

**Brighton & Hove  
and East Sussex**

**Aged 14 to 25  
with disabilities  
or additional  
needs?**

check out:

**amazing  
futures**

- groups and peer support
- career support
- SEND advice and information
- disability benefits help



## groups and peer support

Want to **meet other young people**, have fun, and learn new skills? Try our **activity groups** for young people with additional needs!

Thank you for helping me find my confidence

You can also talk to our volunteer **peer supporters** at the group about what's going on with you.

I come here to see my new friends

Aged 18-25 and want to **volunteer**? Get in touch!

## career support

Are you thinking about the next steps for your future in **education, employment** or **training**?

Get **one-to-one help** from our adviser, or come along to a **workshop!**





## SEND advice and information

Our **SENDIASS advice line** can give you information and advice about anything to do with your special educational needs or disabilities (SEND).

education

money and  
benefits

health

accessing groups  
and activities

care and support



There's also loads of useful info on our **website** and **YouTube** channel!

## disability benefits help



We can help you if you need to make a claim for **Personal Independence Payment (PIP)**, or if your claim has come up for review.

@AmazelnSussex



**contact us**



@AmazeSussex

SEND advice and info, or PIP help:

**Call:** 01273 772 289

**Text:** 07483 111 651

**Email SENDIASS:** [sendiass@amazesussex.org.uk](mailto:sendiass@amazesussex.org.uk)



groups and peer support

**Brighton:**

Call or text Jem on 07485 349 659 or email Jem:  
[jem@amazesussex.org.uk](mailto:jem@amazesussex.org.uk)

**East Sussex:**

Call or text Claire on 07484 915 038 or email Claire:  
[claire@amazesussex.org.uk](mailto:claire@amazesussex.org.uk)

career support

Call or text Dara on 07485 345 903 or email Careers:  
[afcareers@amazesussex.org.uk](mailto:afcareers@amazesussex.org.uk)

[amazesussex.org.uk](http://amazesussex.org.uk)



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