a booking fee. Otherwise, there's a 50 pence booking fee on each ticket. If you pay by card over the 'phone, there's usually a £1.50 booking fee per ticket, but Compass Card holders pay a reduced rate of 50 pence per ticket.

Please note, you'll need to show your Compass Card when you pick up your tickets.







The Old Market (TOM)

Where?

11a Upper Market Street, Hove BN3 1AS Tel. 01273 201800. For access bookings, call 01273 201800 or email info@theoldmarket. com (booking fee payable if you pay by card) www.theoldmarket.com

What?

Compass Card offer: Special offers and last minute ticket deals on selected shows from The Old Market's eclectic programme of theatre, music, comedy and family events.

General ticket prices: The Old Market offers free tickets for carers if you're taking the person you care for and they need your support. Subject to availability, these tickets are available online at **www.theoldmarket. com**, over the 'phone on the number above, or in person at the Box Office.

Accessibility: Accessible venue with accessible toilets.

How?

Often, Amaze won't know what offers are available until the last minute. We'll tell you about all the latest offers via our e-bulletin, Compass West Sussex News (contact Amaze if we don't have your current email address see page 35).

Once we've given you information about an offer, you'll be able to book your tickets in person at the Box Office (open Monday to Friday 1 to 5pm) or over the 'phone on the number above (10am to 6pm). If you pay cash at the Box Office, you won't pay a booking fee.

Please note, you'll need to show your Compass Card when you pick up your tickets.

The Regis Centre

Where?

Belmont Street, Bognor Regis, West Sussex P021 1BL

Tel. 01243 861010

www.alexandratheatre.co.uk

What?

Situated on the seafront in Bognor Regis, The Regis Centre houses the 357 seat Alexandra Theatre, alongside studio space and a community café.

Compass Card offer: Special offers on selected shows (often at short notice) at The Alexandra Theatre.

Accessibility: Accessible parking at the front of The Regis Centre and more in the public car park next to the centre. Three permanent wheelchair spaces in the theatre but potential for eight with prior notice, plus induction loop for hearing impaired customers.

How?

Often, Amaze won't know what offers are available until the last minute. We'll tell you about all the latest offers via our e-bulletin, Compass West Sussex News (contact Amaze if we don't have your current email address see page 35).

Once we've given you information about an offer, you'll be able to book your tickets in person at the Box Office, over the 'phone on **01243 861010** or online at **www. alexandratheatre.co.uk** You can also order your tickets by post by sending details of the show you want to book, contact details, full payment and a stamped addressed envelope to the address above.

Show your Compass Card when you pay for your tickets or mention your Compass Card when booking over the 'phone or by post. Don't forget to bring your Compass Card on the day to validate the discount.

Ropetackle Arts Centre

Where?

Little High Street, Shoreham-by-Sea, West Sussex BN43 5EG Tel. **01273 464440** www.ropetacklecentre.co.uk

What?

Shoreham-by-Sea's award-winning, community-run arts venue on the banks of the River Adur. All events have unreserved seating unless stated otherwise and seating works on a first come, first served basis. The centre opens an hour before performances and doors to the performance space usually open 20 to 30 minutes before a performance. It's recommended you arrive at least 30 minutes before the show starts.

Compass Card offer: The Ropetackle Arts Centre provides special offers on selected shows (often at short notice).

General ticket bookings: You can get a free carer's ticket at the centre, whether there's a special offer or not, if the Compass Card holder needs your support.

Accessibility: Ropetackle Arts Centre is accessible and has accessible toilets. There are two accessible parking bays outside the centre in Little High Street.

How?

Often, Amaze won't know what offers are available until the last minute. We'll tell you about all the latest offers via our e-bulletin, Compass West Sussex News (contact Amaze if we don't have your current email address see page 35).

Once we've given you information about an offer, you'll be able to book your tickets in person at the Box Office, over the 'phone on **01273 464440** or online at **www.ropetacklecentre.co.uk**. Booking fees apply for 'phone and online bookings. Show your Compass Card when you pay for your tickets or mention your Compass Card when booking over the 'phone or by post. Don't forget to bring your Compass Card on the day to validate the discount.

Theatre Royal Brighton

Where?

Theatre Royal Brighton, New Road, Brighton BN1 1SD Tel. **0844 871 7650**; access booking line **0844 871 7677**; group booking line **0844 871 7617** (box office, booking fee payable) www.atgtickets.com

What?

Compass Card offer: Special offers on selected shows (often at short notice) at one of the oldest working theatres in the UK. Performances may include the theatre's Christmas show, as well as West End and touring productions from across the country.

General ticket bookings: If you're booking a ticket for a Compass Card holder and you need to sit in a particular part of the theatre because of their additional needs, you'll pay the lowest price for their ticket, even if you need to sit in a more expensive area. If you show the Compass Card at the time of booking, you can request a free carer's ticket – but make sure you ask: it isn't automatic. There may be occasions when this offer is capped at peak times. **Continued**...



Theatre Royal Brighton continued...

Accessibility: Accessible building with accessible toilets and on street accessible parking on New Road. Signed, audiodescribed and captioned performances and Touch Tours for visually impaired customers available for certain shows. Sennheiser technology for hearing impaired customers. You are advised to call the number above or visit http://www.atgtickets.com/access for more info.

How? Often, Amaze won't know what offers are available until the last minute. We'll tell you about all the latest offers via our e-bulletin, Compass West Sussex News (contact Amaze if we don't have your current email address - see page 35).

Once we've given you information about an offer, you'll be able to book your tickets in person at the theatre box office, or (if you don't mind paying additional fees) over the 'phone on **0844 871 7650** (or **0844 871 7677** if you have access needs). It may be possible to book online for some offers, but booking fees are higher. Please note, you don't usually need to show your Compass Card when you pick up your tickets, but you may be asked to bring it if you haven't booked with the theatre before.

Worthing Theatres

Where?

Connaught Theatre, Union Place, Worthing, West Sussex BN11 1LG

Pavilion Theatre, Marine Parade, Worthing, West Sussex BN11 3PX

Assembly Hall, Stoke Abbott Road, Worthing, West Sussex BN11 1HQ

Tel. 01903 206206 www.worthingtheatres.co.uk

: What?

Worthing Theatres provide live entertainment in three theatres: The Assembly Hall, The Connaught Theatre and The Pavilion Theatre. The Connaught also houses a cinema.

Compass Card offer: Worthing Theatres provides special offers on selected shows (often at short notice). Additionally, by joining the theatre's Access List, Compass Card holders can obtain one free ticket for a carer. To sign up to the Access List, you will need to call the Box Office on **01903 206206**.

Accessibility: Connaught Theatre - access for wheelchair users via front entrance with six spaces in the main auditorium, although not for larger electronic wheelchairs or electronic scooters. There's lift access to Fraser's Bar for a limited number of wheelchair users. Pavilion Theatre – accessible building with accessible toilet and space for 18 wheelchairs. The Assembly Hall - accessible building with accessible toilet and space for 10 wheelchairs. Customers with additional requirements advised to book in advance so their needs can be met. All three theatres have induction loops and have signed and subtitled performances.

How?

Often, Amaze won't know what offers are available until the last minute. We'll tell you about all the latest offers via our e-bulletin, Compass West Sussex News (contact Amaze if we don't have your current email address see page 35).

Once we've given you information about an offer, you'll be able to book your tickets in person at the Box Office (no booking fee) or over the 'phone on **01903 206206** (additional £2 booking fee). You can also book online at **www.worthingtheatres.co.uk/book-tickets** (additional £1.50 booking fee).

Show your Compass Card when you pay for your tickets or mention your Compass Card when booking over the 'phone. Make sure you bring it on the day to validate the discount.



Big Lemon buses

Where?

The Big Lemon runs service 52 between Woodingdean, Ovingdean, Brighton Marina, County Hospital and the Old Steine, with peak-time journeys extended to Brighton Station.

For bus information, visit **www.thebiglemon.** com/52 or call 01273 681681.

What?

The Big Lemon runs on bio-diesel from locally sourced waste cooking oil and operates service 52 six days a week. The company is currently fundraising to change from bio-diesel to electric vehicles (see **www.thebiglemon.com/electric**). Compass Card offer: Compass Card holder goes free.

Accessibility: Service 52 is accessible.

How?

Show the Compass Card to the driver.

Taxis

Brighton & Hove Radio Cabs; Brighton, Hove & Adur Carcabs; ABCA Taxis Lancing

Where?

24 hour Brighton, Hove and Adur-based taxi service for transport across Brighton and Hove, Adur and Lancing and beyond Tel. **01903 767694** (Lancing) 01273 20 40 60 (Brighton and Hove) or 01273 41 41 41

(Brighton, Hove and Adur)

www.brightontaxis.com Or Apple App Store search 'BN TAXI'/Google Play search 'Brighton Taxi'

What?

Brighton & Hove Radio Cabs is one of the city's longest-established taxi companies. You can book your taxi online, by 'phone or via the Radio Cabs App using your iPhone or Android 'phone. The company provides 'phone and online bookings for journeys in and around the areas of Brighton and Hove, Adur and Worthing, as well as transfers to and from airports and seaports.

Compass Card offer: There's a 10% discount on metered journeys where a Compass Card holder is present.

Accessibility: Vehicles include accessible cabs and multi seaters for up to eight passengers.

How?

When you call to make a booking, make sure you say it's a Compass Card booking. If you flag down a cab on the street, show the Compass Card as you get in, so the driver knows you're eligible for the 10% discount. If you book using an app, you should mention it's a Compass Card holder booking in the 'notes' section. If you book online through the Radio Cabs website, mention the Compass Card in your booking message. You will need to show the card when you get in the cab to validate the discount.

Hayling Seaside Railway

Where?

Runs between Beachlands Station, Beachlands, Hayling Island, Hampshire PO11 OAG and Eastoke Corner Station, Seafront, Hayling Island, Hampshire PO11 9HL Tel. Duty Manager **07775 696912** (running times only)

www.haylingseasiderailway.com

What?

Hayling Seaside Railway runs for the mile between Beachlands funfair and Eastoke Corner with its pubs, shops and cafés. Please note, the service is weather dependent; if in doubt please call ahead. See website for opening times.

Compass Card offer: 3 to 16 year olds get return ticket for price of a single (£2), 17 to 25 year olds pay child rate for tickets (£2 single, £3 return). One carer can also travel at child rates.

Accessibility: The railway carriages are accessible. There are two accessible parking bays on the beach front near the fun fair. RADAR scheme accessible toilets are located near the fun fair car park at Beachlands station, along the railway route and at Eastoke Corner. RADAR keys can be purchased for £3 at Havant Borough Visitor Information Centre, Central Beachlands, 7 Seafront, Hayling Island PO11 0AG.

How? Show the Compass Card when you pay.



Star Cars

(wheelchair accessible taxis)

Where?

Taxi service in and around Crawley area Tel. **01293 369 469** www.starcarsgatwick.co.uk

What?

Accessible taxis in and around Crawley covering Gatwick, Horsham, East Grinstead and surrounding areas 24 hours a day, seven days a week. Also airport transfers to Gatwick, Heathrow and Stansted.

Compass Card offer: 15% off taxi fares. Can be paid at the time or on account monthly.

Accessibility: There are vehicles which can take a wheelchair and two additional passengers and vehicles which can take a wheelchair and an extra four passengers. All vehicles can accommodate manual and electric wheelchairs and mobility scooters. Star Cars drivers have been through disability awareness training and are experienced in ensuring wheelchair users are comfortable and safe during their journey. As a Crawley Borough Council contractor, they are also DBS (Disclosure & Barring Service) checked.

How?

Mention that a passenger in the group has a Compass Card when booking by 'phone on **01293 369 469**, by text on 07951 651 437 or via the online form on the Star Cars website in the 'special requirements' section.

Intuition Hair and Beauty Salon at Central Sussex College

Where?

College Road, Crawley, West Sussex RH10 1NR Tel. **01293 442252** www.centralsussex.ac.uk/intuition

What?

Intuition Hair and Beauty, based at Central Sussex College, is an industry standard salon that provides the services of student hair and beauty trainees who are supervised by qualified professionals. Services and treatments include cut and blow dry, hair conditioning, hair colouring, facial treatments, manicures, pedicures and massages. For a full list of services, see the salon's website.

Compass Card offer: Compass Card holders over the age of 16 receive a 25% discount on any service or treatment.

Accessibility: Central Sussex College is accessible with a lift to the salon on the third floor and accessible toilets.

How?

Open during term time at varying times, you'll need to call the salon on **01293 442252** to make an appointment. When you book, make sure you mention the Compass Card and show the card when you arrive to validate the discount.



AND ALSO...

Making the most of the Compass Card

• If you have an android smart 'phone or iPhone, you can download our new, free Compass Card West Sussex App, so you'll have an up to date, searchable list of Compass Card offers while you are on the move. The app's news function also keeps you bang up to date with the latest Compass Card and local leisure news. Search for 'Compass Card' in Google Play or in the Apple App Store.

• The Compass Card App's listings will also be on our new Compass website (expected autumn 2016). When it's up and running, you'll find a link to the new site here – www.amazebrighton.org.uk In the meantime, you can find downloadable copies of this guide here - http://amazebrighton. org.uk/services-and-support/thecompass-card/compass-card-west-sussex

• If you provided an email address on the Compass West Sussex Registration Form, you should automatically receive our e-bulletin, Compass West Sussex News. Sent out regularly to Compass West Sussex families, the e-bulletin is jam-packed with special offers, freebies, information on local services and events and more. If you've provided Amaze with an up-to-date email address and you're still not receiving the e-bulletin, do check your junk mail folder. If you're still having problems, call Amaze on 0300 123 9186 or email CompassWSx@ amazebrighton.org.uk If you use Facebook you can join our Compass West Sussex Facebook group where we share news and seek your views.

• We've known families use the Compass Card in Brighton and Hove as far afield as Florida and Rome, so it's worth showing it to all leisure providers, whether they have a Compass Card offer or not, to see if you can get a discount. If you get a deal somewhere unexpected, be sure to tell us so we can let other people know (or we may be able to organise an official Compass Card deal). Call 0300 030 9186, or email CompassWSx@ amazebrighton.org.uk

• We want to hear your views and ideas about Compass West Sussex – from ideas for new offers, to thoughts about the e-bulletin, the Compass Card West Sussex App, or how we communicate with you. Call 0300 030 9186, or email CompassWSx@ amazebrighton.org.uk

Amaze

Amaze is a charity that provides a range of services to families with children and young people with special educational needs and disabilities in Brighton and Hove. We also provide Independent Support to families in West Sussex. Amaze is managing the Compass West Sussex scheme (The Compass disability register and Compass Card West Sussex) and we are working in close partnership with West Sussex County Council (which is funding the scheme), West Sussex Parent Carer Forum and others to ensure the Compass scheme is developed to meet the needs of families. You can see more about what we do here -

www.amazebrighton.org.uk

Short Breaks programme in West Sussex

West Sussex County Council runs a full programme of Short Breaks activities for children and young people with special educational needs and disabilities throughout the year. Short Breaks, which range from theatre and arts, to angling and multi-sport, are available to children and young people up to 18 who are on the Middle or High rate of the Disability Living Allowance care component (or its equivalent). Visit www.westsussex.gov.uk/ education-children-and-families/specialeducational-needs-and-disability-send/ short-breaks-for-disabled-children for further information, or to download the Short Breaks directory. Alternatively, you can email the Short Breaks Team at short.break. team@westsussex.gov.uk or call the team on 033 022 22562.

West Sussex Local Offer

Every local authority has to tell families about the services available for children and young people with special educational needs and disabilities through what's called a 'Local Offer'. West Sussex's Local Offer website is fast becoming a must-go-to resource for families and young people in West Sussex - and it's simple and straight forward to use. We encourage all our Compass Card Partners to sign up to the Local Offer, so hopefully you'll find plenty of them on the website. Visit **www.local-offer.org** to find out more.

Gully's Days Out

Established by Albion in the Community in partnership with American Express[®], Gully's Days Out provides young people and adults with additional needs with opportunities to experience many of Sussex's greatest attractions including Sea Life Brighton, Butlin's, Cineworld, Frankie & Benny's, the Brighton Wheel, Inspire Leisure and many more. Gully's Days Out membership is available to both individuals and organisations (Day Centres and SEND Schools) and Compass Card holders are automatically eligible. Members can enjoy days out in the company of their friends and family as well as benefit from the support of trained Albion in the Community employees and American Express volunteers at 'supported days out' throughout the year.

For further information or to apply for membership to Gully's Days Out, call 01273 668590 or email gullysdayout@ albioninthecommunity.org.uk

Amaze

Community Base 113 Queens Road Brighton BN1 3XG

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www.amazebrighton.org.uk

34 AND ALSO...